The Twelve Concepts for World Service
Concept VIII

STEP EIGHT
We Are Willing To Make Amends
Concept VIII

The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities.

This Concept deals with the ways the General Service Board “discharges its heavy obligations,” and its relationship with its two subsidiary corporations: A.A. World Services, Inc. and the A.A. Grapevine, Inc.

Long experience has proven that the board “must devolve itself almost exclusively to the larger questions of policy, finance, group relations and leadership . . . . In these matters, it must act with great care and skill to plan, manage and execute.”

The board, therefore, must not be distracted or burdened with the details or the endless questions which arise daily in the routine operation of the General Service Office or the publishing operations, including the Grapevine. “It must delegate its executive function” to its subsidiary, operating boards.

“Here, the board’s attitude has to be that of custodial oversight . . . . The trustees are the guarantors of good management of A.A. World Services, Inc. and the A.A. Grapevine, Inc. . . . by electing the directors of these service arms, a part of whom must always be trustees . . . . The executive direction of these functions is . . . lodged in the . . . service corporations themselves, rather than the General Service Board. Each corporate service entity should possess its own bylaws, its own working capital, its own executives, its own employees, its own offices and equipment.”

Bill draws from earlier mistakes by the General Service Board in trying to run the service functions directly and warns repeatedly against “too much concentration of money and authority.”
The Camel – A.A., Alcoholics Anonymous Recovery Medallion

The camel is a special symbol to members of Alcoholics Anonymous! The beautiful Alder wood token is laser engraved with a friendly Camel and our familiar circle and triangle on one side and the following text on the opposite side:

The camel each day goes twice to his knees.
He picks up his load with the greatest of ease.
He walks through the day with his head held high.
And stays for that day, completely dry.

The camel teaches us spiritual principles, prayer, faith, spirituality and sobriety – One day at a time.

Dr. Bob, physician, and a cofounder of Alcoholics Anonymous – “. . . would explain prayer by telling how the camels in caravan would kneel down in the evening, and the men would unload their burdens. In the morning, they would kneel down again, and the men would put the burdens back on. ‘It’s the same with prayer,’ Dr. Bob said. ‘We get on our knees to unload at night. And in the morning when we get on our knees gain, God gives us just the load we are able to carry for that day.’” Dr. Bob and the Good Oldtimers (1980), page 229.

Camel Prayer

“The tasks of the day can pass with ease
When a camel or I start on our knees.
One Master we serve, the camel and I,
And stay for that day completely dry.”
**Made a list of all persons we had harmed and became willing to make amends to them all.**

**Success Is in the Details**

Many people who hit step eight are tempted to go about it like this: “I’ve hurt a lot of people. I was wrong. I won’t do it again.”

That’s not good enough. Broad strokes won’t suffice. Recovery doesn’t happen inside a person’s head. It takes place in the real world, where real consequences follow real actions and real people suffer real harm. Anyone who wants to make solid progress toward long-term sobriety must take concrete steps to amend past wrongs and build new bridges.

That means focusing on the details. Every AA member who makes it to the eighth step must ask themselves: What specifically did I do to whom and when? How do I right those specific wrongs? The answers don’t have to be written down—perhaps it’s best not to commit such personal information to paper or tablet. Only the names of those harmed should be recorded, accompanied by a few notes that indicate why they’re there or what needs to be done.

**Making the Impossible Possible**

Repairing relationships is a tall order. Sometimes it sounds impossible. How can anyone make amends for every wrong they’ve ever committed to anyone? What if the other person won’t listen? What if we’re rejected?

Those who are tackling step eight should be comforted by the wording of the prompt: willing to make amends. That’s not an excuse for a shortcut. There are no excuses for shortcuts. It is a recognition of reality. We don’t have to travel to the ends of the Earth, but we must take concrete action whenever possible. Even when active measures are difficult, we must be prepared to seize the moment if the opportunity presents itself. If the other person rejects our apology, that’s their burden. We can only control our own actions.

**A Return to Selflessness**

There’s no coming back from step eight. Once a recovering alcoholic has surveyed the damage, they can never un-see the repercussions. On the bright side, that means they can move forward shorn of guilt and ignorance. By cleaning up the human wreckage caused by addiction, people can move forward with eyes wide open and hands outstretched.

From Yellowstone Recovery.com
In a contemporary poll, Americans reveal some things that happen when they consume alcohol:

- 79 percent of Americans have made an online purchase when “under the influence.”
- 85 percent of this group say this practice increases impulse buying.
- 85 percent of this group made their purchase on Amazon.
- 34 percent prefer to drink beer when purchasing online, 29 percent chose wine, 17 percent whiskey, 10 percent vodka, 4 percent gin, 3 percent tequila and 3 percent rum.
- 20 percent later returned their “drunk purchase.”
- 6 percent regretted making their “drunk purchase.”

50 Years-Ago This Month— The September 1969 WAIA Reporter announces: The WAIA By-Laws Committee submitted its final draft of the changes in the bylaws to the Executive Committee on Monday, August 11, and these were approved and also ratified by the WAIA representatives at their meeting on Monday, August 18. The by-laws... had not been changed for almost 15 years... The Committee... thoroughly investigated the registration of WAIA as a non-profit... organization... WAIA has been properly registered with the Office of the Recorder of Deeds, the Corporation Division, Washington, DC, since the 14th day of October, 1946. In 1948, in 1950 and in 1954 there were name changes... properly recorded...

25 Years-Ago This Month— The August 1994 New Reporter reports the closure of the Metropolis Club. Earlier at the July Monthly WAIA Board of Directors Meeting, the WAIA Office Manager Lee D. also announces the closure and the promised opening of a “Metropolis Group.”

The Club’s Manager, Kilroy, a relative of the Club’s founder, Kitty W and the legally responsible person certified for the club summarily closes it June 1994 shortly before his death.

Various attempts are pursued to engage its nostalgic “tough-love” mystic with its inflow of low-bottom newcomers. Happy Harold inaugurates the Emergency Room to Life Group meeting, weekday mornings, at the Dupont Circle Club. Except for notably the Classic Sunday Five-O’clock Central Group meeting, both the Gospel Mission’s Metropolis Group and “The Metropolis Club II” attempt to preserve the scheduled time of meetings. By the time of issue for the Spring/Summer 1999 Where and When, the Gospel Mission bows out of the picture.

Now the 938 Rhode Island Northeast site sports an occupancy permit dated July 12, 2010. Since then the Club continues to celebrate its vitality including its Golden Anniversary in 2016.

Thanks to our Archives Committee for providing a look back . . .
**Alcohol is not the answer. It just makes you forget the question.**

**What an ODOR! I can't go through with it!**

**Alcoholics Anonymous**
Getting your life back on track
(results may vary)

**I'm not an alcoholic, Alcoholics need a drink**

**And I already have one**
THE BIRTHDAY PLAN
Many AA members across the country are currently sharing their Anniversary Celebration with others, by giving a dollar or two for each year of their sobriety to WAIA. This ensures that the same help that they received will be available to others that are new to the Fellowship.

Start this year and make it an annual event. It is not how much you give that’s important. It’s thinking of others on your special day, that makes it so special. If you are truly grateful for your sobriety, this is really a wonderful way to express your gratitude by helping others receive the blessings of sobriety. Thanks.

FAITHFUL FIVERS
Faithful Fivers are AA members who in gratitude pledge to contribute at least five dollars each month toward the support of WAIA in its quest to carry the AA message of hope and recovery to those alcoholics who still suffer in the Washington, D.C. area.

The Faithful Fiver idea came about when we remembered that many of us wasted many times that amount each month during our drinking days. Your contribution (which is tax deductible) will help WAIA get through the money problems we are always facing.

If you are able to join this worthwhile cause, please fill in the form and send it along with your first contribution.

Cardholder Name

Email Address

Phone #

Credit Card #

Expiration Date

Cvv number

Billing Address (if different than subscription address)

I authorize WAIA to charge my credit card in the amount of $

Signature: __________________________

WAIA
4530 Connecticut Ave, NW, Suite 111
Washington, DC 20008
SILVER SPRING

Women's Meeting

Meeting weekly topics:
- Meditation
- 12 & 12 steps and tradition of the month
- As Bill Sees It
- Living Sober

MONDAY NIGHTS
7:00 PM
CHURCH OF THE ASCENSION
633 SLIGO AVE
(ENTER ON SILVER SPRING AVE)
SATURDAY MORNING STEPS

IS CELEBRATING
ITS 21ST GROUP ANNIVERSARY!

Saturday, August 3, 2019

Meeting is at 8:00 a.m.
Breakfast immediately following the meeting

The Festival Center
1640 Columbia Road, N.W
Washington, DC 20009

..... a genuine gratitude for blessings received ..... (Step 11)
VISIT ICYPAA.ORG
FOR HOTEL INFO AND TO PRE REG!

$35
PRE REGISTER HERE

BOSTON
MARRIOTT
COPLELY PLACE

BOOK YOUR HOTEL HERE

ENTIRE PSYCHIC CHANGE
BOSTON
AUGUST 22 - 25, 2019
WITH AL ANON ALATEEN PARTICIPATION

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BOSTON
AUGUST 22 - 25, 2019
WITH AL ANON ALATEEN PARTICIPATION
Washington Area Intergroup Association

SPONSORSHIP CONFERENCE, SEPTEMBER 14, 2019

AA Sponsorship Conference 2019
Saturday, September 14 | 8 AM – 6 PM

Seekers Church 276 Carroll Street NW Washington DC 20012

To reserve your spot, purchase your ticket!
Single Ticket ($15)
Volunteer Ticket (Free)

https://aa-dc.org/2019sponsorshipconference
41st Annual Fundraiser
The Old Timer’s Gratitude Meeting

Don’t drink and don’t die!

Speakers with over 20 years of sobriety!
Date: Friday November 8, 2019
Time: 7:00 - 9:30 pm

Hosted by Hospitals & Institutions Committee of WAIA

Place: Oakdale Church
3425 Emory Church Rd. Olney, MD 20832

Coffee & Refreshments: 7:00 - 8:00 pm
Meeting Time: 8:00 - 9:30 pm
Raffles will be held mid-meeting.
Prizes include: 50/50 split, turkey, Big Book and a subscription to the New Reporter.
Literature donations accepted at the door.

Directions
From Rockville:
Take Norbeck Rd. (Rt. 28) east
Turn left on Georgia Ave. (MD 97)
Turn right on Emory Church Rd.

From PG County:
Take the Beltway (Rt. 495) west to Georgia Ave. (MD 97) north
Drive approx 6 miles
Turn right on Emory Church Rd.

For more information or assistance with transportation to this event call Rachel W. 301-801-4292
WAGSA
Area Committee

2nd Monday
August 12, 2019
7:30 PM
Silver Spring Presb. Church
580 University Blvd East
Silver Spring MD

Info: chair@area13aa.org

WAIA
Budget Meeting of the Finance Committee

August 13, 2019
7:00 PM
The Church in Bethesda
5033 Wilson Ln
Bethesda, MD 20814

For more information email: finance@aa-dc.org

New Hope 30th Group Anniversary

Sunday August 25, 2019
7:00—8:00 PM
St. Micael’s Church
700 St. Michaels Dr
Bowie, MD 20721

Sponsorship Conference

Saturday, Sept.14 2019
8:00—6:00 PM
Seekers Church
276 Carroll St, NW
Washington, DC 20012

Aa-dc.org/2019SponsorshipConference
$15.00

Sat. Morning Steps 21st Group Anniversary

Saturday, August 3, 2019
8:00—11:00 AM
The Festival Center
1640 Columbia Rd NW
Washington, DC 20009

Meeting at 8AM. Breakfast immediately following the meeting.

CHECK OUT OUR EVENTS CALENDAR

Events are updated regularly!

If you would like to submit an event, send an email to events@aa-dc.org. A pdf flyer may be attached.
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Mail to: WAIA
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Washington, DC 20008
$15.00 Year
$28.00 Two Years
$12.00 Group Rate
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A free digital copy of the New Reporter is posted every month to our website at: [www.aa-dc.org/NewReporter](http://www.aa-dc.org/NewReporter)

To receive an email with the link each month, send a request to [newreporter@aa-dc.org](mailto:newreporter@aa-dc.org)

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**Have a story about your recovery in AA?**

Why not share it with all of us? If you’d like to contribute to the *New Reporter*, please send in your material to:

[newreporter@aa-dc.org](mailto:newreporter@aa-dc.org)
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THINGS WE CANNOT CHANGE

Anniversaries should be called into WAIA (202) 966-9783 as early as possible, by the 1st of the preceding month at the latest.

The NEW REPORTER is a monthly publication of the W.A.I.A., Inc., 4530 Connecticut Avenue, N.W. Washington, D.C. 20008. Printed Subscriptions are $15.00 per year and Digital Subscriptions are FREE. Articles and event information are encouraged from members of the Fellowship and its friends.

Opinions expressed herein are not necessarily those of the Washington Area Intergroup Association or A.A. as a whole.

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New meetings are not listed in the Where & When or on the website until they have been in existence for 6 months. If you’d like to let the A.A. community know about a new meeting, we will gladly list it here.

If you have a new meeting starting up, or changes to an existing meeting, please email us at aa-dc@aa-dc.org or call us at 202-966-9115 to let us know!

**GREENWAY**—Tuesday, 6:00 PM, 324 A St SE, Washington, DC 20019

**SOLO POR HOY**—(Spanish) Saturday 11:00 AM, Kolmac Outpatient Recover Clinic, 8561 Fenton St, Silver Spring, MD

**STEPS 1,2,3 “By the Book”**—Wednesday 7:30 PM, Capitol Memorial SDA Church, 3150 Chesapeake St, NW, Washington, DC 20008

**NIH NOON**—Friday, Noon, NIH Campus, 9000 Rockville Pike, Bldg 31, Suite 4A52, Bethesda, MD (Visitor Center Entrance, ID required)

**Serenity Ridge**—Wednesday, 7:00 PM, Difference Makers Church, 11210 Bethesda Church RD, Damascus, MD

**Rock Creek Young People**—Tuesday 7:00 PM, Cedar Lane Unitarian Universalist Church, 9601 Cedar Ln, Bethesda, MD 20814

**Lafayette Square** (Restarting) Tuesday, Noon, St. John’s Parish House, 1525 H St, NW Washington, DC

**New Stomping Grounds**—Sunday, 6:00 PM, Greater Tried Stone Baptist Church, 1363 Otis PL, NW, Washington, DC 20010

**Meeting Moved**

**Monday Night Women’s Big Book**—Monday, 6:00 PM, St. Margaret’s Episcopal Church, 1830 Connecticut Ave, NW, Washington, DC