

# **“Twelve Steps to Emotional Sobriety Living Life in the Mainstream”**

*An 8 week 12-Steps Workshop designed to “Uncover” the Problem;  
“Discover and Discard” the Results of the Problem;  
and “Recover” from the Problem. Featured Topics:*

**“Alcoholism: The Invisible Disease”**

**“A Case of Mistaken Identity”**

**“The Source & The Solution”**

**“A New Pair of Glasses”**

**Workshop Leader: Kerry O.**

*Each Sunday 5:00 – 6:30 pm*

**Beginning March 26, 2017**

**Wesley United Methodist Church (in the library)  
5312 Connecticut Ave. NW, Washington, DC**

**Come join us for an 8 week  
Big Book — 12 Steps Journey ... to Freedom!**

**For more details, call Kerry at 202-695-2238**

**No Fee -- Baskets are  
passed to cover expenses**