

Digital NEW REPORTER

Alcoholics Anonymous, 4th Ed, p 77

WASHINGTON AREA INTERGROUP ASSOCIATION

VOLUME 58

NUMBER 11 •

NOVEMBER 2021



11th Step Prayer

Lord, make me a channel of thy peace--that where there is hatred, I may bring love--that where there is wrong, I may bring the spirit of forgiveness--that where there is discord, I may bring harmony--that where there is error, I may bring truth--that where there is doubt, I may bring faith--that where there is despair, I may bring hope--that where there are shadows, I may bring light--that where there is sadness, I may bring joy. Lord, grant that I may seek rather to comfort than to be comforted--to understand, than to be understood--to love, than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to eternal life. Amen

RECOVERY AND HOPE

2021 Gratitude Month Flyer

November is Gratitude month. For 2021 we are running our campaign both virtually and with traditional Gratitude Boxes. Contribution information is being sent to Group Treasurers by email and /or regular mail with Gratitude Boxes going to treasurers of In Person meetings. All Gratitude Month information can be found at aa-dc.org/gratitude.

Individual AA members expressed their generosity during 2020 when almost all groups were closed down and many groups were unable contribute to during Gratitude Month. As we navigate the close of 2021 and into 2022 we will continue to need the support of individual AAs and Groups to meet our expenses for the upcoming year. We hope you see this as an opportunity to help carry the A.A. message to those who still suffer. Can you spare the price of a drink?

In 2021 your contributions supported:

- 2,100 Calls answered by office staff and volunteers since the March shutdown, providing assistance to sick and suffering alcoholics
- Maintaining over 500 online meetings and 464 In Person meetings. (Send all meeting changes to help@aa-dc.org).
- 3rd Annual Sponsorship Conference and 43rd Annual Old Timers meeting hosted via Zoom
- The Live Chat service received over 900 visitors.
- The Spotify PSA campaign reached the "female-targeted" ad set of 34,696 users resulting in 186 clicks. The "male-targeted" ad set reached 36,936 users and resulted in 227 clicks.

For more information about WAIA, to get involved or to get a Gratitude Box mailed to you contact us at help@aa-dc.org or call us at 202-966-9115.

The image below may be shown toward the camera on the screen of a Zoom meeting. Spread the word.



November Gratitude Month 2021

aa-dc.org/gratitude

Can you spare the price of a drink?

VENMO: @WAIA





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Make Me a Channel

I remember when my sponsor gave me an assignment for Step 11. After we reviewed the Step in our book *Twelve Steps and Twelve Traditions*, he told me to read the Eleventh Step Prayer every day for 30 days and develop a routine for daily prayer and meditation.

I had been sober for approximately nine months at that time. I was going through a divorce and I was an assistant manager of a sober living environment, but not fully employed.

During this time, I had visitation with my sons every Sunday for a few hours. Just about every week, my soon-to-be ex-wife and I would engage in a heated argument just prior to my visit with my boys, which created a cloud that dampened our visit. To be clear, the cloud quickly disappeared once my boys and I got busy visiting, but they could feel the tension when I picked them up and dropped them off.

But one day, when I made the usual call to my wife to make sure that we were all agreed on the hand-over process (the time the argument would usually start) something really strange happened. Without any forethought or plan on my part, I asked her what she meant by something she said. I was not being sarcastic; I really wanted to understand what she meant, and she could tell I really wanted to understand. As you might imagine, she was a little skeptical, so she was cautious with her response. I restated what she said and asked if that was what she meant. She said yes and I told her that we agreed. We did not argue. In fact, I havbe found that this technique works well with most people most of the time.

Then it hit me. The Eleventh Step Prayer was taking hold of me. The prayer says, in part, "Lord grant that I may seek rather to comfort, than to be comforted—to understand, than to be understood." The lesson here is that prayers must be followed by action.

The prayer taught me to give others what I want for myself, and then I will receive. This is consistent with most things in A.A. We have to give it away to keep it, we pray for the people we resent to have everything we want for ourselves and we sponsor others so we can stay sober.



Going through the divorce made me feel very lonely, but attending A.A. meetings helped. I eventually took a service commitment as a greeter, which required that I arrive at meetings early to greet people at the door. That's when I made another discovery. I noticed that I was not lonely anymore after the second or third handshake.

My conscious contact with God is the biggest thing in my life today. I am never alone. I have a friend who absolutely loves me as I am, but has the power and cares enough to take me to better things, if I let him. My only dilemma is who to thank. Do I thank God for bringing me to A.A. or A.A. for showing me how to develop a better relationship with God?

I told a very dear friend of mine in the program that I knew that God has been doing his best to help me, but sometimes I could not see how exactly. Eventually, I realized that God had removed everything that was distracting me (job, family, etc.) so I could focus. Left with nothing, I was desperate and had nowhere to go. So, he put a few others in my life who showed me to A.A. And it was there that I learned how to communicate with him, when I "Sought through prayer and meditation to improve out conscious contact with God as we understood him, praying only for knowledge of his will for us and the power to carry that out."

Reprinted from the *Grapevine*



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COVID-19 Infiltrating & Stealing from 12-Step Programs for Addicts/Alcoholics

12-step programs are experiencing obstacles they have never seen before. I am absolutely blessed with long-term recovery as a result of working a 12-step program. I embarked on this journey in early 2004 when I admitted myself to a recovery center. Although I believe there are multiple pathways to recovery (AA, NA, SMART Recovery & more), mine has been paved by the 12-step program of Alcoholics Anonymous.

One of the most essential elements to a 12-step program and successful recovery is interacting with other members of the recovery community. We do this in a variety of different ways. We have our meetings where we share our experience, strength, and hope with each other and make ourselves available for the next sick & suffering alcoholic/addict. We meet one-on-one with our sponsors to be taken through the 12 steps, we go to recovery centers to share our stories with people just getting started with their recovery process, we gather at a members home for Big Book studies, we have our service work that we do to help us learn to give of ourselves freely with no expectation of reward, we meet at diners and other public places to simply share life experiences (past, present, and future) to be supportive of one another, we have retreats and public events that we attend together, this list can go on and on but the point is, we rely heavily on social interactions with each other.

Certainly, in my little corner of the world (Northern Delaware), COVID-19 has infiltrated the recovery community, just as it is doing globally. As a result of the restrictions, rightfully placed on our communities, COVID-19 is creating many obstacles for 12-step programs that we have never seen before. It has stolen those hugs we often give each other at meetings, stolen the hands bonded together while we say our Serenity Prayer, and it has stolen that warm embrace to the new comer walking through those meeting doors for their first time. All of the above-mentioned interactions are essential pillars to successful recovery.

So now what? We simply do the same things that we've been doing since Bill W., Dr. Bob, and the First 100 have been teaching us from the beginning: we

practice the principals of the program in all of our affairs and in by doing so, we incorporate behavioral change with a continued spiritual presence. The manner in which we achieve this, however, will be unlike anything 12-step programs have ever seen before. We have never been as reliant on technology as we are in the wake of the COVID-19 pandemic. Social distancing has moved us to meetings hosted by technology such as Zoom or our precious time with our sponsors (& sponsees) now being facilitated by Facetime. We will continue to share our experience, strength, & hope, we will continue to be of service, and we will continue (social distancing or not) to remain united. You see, we have something that COVID-19 does not... a Power greater than ourselves and there is no doubt in any of us that, that Power is also far greater than COVID-19. For all of us in recovery community and familiar with the teachings of the 12-steps, remember, "this too shall pass", and when it does, we'll steal back everything that COVID-19 has taken, but with far more passion! Those hugs will be stronger & longer, the hands bonded together will be tighter, our Serenity Prayer will be said in unity & with more conviction, and that warm embrace to the new comer will be with far more gratitude and love than ever before!

God grant me the Serenity
To accept the things I cannot change,
Courage to change the things I can
and Wisdom to know the Difference"

 Written by: An RCA Treatment Advocate
 Taken, with permission, from the Recovery Centers of America Web site.





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In The News... Booze changes as a result of Covid

Lockdown is over, but to-go booze is here to stay

Heather Haddon of the *Wall Street Journal* reports that "delivery apps and restaurants are capitalizing on loosened alcohol laws wherever they can (May 29-30, 2021)

"It became easier than ever to order booze on the run during the pandemic, as restaurants added cocktails to their to-go menus and delivery apps ramped up alcohol delivery.

Now, many of the relaxed rules that allowed it all to happen are becoming permanent, and the race is on to dominate the market for alcohol on demand.

Alcohol generally is more profitable than hot meals, so companies like Grubhub and Uber Eats that struggle to make money delivering food are hustling for the business. But they face fierce competition. Supermarkets are selling six-packs for pickup and delivery. Restaurants are investing in high-end takeout drinks. Established online alcohol sellers such as Minibar Delivery and Wine.com thrived during the pandemic.

Sales of booze on delivery apps and platforms more than tripled last year compared with 2019, an analysis of credit- and debit-card transactions by Earnest Research shows. Liquor sales at food retailers grew 27%, according to NielsenIQ.

More than 30 states and Washington, DC last year loosened rules limiting to-go drinks from restaurants and bars, and some allowed delivery companies to carry the drinks as well, according to the Distilled Spirits Council of the United States, a trade group that pushed for the changes. More than a dozen of those laws have become permanent, with more on the way, bringing widespread changes to alcohol delivery and takeout across the country.

Some delivery companies are spending to grab as much of the market as new rules allow.

"We are doing it everywhere it's legal," said Grubhub Inc. chief executive Matt Maloney.





Kentucky bourbon industry shows it's bullish on future

Bruce Schreiner of the Associated Press reports from Frankfort, Kentucky, that "Kentucky's bourbon industry is signaling that it's increasingly bullish on its future after reaching new production heights despite the Covid019 pandemic and trade disputes in key overseas markets.

Bluegrass state bourbon producers filled nearly 2.5 million barrels in 2020, setting a new production record, the Kentucky Distillers' Association said in October. It marked the third straight year that Kentucky distilleries filled more than 2 million barrels of bourbon.

And for the first time in the modern era of American whiskey, Kentucky has 10 million barrels of bourbon aging in distillery warehouses, it said. The state of 4.5 million people has more than 10.3 million barrels of maturing bourbon, according to the latest figures.



MAKES ME LAUGH

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When you have
11 people at
your house on
Thanksgiving and
the cops show up



Alcoholics Anonymous[®] www.aa.org

General Service Office of Alcoholics Anonymous

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Please direct all communications to:

P.O. Box 459 Grand Central Station New York, NY 10163 Fax: (212) 870-3003

October 15, 2021

Dear A.A. Friends,

It is with much gratitude and joy that I share my first communication with you as General Manager of the General Service Office. By way of introduction for those who don't know me, my name is Bob and I'm an alcoholic! I have crossed paths with many of you throughout my years of service to our Fellowship and I am overjoyed to continue the many friendships I have forged and look forward to many more.

As your General Manager, my primary focus is service — service to all of you: our members, your groups, our boards and all the employees of the General Service Office. As I contemplate the word service and what it means to me, I am reminded of what I was taught early on in A.A. "It's not so much *what* we do but *how* we do it." The spirit of that philosophy is my vision for the office and a guide for me in how I desire to serve; with kindness, patience, tolerance and love — rooted in our principles.

Speaking of our principles, my vision for our office is not really mine, it's ours. It was defined for us years ago by our co-founders and is memorialized in the Three Legacies. My focus and priority is to infuse the spiritual principles (embodied particularly in our Twelve Concepts, but also in our Twelve Steps and Twelve Traditions) into the daily operations of the office. With this in mind, efforts are in motion to establish a monthly "1728 Meeting" for all employees of GSO and the trustees and directors of our boards. The name "1728" is taken from the meeting established by our Class A (nonalcoholic) trustees many years ago. It's still held during each Board Weekend, for the purpose of broadening their understanding of our Steps, Traditions and Concepts (12x12x12=1728). The meeting format will give all in attendance the opportunity to learn about and apply our principles to current projects and issues. We will also be including presentations of our principles during all employee and department meetings. With the support and unity of all three of our boards, we are restructuring the General Sharing Session, which is held during our Board Weekends, and reinstituting the "town hall" style meeting. This will prove to be very effective in the infusion of our principles; not only in the office operations, but also the working relationships with the boards. It will provide a great opportunity for discussion of current issues and topics within the office, committees, boards, and the Fellowship. The spirit of this meeting will allow for wide participation with no fear of reprisal.

Covid has been difficult on our groups, families, and our lives in general. It's been a long road for the employees of GSO as well, who moved to a virtual work environment in March of 2020. I'm very happy to announce that we have returned to the office at 475 Riverside Drive on October 1. Our primary focus is the health and safety of all our employees. To this end, most employees will have a hybrid schedule allowing them to continue to work from home a few days per week. Unfortunately, we will have to continue our current visitor policy and will not be able to entertain outside visitors to the office. Welcoming visitors to GSO has always been an important part of our history and it is my hope that we will be able to reinstitute office visits and tours after the first of the year.

With the shift to a virtual work environment, many of our processes were forced to change and we lost access to some of the tools that helped us with our work. I realize some of these changes have caused challenges for some of you when interacting with the office. I want to express my gratitude for your candor in letting us know the details of your experiences. This is helpful. The services provided by the General Service Office are the reason why we are here. Before coming to GSO, I enjoyed a 35-plus-year career in customer service. My commitment to each and every one of you is that the office provide you all with a high level of service.

I know many of us were disappointed with the cancellation of our International Convention last year. Recently, I travelled to Vancouver, British Columbia, to participate in the beginning of our preparations for the 2025 Convention. I returned filled with hope. The enthusiasm of the membership and friends from Western Canada was infectious, and we couldn't ask for a more beautiful venue for our celebration. Please begin your early planning thoughts now. It will be here before you know it. It will prove to be an enormous and enthusiastic renewal for our Fellowship around the world!

In closing, in my short three months serving in this role, I have been touched in so many ways. The dedication of each and every employee of the General Service Office is inspiring. With the challenges of working remotely, preparing to return to the office, and navigating our first in person/hybrid Board Weekend in October, the office continues to carry out its mission with humility, unity, and good spirits.

I look forward to keeping in touch with all of you regularly and seeing many of you in person very soon.

Thank you for the privilege to serve you.

Bob W.

General Manager, G.S.O.

Bob W.

News from the Grapevine!

The "meeting in print" podcast started on October 4, 2021, with a new episode scheduled for each Monday.

Each week Don and Sam will interview a different member about their experience, strength and hope, in a casual "meeting after the meeting" manner. Special features will enhance each episode.

A new podcast episode will be available in English every Monday.

To hear the podcasts go to www.aagrapevine.org/podcast



Speakers with decades of sobriety!

Date: Friday November 5, 2021

Time: 6:30 pm Eastern time

Fellowship after meeting

Zoom Meeting:

https://us02web.zoom.us/j/83037941258?pwd=UDhZeTRhdFVwRTREU0hjOVJPdmIDUT09

Meeting ID: 830 3794 1258 Passcode: 100155

One tap mobile:

+13017158592,,83037941258# US (Washington, DC) +19292056099,,83037941258# US (New York)

Hear speakers with decades of continuous sobriety!

This event is free, but we will pass a virtual basket.

All contributions will benefit the WAIA Hospitals and Institutions Committee (H&I) which coordinates with local area hospitals and institutions to ensure that the hand of AA is always available when needed.

JOIN US FOR AREA 13'S

ANNUAL GRATITUDE BREAKFAST

35TH ANNUAL

NOVIEMBRE 14, 8:30 AM ON ZOOM

MEETING ID: 881 649 2505







Bill and Bob's Emotional Sobriety

NOV. 19, NOV. 20, & NOV 21, 2021

AT THE

ATLANTIC SANDS HOTEL & CONFERENCE CENTER

1 Baltimore Ave, Rehoboth Beach, DE 19971

WE ARE EXCITED TO HAVE

JERRY AND MELISSA C.

FROM AKRON, OHIO. ~ Carry This Message!

JERRY J.

FROM COLUMBIA MD

11TH STEP WORKSHOP

REGISTRATION STARTS JULY 19, 2021

ROOMS \$80 DOUBLE OCCUPANCY
CALL HOTEL FOR MORE INFORMATION (302) 227-2511
USE ID #10207 WHEN BOOKING YOUR ROOM

DONATIONS \$30.00 in advance

(checks made out and sent to: We Are Not Saints Groups, P.O. Box 293, Rehoboth, DE 19971)

AND \$ 35.00 AT THE DOOR

THANKSGIVING BUFFET DINNER \$ 27.00 VEGETARIAN LASAGNA\$ 27.00

WE ARE GOING TO JOURNEY THROUGH THE BOOK TOWARD EMOTIONAL SOBRIETY, WITH STOPS ALONG THE WAY TO DISCUSS THE LITERATURE, TAKE SOME BREAKS FOR FOOD, COFFEE, WATER AND TO STRETCH A BIT. WE WILL START ON FRIDAY AND GO THROUGH SUNDAY AND WE TRY NOT TO GET ANYONE LOST.....

For More Information visit NOTASAINT.ORG

Sponsored by We Are Not Saints Group

THANKSGIVING WEEKEND MARATHON



IN RECOGNITION OF GRATITUDE MONTH

Saturday Morning Steps & Sunday Morning Joy will host a Thanksgiving Marathon, beginning Thursday, November 25 at 8am and ending Saturday, November 27, 2021, at 9am.

> Thursday, November 25, 2021 — 8am to 9pm Friday, November 26, 2021 — 8am to 9pm Saturday, November 27, 2021 — 8am to 9am*

> > **ZOOM INFORMATION:**

Meeting ID: 875 0935 6319

Passcode: SMS1640SMJ

To dial in, call 301-715-8592

Meeting ID: 875 0935 6319

Passcode: 6401 238 932

"A genuine gratitude for blessings received" (Step 10)

AA Men's Meditation Retreat

Friday, December 10 – Sunday, December 12, 2021 Matt G, Retreat Master

> Loyola Retreat House 9270 Loyola Retreat Road Newburg (Faulkner), Maryland 20664



Come join the Sunday Men's Step Meeting at its eighth annual **AA Men's Meditation Retreat** at the **Loyola Retreat House**, located on the banks of the Potomac River. The Retreat offers opportunities to meet and share your experience, strength, and hope with old friends, and establish new friendships that may help sustain your own recovery for years to come. All attendees must be fully vaccinated and must show proof of vaccination (vaccination card, photo of card, etc.) In addition, all attendees must wear masks in all public spaces (this is a requirement of the retreat center.)

The total cost for the Retreat is \$250. This includes your room and all meals at the Retreat House. The fee is payable with an initial deposit of \$125, to be paid on or before November 1, 2021. The full amount is due from all attendees by November 22, 2021. Payments and deposits are non-refundable. Anyone who attends for any period of time/for any part of the retreat is required to pay the full cost of \$250 for the weekend. Attendance is limited and available on a first come/first served basis. Reserve your place with a payment through Venmo, Zelle, or credit or debit card on our web site:

Mens2021Retreat.com

Venmo: @mens-retreat Zelle: Stephen McGarry 301 922 3557

or send your check payable to: Silver Spring AA Mens Retreat

8112 Flower Avenue Takoma Park, MD 20912

Please include your email address or phone number on your check or money order so we can confirm your payment and reservation.



CALENDAR DIGITAL REPORTER

WASHINGTON AREA INTERGROUP ASSOCIATION

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WAGSA **Area Assembly/Inventory**

Thanksgiving Weekend Marathon

Saturday, October 30, 10:00 am - 2:00 pm

https://us02web.zoom.us/j/81662806373? pwd=bE0rUHFCYXFsaG1mY25WNG5VdncwUT0

See Area13aa.org for more information

Saturday Morning Steps & Sunday Morning Joy Groups

Thurs, 11/25 - Sat, 11/27

Zoom Meeting ID: 87509356319, Zoom Passcode: SMS1640SMJ

Dial-in number: (301) 715-8592 Dial-in Passcode: 6401238932

See Flyer on page 13 for times

WAIA **Monthly Board of Directors Meeting**

November 9, 2021—8:00 PM 2nd Tuesday of the month except August

Join Zoom Meeting:

https://us02web.zoom.us/j/83460598434? pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09

Meeting ID: 834 6059 8434

Passcode: 819862 One tap mobile

+13017158592,,83460598434# US (Washington DC)s

CHECK OUT OUR EVENTS CALENDAR

Events are updated regularly!

If you would like to submit an event, send an email to events@aa-dc.org. A pdf flyer may be attached



CONTRIBUTIONS

JANUARY 01— OCTOBER 26, 2021

ASHING	GTON AREA INTERGROUP ASSOC	IATION	VOLUME 58 •	NUMBE	R 11 • NOVEMBER 202
	AA at CUA	1920	Cosmopolitan		Gay Group
	Addison Road		Crapshooters	100	Georgetown
	All Are Welcome		Creative Arts		Glenarden
390	Alphabet Soup		Crossroads of Recovery		Glen Echo
	Anacostia		Daily Reflections, NW	172	Goldsboro
780	Andrews Armed Forces		Daily Reflections, SW	30	Good News Beginners
	As Bill Sees It, NW		Daily Reflections, UnityPl		Good Shepard
	As We Understood Him		Darn Good Big Book	217	Grapevine Sat Women
	Aspen Hill 5th Chapter	1248	Darnestown Men	1545	Greenbelt Step
	Aspen Hill Phoenix Mon.		Day by Day	30	Growing Group
20	Aspen Hill Phoenix Fri.		Deanwood Women Rap		Happy, Joyous & Free
	Attitude & Action		Deanwood Step		Help Wanted
	Attitude Adjusters		Double Dippers		High Noon
	Back to Basics	44	Double Recovery		High on the Hill
	Barnesville		Dupont Circle Club	180	High Sobriety
	Beginner Basics (DCC/Wed)		DC Young People		Hill Lunch
	Beginners & Winners	210	DCC Noon		Hope Fellowship
	Beginners are Winners	134	DCC Women Fri.	60	Hope/Oxon Hill
	Beltsville	248	DCC Tues. 6PM		How It Works G'burg
60	Brightwood	3202	DCC—930 Club		Hyattsville Discussion
	Brookland		Del Ray Acceptance		Hyattsville Hope
360			Del Ray club	156	Informed Group
3000	<u> </u>	24	Del Ray Sun Women	1860	Into Action, Germantown
	BYOL (NonSmoke)		District 2	191	Investment
	Burtonsville Big Book		Divine Intervention		Irreverent Women
	Campus Noon	44	Double Recovery		Jaywalkers
	Capitol Heights		Dunn Drinking	330	Just Before Noon
1105	Capital Hill		Dunrobbin		Just For Today
	Carmody Hill Group		8AM Men's Big Book		Kensington YP Step Study
100	Casey Barns		Early Times	47	Keys to Kingdom
	Cedar Lane Women	1500	• •		Kid Friendly Big Book
	Change of Life	775	Ex Libris		Kingman Park
356	Chairman's Choice		Faith Fellowship	540	Language of the Heart
	Cheltenham	126	Faith Group		Landover Discussion
	Chestnut Lodge Outreach		52 Pick-Up		Lanham-Seabrook
	Chevy Chase Group		Fireside Spirituality		Laurel Recovery
	Chinatown Big Book	65	Foggy Bottom		Leisure World Noon
212	Chinatown Men's	109	Foglifters		Leisure World Big Book
25	Cigar Smokers	0.40	Forestville Primary Purpose		Let Go Let God
	Clarksburg AA	240	14 Promises		Life Is Good
	Cleveland Park		Fourth Dimension		Little House
	Clinton 45 Plus		Friday Night Fun Too	21	Lit Hoppers
	Clinton Day		Friday Night Big Book	74	Lit Womxn
	Clinton 6:30	,	Friendly Bunch		Living Sober by the Book
	Clinton Sunday Night	600	Friendship		Living Sober Unity Place
160	Coffee & Donuts		Gaithersburg Beginners		May Day
	Colesville Sunday Nite		Gateway	50	Men's Meeting
	College Park		Gateway/Wednesday		Meance to Serenity
	-		Gay 18 New Castle	600	Men of Dupont



CONTRIBUTIONS

JANUARY 01— OCTOBER 26, 2021

ASHING	TON AREA INTERGROUP A	SSOCIATION	VOLUME 58 •	NUMBER	R 11	•	NOVEMBER 2021	
	Men In Recovery	60	Palisades Mon. Nite			um Co		
	Men's BS Session	60	Petworth	540	Tako	oma Pa	ark Necessity	
79	Merry Miracles		Phoenix Group/DC	180	Taka	oma Rı	Jsh Hour	
340	=		Pool'ville Pot Luck		Tenl	ey Circ	cle	
308	_	330	Potomac Group	60	Ther	e is a S	Solution-Women	
	Midtown		Potomac Eye Openers		TGIF			
	Miracles		Primary Purpose Gay		Thurs. Morn. Reset			
100	Mo.Co. Women	371	Progress Not Perfection		Triar	ngle Cl	ub	
80	Monday Nite Women	125	Prospect group		_		nt Bucks	
	More Peace of Mind	147	Potomac Oaks		Unit	y Noon	1	
V	Montrose Gay		Promises Promises	120	Unic	vely C	creatures :	
320	Moving into the Solution	480	Queer Women		Upp	er Mar	lboro Step	
020	Mt. Rainer	97	Quince Orchard	418	Upto	own		
94	Nativity	606	Radicals		User	r Friend	lly	
, ,	Navy Yard Nooners		Read & Speak	129	VA I	Hospito	al Ctr	
108	Neelsville Beginners	180	Riderwood Bills	400	Vict	ory Lig	hts	
109	New Hope	_	Room with a View	45	Villa	ige Idio	ots	
299	NE Sunrise	150	Rosedale Sobriety	281	Virtu	Jally Sc	ber	
	Never Too Late		Sat.Afternoon/2PM/UP		Visio	on for Y	ou '	
	Never Walk Alone		Saturday Morning Steps	110	Wat	ers Lan	nding	
540	New Avenue	132	Saturday Night Happy Hour	600	We.	Are All	Beginners	
	New Beginnings NW		Saturday Night Special		We	Care		
	New Beginnings/Pool'ville	120	Scaggsville	169	Wed	Inesda	y Nite Winners	
140	New Beginners SW	•	Second Chance		Wel	come (Group	
	New Beginnings-Women	120	Serenity House	285	Wes	tmorel	and Women	
	New Stomping Ground	120	Sheepherders	50	Wes	t Side <i>l</i>	Men	
200	New Unity Gay		Silver Spring Beginners BB	107	Wes	stside W	Vomen	
200	No Exclusion		Silver Spring	285	Who	at's Hap	opening Now	
	Norbeck Women Fri		Simplicity		Wh€	∍n All E	lse Fails	
171	Norbeck Women Wed		Six & Seventh Step		Whit	le Oak	Steps &Traditions	
	Norbeck Step	15	Soapstone	50	Wor	nen's L	.it (180 Club)	
185	NW Metro	240	Sober & Alive	963	Yac	ht Club		
.00	Nuts & Bolts		Spiritual Hilltop		Yea	s & Na	ys	
129	Oasis Women's BB	75	Sobriety Sister					
	Old Fashion Group		Southern Sobriety					
	Olney Farm	2000	Spiritual Awakening					
150	On Awakening		St, Barnabas Womens wrap	223	Birt	thday		
	On the Circle		St. Camillus	300	Fai	ithful Fi	vers	
	Olney Stag Rap	1100	St. Mary's Gay	26,604	Ind	dividua	ls	
	One Day at a Time		St. Francis	600	Me	emorial		
	One Day at a Time/R'ville	45	Starting Over Gaithersburg					
	One Day at a Time/G'bur		Step II Group					
	One Day at a Time/Lanha	ım	Sunday Men's Step					
	One Hour Back	897	Sunday Morning Breakfast					
155	Out of the Woods	379	Sun. Morn. Breakfast Out					
	180 Group	330	Sunday Morning Joy					
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