

### Concept IX:



#### *Concept IX:*

*Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous.*

## Concept IX

“No matter how carefully we design our service structure of principles and relationships, no matter how well we apportion authority and responsibility, the operating results of our structure can be no better than the personal performance of those who must man it and make it work. Good leadership cannot function well in a poorly designed structure . . . . Weak leadership can hardly function at all, even in the best of structures.

Due to A.A.’s principle of rotation, furnishing our service structure with able and willing workers has to be a continuous effort. The base of the service structure – and the source of our leadership – is the General Service Representative. The G.S.R. is the service leader for his or her group, the indispensable link between the group and A.A. as a whole. Together the G.S.R.s are A.A.’s group conscience – and together, in their areas, they elect the area committee members and ultimately the delegates and the area’s candidates of trustee. Groups who have not named G.S.R.s should be encouraged to do so. And as the G.S.R.s meet in area assemblies, care and dedication are required. Personal ambitions should be cast aside; feuds and controversies forgotten. “Who are the best qualified people?” should be the thought of all.

“No society can function well without able leadership in all its levels, and A.A. can be no exception. Fortunately, our Society is blessed with any amount of *real* leadership – the active people of today and the potential leaders of tomorrow as each new generation of able members swarms in. We have an abundance of men and women whose dedication, stability, vision, and special skills make them capable of dealing with every possible service assignment. We have only to seek these folks out and trust them to serve us.

“A leader in A.A. service is therefore a man (or woman) who can personally put principles, plans and policies into such dedicated and effective action that the rest of us want to back him and help him with his job.

“Good leadership will also remember that a fine plan or idea can come from anybody, anywhere. Consequently, good leadership will often discard its own cherished plans for others that are better, and it will give credit to the source.

“Good leadership never passes the buck. Once assured that it has, or can, obtain sufficient general backing, it freely takes decisions and puts them into action forthwith, provided of course that such actions be within the framework of its defined authority and responsibility.

“Another qualification for leadership is ‘give and take,’ the ability to compromise cheerfully whenever a proper compromise can cause a situation to progress in what appears to be the right direction. . . . We cannot, however, compromise always. Now and then, it is truly necessary to stick flat-footed to one’s convictions about an issue until it is settled.

“Our leaders do not drive by mandate, they lead by example. We say to them, ‘Act for us, but do not boss us.’

## Step 9: Amends, Guilt and Shame

I dreaded this step. To be honest, I didn't make some amends when I had the chance, which I now regret. False pride runs deep in my family, and that was one of my character defects that I turned over to my HP and then took back on many occasions. But when I didn't, I made amends for things like neglect, bad behavior, gossip, dishonesty, betrayal, and alienation.

Shame was a constant companion, and that was probably the biggest obstacle to making amends. In other words, it wasn't only false pride that fueled missed opportunities to amend my past.

Someone asked me once if I knew the difference between shame and guilt. I mumbled something I can't recall. But I remember the answer very clearly. She said, "Guilt is when you think you've *made* a mistake; shame is when you think you *are* a mistake.

Wow! That hit my bull's eye. Then and there I realized I had to go back to Step 4 and work on the shame piece. I did, but it never really went away until decades later.

In the meantime, I brought up the topic of shame at meetings because I was aware that it had a direct impact on my ability to work Step 9. I read about shame. I learned the difference between healthy shame and unhealthy shame. I learned how shame had been instilled in me since early childhood. "You ought to be ashamed of yourself," my parents said. I felt deeply flawed because, as a kid, I made a lot of mistakes and heard this refrain all too often.

But when you're a kid, you don't have the cognitive ability to refute the shaming. Your parents are your gods. What they tell you must be true, right? So, this erroneous belief about myself was sown early and emerged time and again in my adult life.

Once I learned about shame, my adult self felt so sad for that little girl, so I gave her a hug and explained that all kids make mistakes, and that's called learning. There's nothing to feel ashamed of. The trick is to learn and try to do it differently the next time.

Now I look at Step 9 not with a sense of shame but with the need to be accountable for past bad behavior which, in and of itself, is a primary symptom of the disease of addiction.

Just because I fell prey to this disease doesn't mean I'm not ultimately responsible for the bad behaviors of my past. I need to own them and then move on with my life.

But what about the other part of Step 9 that says "except when to do so would injure them or others?"

On my first encounter with Step 9, I remember thinking, "It would injure me, so I'm not doing it." My sponsor called me out on that quickly. There were other steps to take care of me, she said. But with regard to "others," she suggested I be mindful. I didn't want to cause additional hurt or anguish. So we talked about specifics and who might not. Her guidance as I did this step was invaluable because I still tended to rationalize and lacked the discernment that would come in later sobriety.

As it turns out, for me, each amend is an act of learning, of remaining teachable, of being humble enough to know I am far from perfect but that, in sobriety, I must be accountable and responsible if I want to remain that way.

Wendy S., Tucson Arizona, taken from *Just for Today*



## The Promises

If we are painstaking about this phase of our development, we will be amazed before we are half way through.

We are going to know a new freedom and a new happiness.

We will not regret the past nor wish to shut the door on it.

We will comprehend the word serenity and we will know peace.

No matter how far down the scale we have gone, we will see how our experience can benefit others.

That feeling of uselessness and self pity will disappear.

We will lose interest in selfish things and gain interest in our fellows.

Self-seeking will slip away.

Our whole attitude and outlook upon life will change.

Fear of people and of economic insecurity will leave us.

We will intuitively know how to handle situations which used to baffle us.

We will suddenly realize that God is doing for us what we could not do for ourselves.

Are these extravagant promises? We think not. They are being fulfilled among us—sometimes quickly, sometimes slowly.

They will always materialize if we work for them.

**Big Book pages 83 & 84**

# Alcohol use, and its risks, growing around the globe

USA TODAY US Edition, 8 May 2019

Doyle Rice

Global alcohol use continues to rise, a new study reports, and is expected to continue to grow in the years ahead.

In fact, just in the past 27 years, the total volume of alcohol people consumed globally each year increased by 70% – from 5.5 billion gallons in 1990 to 9.4 billion gallons in 2017. That’s a result of increased population along with increased alcohol consumption.

As of 2017, the most recent year for which statistics are available, the increase equates to about 1.7 gallons of pure alcohol per year per adult. That means an adult averages about one drink a day, whether it’s a 12-ounce beer, 5 ounces of wine or 1 1/2 ounces of distilled spirits, the study said.

Consumption is growing in low- and middle-income countries, while the volume of alcohol consumed in high income countries has remained stable.

“Before 1990, most alcohol was consumed in high-income countries, with the highest use levels recorded in Europe,” said study author Jakob Manthey of the Technical University of Dresden, Germany. “However, this pattern has changed substantially, with large reductions across Eastern Europe and vast increases in several middle-income countries such as China, India, and Vietnam.”

The study analyzed data from 189 countries. “This trend is forecast to continue up to 2030 when Europe is no longer predicted to have the highest level of alcohol use,” Manthey said.

The regions with the lowest per capita consumption were in North Africa and the Middle East, the study said. And despite the reductions, the heaviest drinkers live in Central and Eastern European countries. The estimates also suggest that by 2030, half of the world’s adults will drink, and almost a quarter (23%) will binge-drink at least once a month.

That means the world is not on track to meet alcohol reduction efforts recommended by the World Health Organization (WHO). The body, in a report in September, said more than 3 million people died as a result of harmful use of alcohol in 2016, or one in 20 deaths.

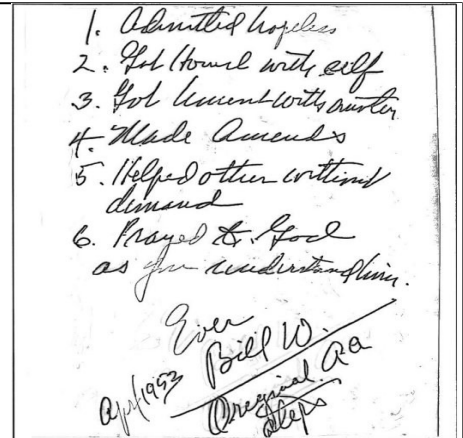
“Based on our data, the WHO’s aim of reducing the harmful use of alcohol by 10% by 2025 will not be reached,” Manthey said. “Instead, alcohol use will remain one of the leading risk factors for the burden of disease for the foreseeable future.” Alcohol is a major risk factor for disease, the study said, and is linked to more than 200 diseases.

Sarah Callinan of Australia’s La Trobe University warned that the global shift from high-income to lower-income countries could lead to disproportionate increases in harm. She said that’s because the harm per gallon of alcohol is substantially higher in low-income and middle-income countries than in high income countries.

Tuesday’s study was published in the British medical journal *The Lancet*.

**75 Years Ago This Month**— Cleveland's *Central Bulletin* records:

A wonderful contribution to AA was made by an extremely active member of Youngstown, Ohio, who lost his sight through alcohol and found his new way of life through our channels. He transposed the entire book of *Alcoholics Anonymous* into Braille, and mails it free of charge to anyone interested. The transposition took many months of arduous work by this modest man, whose efforts in the behalf of the blind are noteworthy as are his wonderful messages before AA groups. Anyone caring to secure one or all of the seven volumes can reach him through *Central Bulletin*.



[Currently the fourth edition of *Alcoholics Anonymous*, *The Twelve Steps and Twelve Traditions*, and *Daily Reflections* are available in Braille for purchase from the AA General Service Office. In addition, *Alcoholics Anonymous* and *The Twelve Steps and Twelve Traditions* are available on audio CDs in English, Spanish, and French.]

**50 Years Ago This Month**— A buffet supper at the Metropolis Club serves to bring fellowship in an info exchange between desk (as well as group) secretaries and group representatives from DC, Maryland and Virginia on September 13, 1969.

**25 Years Ago This Month**— The Washington Area General Service Assembly sponsors a Fall "Tune Up" Workshop held on Saturday, September 24, at the Resurrection Baptist Church, 3501 Martin Luther King Jr. Ave, Washington, D.C. Based upon the concerns, questions and experience of the registered workshop attendees about things that bother us (or please us) in our groups the workshop committee furnishes within the permitted time discussion leaders for the shares on service opportunities and successful service methods.

At the September WAIA Board of Directors Meeting, Bob W. reports that of 490 AA groups only 250 make contributions. [For the year 2018, of 528 groups 237 make contributions to WAIA.]

**Thanks to our Archives Committee  
 for providing a look back . . .**



### Very Short Book Excerpt

#### The Drunk Vote

Politicians in the early American republic were novices in the democratic arts, but it didn't take them long to recognize that the shortest route to a man's vote was through a shot glass. The Founding Fathers were the first to treat their constituents to hard cider or whiskey. The advent of universal white-male suffrage propelled election-related drinking to new heights. "In many counties the candidates would hire all the groceries in the county seats and other considerable villages, where the people could get liquor without cost for several weeks before election," a former governor of Illinois recalled. "Long before night a large portion of the voters would be drunk and staggering about the town, cursing, swearing, hollering, yelling, huzzaing for their favorite candidates. The importance of alcohol was clear on the day Andrew Jackson was inaugurated in 1829. The rowdiness of his supporters at a reception threatened serious damage to the White House until a punch bowl was carried out on to the lawn, drawing the crowd with it. – *From Drunks: An American History, by Christopher Finan (Taken from the Atlantic.)*

*Three stories about alcohol in the news on one day in July! The following appeared in the Express in DC on July 8:*

### HEROES AMONG US #1

#### **Cardinal rule: If you drink, don't drive: put the bird in an Uber**

Staff at the Wildlife Rehabilitation Center of Northern Utah got a call last weekend from a man who “had a few too many” drinks and found a baby lesser goldfinch struggling on the ground. An hour later, the bird arrived at the center in an Uber by itself. Staff learned the man had called the car as he was too intoxicated to drive. The bird, nicknamed Pe-tey, was thin and dehydrated, but it will live. (AP)

How every drunk girl looks at 3 in the morning while they wait for their tacos



### HEROES AMONG US #2

#### **This guy's definitely a hero, but we do have several questions**

A patron at a hotel on Australia's God Coast foiled a holdup with a bar stool and a potted plant. A video released by Queensland police shows a hooded man enter the Mermaid Beach Hotel early Friday and threaten a female employee with a machete. A patron reacts by picking up a bar stool and throwing it at the man, followed by a plant. (AP)

### HEROS AMONG US #3

#### **Even a failed effort to play fetch with a bobcat counts as heroism**

Police in Chattanooga, Tenn., say a man drunkenly broke into a nature center and tried to play fetch with a bobcat, allowing it to escape. Cayden Melia told police he'd been drinking when he broke into the Reflection Riding Arboretum and Nature Center last month. He said he used a rock to break into Evi the bobcat's cage. (AP)



### THE BIRTHDAY PLAN

Many AA members across the country are currently sharing their Anniversary Celebration with others, by giving a dollar or two for each year of their sobriety to WAIA. This ensures that the same help that they received will be available to others that are new to the Fellowship.

Start this year and make it an annual event. It is not how much you give that's important. It's thinking of others on your special day, that makes it so special. If you are truly grateful for your sobriety, this is really a wonderful way to express your gratitude by helping others receive the blessings of sobriety. Thanks.

### FAITHFUL FIVERS

Faithful Fivers are AA members who in gratitude pledge to contribute at least five dollars each month toward the support of WAIA in its quest to carry the AA message of hope and recovery to those alcoholics who still suffer in the Washington, D.C. area.

The Faithful Fiver idea came about when we remembered that many of us wasted many times that amount each month during our drinking days. Your contribution (which is tax deductible) will help WAIA get through the money problems we are always facing.

If you are able to join this worthwhile cause, please fill in the form and send it along with your first contribution.

**Cardholder Name** \_\_\_\_\_

**Email Address** \_\_\_\_\_

**Phone #** \_\_\_\_\_ **MasterCard** \_\_\_\_\_ **Visa** \_\_\_\_\_

**Credit Card #** \_\_\_\_\_

**Expiration Date** \_\_\_\_\_

**Cvv number** \_\_\_\_\_

**Billing Address (if different than subscription address)**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**I authorize WAIA to charge my credit card in the amount of \$** \_\_\_\_\_  
**Signature:** \_\_\_\_\_

**WAIA**  
4530 Connecticut Ave, NW, Suite 111  
Washington, DC 20008

# **ANNUAL BASH** **at the BEACH**

**When: Saturday, September 7, 2019**

**Time: 10 AM - 5 PM**

**Theme: Keep it Simple**

**Where: Henlopen State Park  
42 Cape Henlopen Drive  
Lewes, DE 19958**

**Follow Signs to Pavilion (Main Beach)**

**Cost: Tickets \$5 & parking**

**In-State Parking \$5**

**Out of State Parking \$10**

**Guest Speaker • 2 Bands • 50/50 Raffle  
Food ~ Fun ~ Fellowship ~ Beach & more**

**Side Dishes & Desserts Welcome**

**50/50 Raffle**

***For more information & tickets contact John H. 302-228-7907  
Intergroup Representative***

WAIA PRESENTS:

# 2019 AA SPONSORSHIP CONFERENCE

**Saturday September 14**

**8:30: Sign in/coffee 9 am - 4:30 pm**

Seekers Church 276 Carroll St NW, Washington, DC 20012

The cost for this event is \$15 - a box lunch can be purchased for \$10, time will be provided for an hour lunch break

ASL Interpreter provided  
Fee Waivers Available (*limited number*)

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Bring burning questions like:



How to pick a sponsor?



How to make a switch?



Long distance?



Sponsorship vs Friendship

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Four Panels:

- Sponsorship: Practical Issues
- Sponsee Profiles
- Styles of Sponsorship
- Service Sponsorship

Email for more info: [sponsorshipconference@aa-dc.org](mailto:sponsorshipconference@aa-dc.org)

or

**Please register online**

[www.aa-dc.org/2019sponsorshipconference](http://www.aa-dc.org/2019sponsorshipconference)

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# NERDs on Tour!

## Schedule of Events

### Friday, September 27, 2019

**6:30 pm** Barb C. (Panel 69, Area 47 Central New York) speaks at Back to Basics Downtown Group, Our Daily Bread, 725 Fallsway & Madison St., Baltimore 21202 (Free parking in lot across Fallsway) (23 min. & 7.2 miles to next event)

**8:30 pm** Jim M. (Panel 68, Area 43 New Hampshire) and Mike S. (Panel 68, Area 31 Western Massachusetts) speak at Better Way of Life Group, Kenwood Presbyterian Church, 4601 Fullerton Avenue, Nottingham 21236 (Limited free parking in lot behind the church) (13 min. & 3.8 miles to next event)

**10:00 pm** David C. (Panel 68, Area 12 Delaware) speaks at No Equal Group, St. Andrew's Lutheran Church, 1201 Taylor Avenue, Parkville 21234 (Limited free parking in front of the church or in a lot up the hill on Taylor)

### Saturday, September 28, 2019

**7:00 am** Don B. (Panel 68, Area 29 Maryland) speaks at Mustard Seed Group, Old Firehouse, 3901 Liberty Heights Avenue, 2nd floor, Baltimore 21207 (Park free in store parking lot across Garrison Boulevard or on residential streets; enter building from metal stairs inside the chain link fence gate off of Liberty Heights) (26 min. & 9.5 miles to next event)

**9:00 am** Breakfast with the NERDs at John's Grill, 3001 O'Donnell Street, Canton 21224 (Limited free parking on street) (Walk across the street to next event)

**11:00 am** Don S. (Panel 68, Area 48 Hudson-Mohawk-Berkshire New York) speaks at Canton Saturday Morning Beginners Group, Church on the Square, 1025 South Potomac Street, Canton 21224 (Limited free parking on street) (47 min. & 38.2 miles to next event)

**2:00 pm** Jean K. (Panel 69, Area 30 Eastern Massachusetts) speaks at District 30 Picnic, Susquehanna State Park, Deer Creek Picnic Area, Pavilion 2, 948 Stafford Road, Havre de Grace 21078 (Follow signs to picnic area; honor system parking \$2 per vehicle in-state & \$4 out-of-state) (59 min. & 45 miles to next event)

**5:00 pm** Robin G. (Panel 68, Area 28 Maine) speaks at District 19 Picnic, Lake Roland Park, 1000 Lakeside Drive, Pavilion 2, Baltimore 21210 (Free lots at Light Rail or Lakeside Dr. & walk to pavilion) (16 min. & 6.1 miles to next event)

**9:00 pm** Michelle G. (Panel 69, Area 13 District of Columbia) speaks at Captain's Table Group (candlelight meeting), Babcock Presbyterian Church, Pastor's Residence, 8240 Loch Raven Boulevard, Towson 21286 (Limited free parking in church lot or on side street and walk up the steep hill to the pastor's residence)

### Sunday, September 29, 2019

**7:00 am** Jeff B. (Panel 69, Area 44 Northern New Jersey) speaks at Captain's Table Group, Babcock Presbyterian Church, Fellowship Hall, 8240 Loch Raven Boulevard, Towson 21286 (Limited free parking in church lot or on side street; enter church from corner door near south end of parking lot) (9 min. & 2.8 miles to next event)

**8:45 am** Breakfast with the NERDs at Towson Diner, 718 York Road, Towson 21204 (Free parking in diner lot) (13 min. & 4.2 miles to next event)

**11:00 am** Rose S. (Panel 68, Area 45 Southern New Jersey) speaks at Evergreen Group, Loyola College, Knott Hall, 4501 N. Charles Street, Baltimore 21212 (Free parking on Charles or in lot on Cold Spring; walk south on Charles to Hall)

# 41st Annual Fundraiser THE OLD TIMER'S GRATITUDE MEETING

Don't drink  
and don't die!



**Speakers with over 20 years of sobriety!**

**Date: Friday November 8, 2019**

**Time: 7:00 - 9:30 pm**

**Hosted by Hospitals & Institutions Committee of WAIA**

***Place: Oakdale Church***  
***3425 Emory Church Rd. Olney, MD 20832***

**Coffee & Refreshments: 7:00 - 8:00 pm**

**Meeting Time: 8:00 - 9:30 pm**

**Raffles will be held mid-meeting.**

**Prizes include: 50/50 split, turkey,  
Big Book and a subscription to the  
New Reporter.**

**Literature donations accepted  
at the door.**

## **Directions**

**From Rockville:**

**Take Norbeck Rd. (Rt. 28) east  
Turn left on Georgia Ave. (MD 97)  
Turn right on Emory Church Rd.**

**From PG County:**

**Take the Beltway (Rt. 495) west to  
Georgia Ave. (MD 97) north  
Drive approx 6 miles  
Turn right on Emory Church Rd.**

**For more information or assistance with transportation to this event  
call Rachel W. 301-801-4292**

### WAGSA Area Committee

2<sup>nd</sup> Monday

**September 9, 2019**

**7:30 PM**

Silver Spring Presb.  
Church  
580 University Blvd East  
Silver Spring MD

Info: [chair@area13aa..org](mailto:chair@area13aa..org)

### Old Timer's Gratitude Meeting

**Friday, November 8 2019**

7:00—9:30 PM

Oakdale Church  
3425 Emory Church RD  
Olney MD 20832

Speakers with over 20  
years of sobriety

Literature Donations ac-  
cepted at the door for the  
Hospitals and Institutions  
Committee

### Sponsorship Conference

**Saturday, Sept.14 2019**

8:00—6:00 PM

Seekers Church  
276 Carroll St, NW  
Washington, DC 20012

[Aa-dc.org/](http://Aa-dc.org/)  
2019 Sponsorship Conference  
\$15.00

### WAIA Monthly Board Meeting

**September 10, 2019**

8:00 PM

The Church in Bethesda  
5033 Wilson Ln  
Bethesda, MD 20814

For more information  
email: [aa-dc@aa-dc.org](mailto:aa-dc@aa-dc.org)

### NERDS on Tour

**September 27—September  
29, 2019**

Our North East Regional  
Delegates are visiting MD

See schedule of events on fly-  
er in this newsletter or go to

[marylandaa.org/events](http://marylandaa.org/events)

### CHECK OUT OUR EVENTS CALENDAR

Events are updated  
regularly!

If you would like to  
submit an event, send an  
email to [events@aa-  
dc.org](mailto:events@aa-dc.org). A pdf flyer may be  
attached

228	A Way of Life		Crossroads of Recovery		High Sobriety
600	AA at CUA	231	Daily Reflections, SW	950	Hill Lunch
100	AA & Family Issues	55	Daily Reflections, UnityPI	60	Hope/Oxon Hill
40	Addison Road	156	Darn Good Big Book	472	How It Works G'burg
	Adams Morgan Meditation	220	Darnestown Men	132	Hyattsville Discussion
233	All Are Welcome	120	Deanwood Women Rap	505	Hyattsville Hope
	Among Women	75	DC Young People	72	Informed Group
84	Anacostia Group		DCC Noon	1200	Into Action, Germantown
420	Andrews Armed Forces	17	DCC Women Fri.	420	Investment
226	As Bill Sees It, NW		Del Ray Acceptance		Irreverent Women
325	As We Understood Him	336	District 2	400	Jaywalkers
840	Aspen Hill 5th Chapter	225	Divine Intervention	1800	Just Before Noon
60	Aspen Hill Phoenix Mon.		Dunn Drinking		Just For Today
77	Aspen Hill Phoenix Fri.	210	Dunrobbin	1200	Kensington Big Book
500	Attitude & Action		8AM Men's Big Book	48	Kensington YP Step Study
	Attitude Adjusters		Early Times	254	Keys to Kingdom
600	Back to Basics	477	Epiphanies	34	Kid Friendly Big Book
	Barnesville	59	Ex Libris		Kingman Park
210	Beginner Basics (DCC/Wed)	40	Faith Fellowship	226	King Str. Recovery
96	Beginners & Winners	90	Faith Group	714	Language of the Heart
	Brandywine	619	52 Pick-Up	100	Landover Discussion
107	Big Book Study		Fireside Spirituality	104	Lanham-Seabrook
54	Big Book Thumpers		Foggy Bottom	111	Last Chance
180	Brightwood	265	Forestville Primary Purpose	1545	Laurel Recovery
	Brookland	300	14 Promises		Leisure World Big Book
301	Broad Highway		Free Spirits	360	Leisure World Noon
3763	BYOL	413	Friday Night Fun Too	25	Let Go Let God
613	Burtonsville Big Book	210	Friday Night Big Book		Let It Happen
	Campus Noon		Friendly Bunch	90	Life Is Good
	Capitol Heights		Friendship	60	Life Saver/Big Book
870	Capital Hill		Gaithersburg Beginners		Little House
200	Carmody Hill Group	443	Gateway		Living Sober by the Book
	Cedar Lane Women	771	Gateway/Wednesday	48	Living Sober Unity Place
346	Change of Life	91	Gay 18 New Castle	60	May Day
	Cheltenham		Gay Group	184	Meance to Serenity
275	Chinatown Big Book		Georgetown		Men of Dupont
254	Chinatown Men's		Get It Off Your Chest		Men In Recovery
	Cleveland Park	600	Glenarden		Men's BS Session
	Clinton 45 Plus		Glen Echo	545	Messengers
	Clinton Day	19	Goldsboro	180	Midwest
200	Clinton 6:30		Good News Beginners		Midtown
100	Clinton Sunday Night		Good Shepard	247	Misery is Optional
320	Coffee & Donuts		Grace		Mitchellville
300	Colesville Sunday Nite	1520	Greenbelt Step	258	Mo.Co. Women
120	College Park	213	Growing Group	200	More Peace of Mind
600	Cosmopolitan		Happy, Joyous & Free		Montrose Gay
120	Crapshooters		Help Wanted	120	Moving into the Solution
120	Creative Arts		High Noon	120	Mt. Rainer
			High on the Hill	442	Nativity

171	Neelsville Beginners	116	Queer Women	12	The Away Group
240	Never Too Late	200	Quince Orchard	423	There is a Solution
90	Never Walk Alone	1926	Radicals	60	TGIF
	New Avenue		Read & Speak	60	Thurs. Morn. Reset
	New Beginnings NW	60	Riderwood Bills		Triangle Club-Sat. 7:15PM
70	New Beginnings/Pool'ville	300	Room with a View		Triangle club-Tues. 7:15PM
466	New Beginnings SE	100	Rosedale Sobriety		Trusted Servants
120	New Beginners	212	Sat.Afternoon/2PM/UP	100	Tue. Nite Men's Big Book
187	New Hope		Sat Morn Fire Barrel	21	Unity Noon
300	New Way Recovery	300	Saturday Morning Steps	72	Unlovely Creatures
	No Hard Terms	192	Saturday Night Happy Hour	50	Upper Marlboro Big Book
	Norbeck Women Fri		Saturday Night Special		Upper Marlboro Step
	Norbeck Women Wed	180	Scaggsville	148	Uptown
300	Norbeck Step		Second Chance		Victory Lights
450	N.E. New Hope		Serendipity		Village Idiots
94	NE Sunrise		Serenity		Vision for You
	Nuts & Bolts		Serenity House		Wash. Serenity Retreat
60	NW Metro	123	Serious Business	1320	We Care
184	Oasis Women's BB		Shepherders	366	Wednesday Nite Winners
20	Old Fashion	522	Silence is Golden		Welcome Group
	Old Town Bowie BB		Silver Spring Beginners BB	158	Westmoreland Women
	Olney Farm	2400	Silver Spring	193	Westside Beginners
351	Olney Stag Rap		Silver Spring Women	186	Westside Women
410	Olney Women's group	120	Simplicity	300	What's Happening Now
300	On the Circle	200	Simply Sober	240	White Oak Steps & Traditions
73	On the Move		Singleness of Purpose	782	Yacht Club
60	One Day at a Time	1361	Six & Seventh Step		Yeas & Nays
	One Day at a Time/R'ville	60	Soapstone		
	One Day at a Time/		Sober & Alive		
G'burg		152	Sobriety Sisters		
125	One Day at a Time/	50	Souls Arising		
Lanham			Southern Sobriety		
96	180 Group	2200	Spiritual Awakening		
630	Open Arms	30	St, Barnabas Womens wrop		
60	Out Of the Woods		St. Camillus		
	P Street		St. Mary's Gay		
420	Palisades Mon. Nite	34	Starting Over (SS)		
	Petworth	43	Starting Over Gaithersburg		
	Phoenix Group/DC		Step Sisters		
	Potomac Eye Openers		Steps To Sobriety	521	Birthday
750	Potomac High Noon		Sunday Men's Step	60	Faithful Fivers
956	Potomac Oaks	331	Sunday Morning Breakfast	2817	Individuals
	Potomac Women	300	Sunday Morning Joy	1500	Memorial
	Potomac Speakers	1080	Sunrise Sobriety		
1370	Primary Purpose Gay	1027	Sunshine, G'burg		
750	Progress Not Perfection		Sursum Corda		
	Promises Promises		Survivor Group		
90	Prospect	360	Takoma Park Necessity		
		1200	Tenley Circle		



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## Have a story about your recovery in AA?

Why not share it with all of us? If you'd like to contribute to the *New Reporter*, please send in your material to:

**[newreporter@aa-dc.org](mailto:newreporter@aa-dc.org)**



Day			Years
September 21	Bo N.	Serenity House	29
September 22	Lenard D.	New Hope Step 123	28
September 29	Virginia W.	Open Arms	42

## THINGS WE CANNOT CHANGE

***Anniversaries should be called into WAIA (202) 966-9783 as early as possible, by the 1st of the preceding month at the latest.***

The **NEW REPORTER** is a monthly publication of the W.A.I.A., Inc., 4530 Connecticut Avenue, N.W. Washington, D.C. 20008. Printed Subscriptions are \$15.00 per year and Digital Subscriptions are **FREE**. Articles and event information are encouraged from members of the Fellowship and its friends.

## VOLUNTEER

**Guess who it really  
Helps?  
Call 202-966-9783**

***Opinions expressed herein are not necessarily those of the Washington Area Intergroup Association or A.A. as a whole.***

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**New meetings are not listed in the Where & When or on the website until they have been in existence for 6 months. If you'd like to let the A.A. community know about a new meeting, we will gladly list it here.**

If you have a new meeting starting up, or changes to an existing meeting, please email us at [aa-dc@aa-dc.org](mailto:aa-dc@aa-dc.org) or call us at 202-966-9115 to let us know!

**GREENWAY**—Tuesday, 6:00 PM, 324 A St SE, Washington, DC 20019

**SOLO POR HOY** —(Spanish) Saturday 11:00 AM, Kolmac Outpatient Recover Clinic, 8561 Fenton St, Silver Spring, MD

**STEPS 1,2,3 "By the Book"** —Wednesday 7:30 PM, Capitol Memorial SDA Church, 3150 Chesapeake St, NW, Washington, DC 20008

**NIH NOON** —Friday, Noon, NIH Campus, 9000 Rockville Pike, Bldg 31, Suite 4A52, Bethesda, MD (Visitor Center Entrance, ID required)

**SERENITY RIDGE**—Wednesday, 7:00PM, Difference Makers Church, 11210 Bethesda Church RD, Damascus, MD

**ROCK CREEK YOUNG PEOPLE**—Tuesday 7:00PM, Cedar Lane Unitarian Universalist Church, 9601 Cedar Ln, Bethesda, MD 20814

**LAFAYETTE SQUARE** (Restarting) Tuesday, Noon, St. John's Parish House, 1525 H St, NW Washington, DC

**NEW STOMPING GROUNDS**— Sunday, 6:00 PM, Greater Tried Stone Baptist Church, 1363 Otis PL, NW, Washington, DC 20010

### **MEETING MOVED**

**MONDAY NIGHT WOMEN'S BIG BOOK** —Monday, 6:00 PM, St. Margaret's Episcopal Church, 1830 Connecticut Ave, NW, Washington, DC

## SEPTEMBER 2019

