

# AA Men's Meditation Retreat

hosted by the Sunday Men's Step Meeting



**Friday, December 7 – Sunday, December 9, 2018**

**Loyola Retreat House**

**9270 Loyola Retreat Rd, Newburg (Faulkner), MD 20664**

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Whether you are new to meditation, want to deepen your meditation practice, or wish to attend your first AA Men's retreat, join the Sunday Men's Step Meeting at its fifth annual AA Men's Meditation Retreat at the Loyola Retreat House, located on the banks of the Potomac River.

**AA meetings • guided, silent, and walking meditation sessions • AA workshops  
fellowship • meals (5) and snacks • private rooms • ice cream socials • unlimited coffee**

The cost of the retreat is \$250 and runs from 5pm Friday, December 7 – 12pm Sunday, December 9.

To reserve your spot, please send your full payment (\$250) by **Sunday, November 18.**

If you paid a deposit, your final payment of \$125 is also due by **Sunday, November 18.**

Payments and deposits are non-refundable. Attendance is limited and available on a first come/first served basis.

Please send your payment today made payable to:

Silver Spring AA Mens Retreat

PO Box 21520

Washington, DC 20009

**Please include your email address or phone number on your check or money order so we can confirm your payment and reservation.**

For more information, contact John M. 301-674-3656 or Tony H. 202-340-9995.