

Another Founders Day



More from the UK and “In the News”

WAIA June 2022 - Calls for Service & Support

Please share this print out/script with all your groups!

Update from the Finance Committee:

The Washington Area Intergroup Association (WAIA) needs your support. Contributions this year are 35% below budget, and down 25% from last year. Please help ensure that the office can continue to serve as AA's DC headquarters; answering calls 24/7, maintaining a current record of all meetings in the area, and providing other essential services to the still sick and suffering alcoholic. You can make a contribution directly on the WAIA website: <https://aa-dc.org/give>, or via Venmo to @WAIA. Checks can be mailed to WAIA, 4530 Connecticut Ave, NW Ste 111, Washington DC 20008.

Office Volunteers: The available open slots for answering phones in the office are Saturday 1p-4p and Sunday 1p-4p (other slots open up frequently). Call 202-966-9783 and ask for Clo'via or Luella for more information or email help@aa-dc.org

Nightwatch : There are 2 open slots, Friday 6a—10a & Thursday 10p-6a

WAIA Chair Openings:

Rules Chair - The Rules Committee maintains and interprets the WAIA bylaws.

Accessibility Chair - This committee's purpose is to help make AA accessible to every member who desires it by raising awareness within the AA community of the challenges faced by those with special needs such as mobility, vision, hearing etc.

Sponsorship Conference - we need a chair to plan content and logistics for the conference as well as volunteers.

Please attend the WAIA board meeting June 10th if you are interested in learning more or volunteering! You can also email us at help@aa-dc.org.

Service Opportunity: WAIA Outreach Committee

The Outreach Committee seeks to connect the ideas and practices of the various local AA home groups and AA members to benefit the entire local AA community. This year we hope to increase participation of representatives of local groups in the work of the WAIA board. Goals for the coming year include: increasing the number of local AA meetings that have designated a WAIA Board member, increasing participation of group reps and alternates in the Board meetings, and increasing the circulation of the *Digital New Reporter*. If you would like to be part of the Outreach Committee, please contact Teresa R at outreach@aa-dc.org or tlkaiser3@aol.com.

HOLDING space for Sponsorship Conference call for Service/H&I

You can find the May 2022 draft minutes agenda and previous months approved minutes at <https://aa-dc.org/board-minutes>

WAIA 4th Annual AA Sponsorship Conference Who will make it happen?

Do we need an area 13 sponsorship conference like the one held successfully over the past three years? The WAIA supported Sponsorship Conference has provided a way to educate, inspire, and share experience, strength, and hope around sponsorship. Additionally, and equally as important, the conference has created connections and outreach.

In September 2019, the first all day sponsorship conference was held in Area 13, Washington, D.C, in person, in Takoma Park, Md. Approximately 120 people attended the event. For the past two years the conference was held on zoom with approximately 300 people in attendance.

With the pandemic so many things have changed. The Annual Gala has been cancelled. The Annual Gratitude breakfast was modified and restricted, and Hospital and Institutions outreach almost came to a halt. Even with all these adjustments we have been able to experience serenity. We have a program that gives us the steps for dealing with life on "life's terms."

We accept past events. We do not regret the past. That feeling of uselessness and self-pity has disappeared. Self-seeking has disappeared. We have gained interest in our fellows. The sponsorship conference is one opportunity for you to step forward and make an impact on Area 13. It is a chance for WAGSA and WAIA to come together with common purposes. It is a way for recovering alcoholics to cross over districts, create new bonds and allow our Higher Power to work in our lives. It is a way to create a ripple effect so our circle of compassion can expand not only among ourselves but also to our families, neighbors, work associates and the business community at large.

**Please step forward to create another area wide conference.
Nine motivated people are needed to use their skills to make this conference happen.
Your leadership will have the impact of bringing hundreds of people together.**

Volunteers are needed for:

Sponsorship Committee Chairperson

Six Panel Moderators- who will select panelists for each of the six topics.

Graphic Arts Programmer- will create flyers and virtual links for distribution

Zoom Host and Technology Coordinator

If you have read this far you are probably asking yourself many questions about how and why is this event so important. How will it actually work? Why make such a big deal about sponsorship? As you meditate, pray and ask your Higher Power's guidance I have provided below a number of quotes we used in last year's conference; the quotes come from a number of AA sources. In addition the topics from last year are provided which will help you visualize the possibilities.

If you have the skills and/or passion to fill the needed positions and are willing to step up send your contact information to

Will R., Former Sponsorship Chair, 301-455-1256; sponcon@aa-dc.org

Sponsorship Conference Quotes...

“Helping others is the foundation stone of your recovery.” The tradition of AA sponsorship has proven itself as one of the most effective ways to help the alcoholic who still suffers.

“As the AA program grew and its founders began to work with others, the flame of sponsorship was passed along—and it continues to burn today.”

“Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics.”

“Sponsorship is a bridge to trusting the human race, the very race we once resigned from.”

“The most important considerations about a sponsor are: to have one, to use one, and when asked, to agree to be one.”

“All I have to do is share my experience, strength, and hope.”

“I was feeling rather depressed and called my sponsor and found her in a similar mood. I said, ‘What shall I do?’ At first she said, ‘I don’t know. If you figure it out call me back’. Then because she is a loving person, a good friend, and has a terrific grasp of the AA program, she shifted into sponsorship gear and told me to do the following:

Wear life like a loose garment.

Don’t take myself so seriously.

Count my blessings.

Find another alcoholic to work with.

Read the big Book and go to a meeting.

Then she laughed and said, “Take my advice—I’m not using it.””

[P-15 Questions & Answers on Sponsorship \(aa.org\)](#)

Control+click on the above link to read the entire AA approved pamphlet which describes in detail questions and answers on how to be a sponsor and how to choose a sponsor.

Last Year's program—WAIA 3rd Annual AA Sponsorship Conference, Sept 2021

Panel 1 Veronica W—moderator

"Classic Sponsorship": When do I need a sponsor?

- A. By the book (AA Sponsorship Pamphlet, p-15)
 - 1. Where to find a sponsor? Different types of meetings, referrals, temporary
 - 2. Holding the sponsee accountable, hold the sponsor accountable
 - 3. What a sponsor is NOT (counselor, financial advisor, social worker, taxi)
- B. And/or "old" style sponsorship (sit down, shut up, listen, and on and on)
- C. How can I tell if I'm ready to sponsor someone?
- D. I'm not that "bad" yet, when I get older...

Panel 2 Sean C--moderator

Setting Boundaries From The Start: Carry the message not the alcoholic

- A. How to build a network that supplements guidance from a sponsor?
- B. How to deal with the alcoholic who keeps going back out
 - 1. Don't waste my time, I resign
 - 2. Go back out and try some more "controlled" drinking
 - 3. You're "fired". When and how. Words matter?
- C. Failed sponsorship
- D. Carry the message, not the alcoholic
- E. 13th Stepping
- G. Red flags
- F. How can you tell when it's time to change your sponsor?

Panel 3 Missy--moderator

Sponsorship With An International Flavor: Lessons from other countries

- A. Pablo--Spain
- B. Missy--Germany
- C. Mark--United Arab Emirates and Ireland
- D. Alexandra--Columbiajavieruiz2000@yahoo.com

Panel 4 Sahmra S--moderator

New Age Communications: Sponsorship In A Virtual World

- A. More tech savvy (social media)
- B. text, email, phone, face to face
- C. Working the 12 Steps (Hi Tech)
- D. Sponsorship during a pandemic/age of zoom

Panel 5 Kesi L--moderator

Service Sponsorship: What? Why?

- A. Introducing sponsees to service
- B. GSR, WAIA, DCM representatives
- C. Traditions

Panel 6 Daniel D--moderator

Striving For Common Ground: Special Strokes for Certain Folks

- Newly sober for the first time
- Fresh out of treatment
- Still relapsing/slipping
- D. Sponsees with long term sobriety
- E. Mental health Issues/dual addiction/special needs

The Traditions, A Frame-work for Recovery

Part 6, by John B. of Tampa, FL.

January 7, 2019

The Traditions are designed to keep the GROUP from destroying ITSELF; the Steps are designed to keep US from destroying OURSELVES.



Tradition Six: *“An A.A. Group ought never endorse, finance, or lend the A.A. name to any related facility, or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.”*

Hello everyone, John here! It’s time for another episode of the Twelve Traditions made easy. So, let’s get right to it.

As was mentioned in my last post, the primary purpose of any and all Twelve Step groups is to carry its message to the suffering alcoholic/addict.

The concept embodied in this tradition naturally follows the concept embodied in **Tradition Five**. The idea here is that anything that **interferes** with the groups’ primary purpose, or confuses people about what is and what is not a Twelve Step group, can compromise its mission.

The purpose of this tradition is to ensure we do not associate the group and/or organization with any **other** groups or organizations, in actuality or in the public’s mind.

Early on in A.A. when these traditions were first being hammered out, there were many ideas floating about with regard to exactly how we would carry the message. Some of these included educating the public, getting involved in passing laws and becoming involved with employers.

My favorite is that we would build a hospital chain of our own, then go about gathering up skid row alkie and “sort out those who could get well, and make it possible for the rest to earn their livelihood in a kind of quarantined confinement.” [1]

Every time I read that part I picture myself in that quarantined confinement scenario! I’d be safe and protected by the hand of A.A., instead of facing life on life’s terms. Glorious!

The problem with Alcoholics Anonymous becoming a major player in the legislation game and hospital management and educating the public, and trying to resolve employer/employee disputes, is that some sort of profit must be made. As soon as that happens, you are in competition with somebody, and pretty soon after that, confusion.

Lucky for us all, A.A. arrived at the right answers to these and many more dilemmas. I don’t think we got there on our own. Could it be that we had help from a power greater than ourselves? I think so.

[1] Twelve Steps and Twelve Traditions p 155

Reprinted, with permission, from Turning Point in Tampa, <https://www.tpoftampa.com/recoverybytes/the-traditions-a-framework-for-recovery-part-6-by-john-b/>

They Kept Coming Back **# 1 Bill S. (Bill the Hat)**

After leading a meeting in England, your intrepid editor was offered the work of John M., archivist, South East Region, UK. He offers a book that consists of interviews with 16 A.A. members in the UK who have reached 50 years of sobriety. The first Interview was with Bill S., whose sobriety date is July 17, 1959.

What follows are excerpts from his 15-page interview. "I was drinking and smoking when I was nine and I'm still smoking and I am eighty-nine now," he said, by way of introduction. He was a chronic truant and wound up to reform school. "I volunteered to clean the windows of the school house, which was at the back of the remand home," he said. "They gave me a ladder and a bucket of water and I put the ladder up against the wall and I went over the wall into a bakery next door. That was me. The people in the bakery gave me a load of buns and cakes. They knew where I had come from and they wished me good luck."

Bill's story included many stories of larceny and incarceration. He would go from Birmingham to Ireland and, eventually Germany. The judge at one of his scrapes sent him to the army at 15. "(at one point) I got to the barracks and I was legless. The sergeant major looked at me and he said, 'Who the bloody hell do you think you are?' I said, 'I'm a new soldier come to defend the Country.' He said, 'In that state? Get over to those barracks and get your uniform and, in the morning, you'll be hearing from me. You'll be square and we'll soon sober you up' and they did. Oh, Dear! But I felt a lot better because I wasn't having a drink."

"I came into A.A. in 1959 when I was thirty-four years of age. It was advised and the wisdom was given to me in A.A. 'Keep coming back, Bill. It gets better.' They taught me to read and the difference between saying Yes and No. Then, gradually, I improved my vocabulary and I could get by in four languages, streetwise, and through A.A., and also, what I picked up in the countries I went to. When I came in there were people attending who were the winners and these were the old farts, as I called them.

Thank God for them because they had more wisdom in their little fingers than I had in my whole body."

Bill tells us it took him 13 years to get a sponsor. "As I say, after thirteen years I got a sponsor and I couldn't have got a better sponsor. He was Tommy O'B and he went for the jugular. I knew him from before because he was a professional boxer and he lost his license through drink."

After many years of sobriety, "my sponsor said to me, 'Bill, you've been thoroughly dishonest for years. That little word, HOW; meaning Honesty, Open Mindedness and Willingness. You've got it back to front, Bill. You've done Willingness, Open Mindedness and Honesty, last of all. Now I'm going to tell you, and I'm only going to tell you once, get rid this dishonest business that you're in or you'll have no contented sobriety. Sobriety is much better than being sober. It is a thousand times better than staying dry and that's what you are – DRY!"

After selling the business, "I started to do service in A.A. making the tea, setting up the rooms, doing telephone service, 12 Stepping, giving talks to schools and Rugby clubs and this was all to my benefit."

"I was always anti-authority and anti-Police. Now I have the best relationship with the police, including with my brother who is a Senior Police Officer. My brother Phil's son is a police Sergeant and his daughter is a Superintendent. Now, formerly, they wouldn't have given me the time of day. Now they phone me up all the time.

"I like to read the 'Twelve and Twelve; and the 'Just for Today; card but I like to see photographs of the two co-founders, Bill W and Dr Bob which they have on the walls at most meetings and I enjoy reading Share Magazine. I've thoroughly enjoyed my journey and the way I am today. I'm danger to anybody today. If anybody wants help, I'll try to help. It's only verbal help. I won't give them money or anything like that."

Interviewed by John M., 24th July, 2014, Birmingham

Restraint of Face

Eye-rolling, sighing, sideways glances and head tilts . . . sometimes the defects we hold onto aren't so verbal.

The first time I read the Big Book, all I got out of it was that I needed to get "stuff" out of my head by writing it down. Get it "down on paper," Bill wrote. So, I started writing. I should have asked for help. I would not recommend the way I went about it.

I wrote letters to everyone in my family about my alcoholism. I also mentioned that I was dating a recovering drug addict. This was in the years before email and texting. I made copies of this several-pages-long letter and mailed it out. It was supposed to be my amends letter – supposed to be my amends letter – supposed to be. Like I said, I should have asked for help.

What happened was that the letter just did more damage to my loved ones. If I could have hit the "this message will self-destruct" button before they read it, I would have. As soon as I put them in the mail box, I knew that I shouldn't have sent them.

In my 18th year of sobriety, a woman in my home group told me to "leave them alone until you can leave them alone." What did that mean? It took me almost two decades of recovery to learn to keep my mouth shut.

I am so grateful that I learned discernment when it comes to my speaking. No one needs to read or hear the thoughts rattling around in my brain except God and a trusted sponsor.

In the past 10 years, I learned that I also must restrain my face. I learned that my facial expressions are hurtful. I finally learned, way past my teenage years, that eye-rolling, sighing, side-ways glances, head tilting and harrumphing can hurt people.

When talking to my daughter about this newfound awareness, she questioned me. "Are you supposed to cover up or lie about your feelings and not express them?"

"No," I replied, "It's not about lying, not expressing or covering up. It's about having discernment, paying attention to my face."

Not everyone in an A.A. meeting or out in public needs to know that I'm bored, dissatisfied, exhausted, mad, frustrated, disgruntled or late. My face, without me consciously knowing it, once told a newcomer that I was bored with what she was saying. It was true. I was bored and the newcomer questioned me about it. Had she not confronted me, I would never have known that she noticed.

This confrontation sparked a quest for me to understand my face. When I talked with trusted A.A. friends about this topic, they agreed with the newcomer. The said I scared people at times. Wow. I was shocked. Talk about peeling back an onion layer.

I thank God that I now have the experience, strength and hope to address my facial-restraint issues. When I have sponsees who do what I used to do, I talk to them about it. Mant times they are just as shocked as I was.

One sponsee stated, 'I have a resting b--- face. That's my face, I am OK with that.' I wasn't sure how to respond to that and said, 'From me to you, I learned from trusted friends in the program that newcomers would not approach me because they feared me. That means my face didn't allow me to do Twelfth Step work. If we do not do Twelfth Step work, we die because faith without works is dead.'

She looked at mean and said, 'It's how I keep people away from me.' That was something I could understand, and we both agreed we had Step work to do on this topic.

Thank God for these Steps. This sponsee no longer has a 'resting b—face.' We must work these Steps in all our affairs, including what we do with our faces, whether we know we are doing it or not.

Anonymous, Milledgeville, GA
Used, with permission, from the Grapevine





**Darth Vader's rarely
photographed wife**



**A GOOD THING ABOUT WATER
IS YOU CAN DRINK IT AT WORK.**



**THE GOOD THING ABOUT VODKA
IS IT LOOKS LIKE WATER.**



Happy Destiny DAY Retreat

Saturday, June 18, 2022 • 1:00-8:00 pm

Pilgrim Hills Park
1615 East Randolph Rd
Colesville, MD 20904

<https://montgomeryparks.org/parks-and-trails/pilgrim-hills-local-park/>

PARKING IS LIMITED, Ample Parking Across the Street at Valley Mill Park - Please Consider Carpooling

Service Opportunities Available

REGISTER EARLY

Space is Limited!



\$45 Registration Fee Includes:

- Beverages, Snacks, and Dinner
- Activities and Workshops (Details are on our website)
- Sober Fellowship
- Open AA Meeting
- Al-Anon Participation
- T-Shirt - Tie Dye is back by popular demand



Register Online OR Mail Form Below

To register and pay online (Small Service Fee) visit www.happydestinyretreat.org

One Registrant's Name and Information Per Form

Name _____

Address: _____

Phone number: _____

Email address: _____

T-Shirt Size: ☐ S ☐ M ☐ L ☐ XL ☐ XXL ☐ XXXL

T-Shirt Style: ☐ Men's ☐ Women's

Dietary Preferences - Check All That Apply*

☐ Gluten-Free ☐ Vegetarian ☐ Vegan ☐ _____ Other _____

Mail Registration & Payment to:

Michael Krieg
13014 Turkey Branch Pkwy
Rockville MD 20853

For more information:

Web:

www.happydestinyretreat.org

Email:

happydestinyretreat@gmail.com

Phone Contacts:

Karuna K. 404-353-5005

No Pets Allowed • Only Registered Participants May Attend

* While we strive to accommodate a variety of food preferences, if you have allergies, or a specialized diet, you are welcome to bring your own food in a cooler. We do not have storage space. Please contact us if you have any questions.

Founders' Day 2022 Registration Form | online at www.akronaa.org

Everyone must be registered, including children. All registrations must be postmarked by May 15, 2022. NO EXCEPTIONS!

Name (please print clearly) _____

Address _____ Phone (_____) _____

City _____ State _____ Zip _____

E-mail address* _____

* If you provide an e-mail address, you will get confirmation via e-mail only!

☐ Check for special needs - handicapped.
Handicapped parking will be strictly enforced.

☐ Hearing Impaired- ASL Interpreter Requested

All beds are at a fixed height of 42 inches. The University of Akron **CANNOT** adjust bed height.

***INDIVIDUAL FORMS
REQUIRED FOR EACH
PACKAGE PLAN***

Registration closes at 6:00 pm Saturday, NO EXCEPTIONS!

Registration \$30 x QTY = \$ _____ TOTAL

(Registration will be \$30 on site conference weekend)

MUST have a picture I.D. for pickup.

Package Plan A \$250 = \$ ONE ONLY

Sex: M ☐ F ☐

Includes admission to all meetings, meals, room, registration and bus tour.

Report directly to designated dormitory to pick up weekend package and room key.

You must have a picture I.D. to pick up your reservation package.

All rooms and buildings at the university are non-smoking.

Package Plan B \$175 = \$ ONE ONLY

Sex: M ☐ F ☐

Includes all items in Package Plan A *except* meals.

Rooming with: _____

MEALS

QTY

TOTAL

SATURDAY

Breakfast

\$15 x _____ = \$ _____

Lunch

\$20 x _____ = \$ _____

Dinner

\$28 x _____ = \$ _____

SUNDAY

Breakfast

\$15 x _____ = \$ _____

SPECIAL DIETARY NEEDS — ☐ Diabetic ☐ Vegan ☐ Vegetarian ☐ Gluten-Free

MOTORHOME SITE FEES

QTY

TOTAL

NO TENT CAMPING!

RV Site Tag

(no hook-ups available)

\$40 x _____ = \$ _____

per site/whole weekend

Each RV must have a **Site Tag** to set up.

ABSOLUTELY NO PETS OR FIRES!

REGISTRATION TOTAL \$ _____

PAYMENTS MUST BE IN U.S.
DOLLARS ONLY. MAKE CHECKS /
MONEY ORDERS PAYABLE TO:

Akron Intergroup
PO Box 12
Akron, OH 44309-0012

REFUNDS requested in writing only by
mail or email and postmarked / received
prior to June 1, 2022. treasurerfd@akronaa.org

PAYMENT METHODS FOR MAIL IN REGISTRATION:

☐ CHECK ☐ MONEY ORDER

All Credit Card payments must be made online
at www.akronaa.org. Click on the Founders' Day link
and follow the instructions.

**NO REFUNDS FOR BASIC REGISTRATION.
\$30.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!**

50th Annual Area 29 Maryland State Convention

Registration and Meal Selection

Register online at <http://www.marylandaa.org/state-convention>

Online registration payment by credit card is \$32, including a \$2 convenience fee.

Registration payment by check is \$30. Make check payable to **MGS State Convention**.

Mail with this form to: **MGS State Convention, P.O. Box 1710, Frederick, MD 21702**

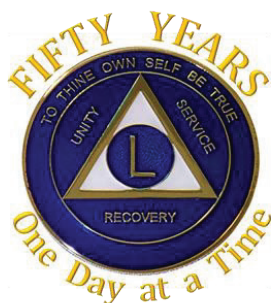
First Name: _____ Last Name: _____

Address: _____ Email: _____

City: _____ State: _____ Zip: _____

Please contact me regarding Service Opportunities at the Convention: ☐ Yes Phone #: _____

Accessibility accommodations? Please list: _____



Registration Options:

AA Registrants \$30/person

Al-Anon Registrants \$30/person

Registrations and All Meals \$159/person

of Registrants Subtotal

X _____ = \$ _____

X _____ = \$ _____

X _____ = \$ _____

-- Must Specify Banquet Option Below --

Meal Options – If your registration includes ALL meals, select from Banquet Options 1-4 below (no additional fee)

Friday Lunch – Deli Buffet \$26 X _____ = \$ _____

Seasonal Greens with Two Dressings, Potato Salad, Pasta Salad, Selection of: Roast Beef, Salami, Ham, Smoked Turkey, American, Swiss, and Provolone Cheeses, Assorted Deli Breads and Rolls, Gourmet Cookies and Brownies.

Friday Dinner – Italian Extravaganza Buffet \$35 X _____ = \$ _____

Caesar salad, garlic bread sticks, tomato mozzarella with pesto, vegetable salad. Penne pasta primavera with Alfredo or Bolognese sauces, Chicken Parmesan. Zucchini & tomatoes. Chef's choice of dessert.

Saturday Lunch – American Buffet \$28 X _____ = \$ _____

Old Fashioned Grilled Hamburgers and Hot Dogs, Grilled Chicken Breast, Texas Chili, Assorted Cheeses, Fixings and Condiments, Baked Beans, Potato Salad, Cole Slaw, Gourmet Cookies and Brownies.

Saturday Banquet – Seating limited to 200 – order early \$40 X _____ = \$ _____

Plated meals served with warm rolls & butter, garden salad. Cheesecake with chocolate sauce and berry coulis.

Option 1: Grilled chicken breast with lemon caper sauce, whipped potatoes, seasonal vegetables. X _____ = \$ _____

Option 2: Jerk salmon with pineapple salsa, cilantro rice, seasonal vegetables. X _____ = \$ _____

Option 3: Dijon mustard roasted pork loin medallion with mushroom cream sauce, roasted potatoes, seasonal vegetables. X _____ = \$ _____

Option 4: Vegan, gluten-free quinoa pilaf stuffed pepper, saffron rice, grilled vegetables. X _____ = \$ _____

TOTAL AMOUNT DUE = \$ _____

AA Men's Meditation Retreat

Friday, July 15 – Sunday, July 17, 2022

Loyola Retreat House
9270 Loyola Retreat Road
Newburg (Faulkner), Maryland 20664



Come join the Sunday Men's Step Meeting at its ninth annual **AA Men's Meditation Retreat** at the **Loyola Retreat House**, located on the banks of the Potomac River. The Retreat offers opportunities to meet and share your experience, strength, and hope with old friends, and establish new friendships that may help sustain your own recovery for years to come. This retreat will be conducted within the guidelines set by the CDC, local government, and the Loyola Retreat Center with regard to measures required to protect all attendees health against the Covid 19 virus, i.e., vaccination requirements, wearing of masks, etc.

The total cost for the Retreat is \$250. This includes your room and all meals at the Retreat House. The fee is payable with an initial deposit of \$125, to be paid on or before June 1, 2022. The full amount is due from all attendees by June 21, 2022. Payments and deposits are non-refundable. Anyone who attends for any period of time/for any part of the retreat is required to pay the full cost of \$250 for the weekend. Attendance is limited and available on a first come/first served basis. You can reserve your place with a check payable to:

Silver Spring AA Mens Retreat. Please include your email address or phone number on your check or money order so we can confirm your payment and reservation. Send you check to:

Mens Meditation Retreat
8112 Flower Avenue
Takoma Park, MD 20912

You may also pay using **Venmo**, **Zelle**, or **PayPal**:

PayPal: sjmcgarr@gmail.com

Venmo: @mens-retreat

Zelle: Stephen McGarry 301 922 3557



65th ANNUAL A.A.
SESSIONS By - The - Sea

Tuesday thru Sunday
September 6-11, 2022

CONVENTION HALL - OCEAN CITY, MARYLAND

We are pleased to announce an outstanding program

TUESDAY EVENING

Amy M.
Aurora, CO
8:30 P.M.

FRIDAY EVENING

Mike A.
Nashville, TN
8:30 P.M.

WEDNESDAY EVENING

Mike P.
Omaha, NE
8:30 P.M.

SATURDAY MORNING (AFG)

Georgia Dee J.
Alexandria, VA
10:00 A.M.

THURSDAY EVENING

Kathy B.
Hillsville, VA
8:30 P.M.

SATURDAY EVENING

Judith R.
Bismarck, ND
8:00 P.M.

FRIDAY MORNING (AFG)

Diane A.
Nashville, TN
10:00 A.M.

SUNDAY MORNING

Mike B.
Hillsville, VA
10:00 A.M.

THERE WILL BE NO SMOKING IN THE CONVENTION HALL

~ Interpreter for the hearing impaired ~

**Good
Fellowship**

**Golf
Tournament**

**A. A.
Literature**

**Good
Speakers**

**Good
Beach**

**Fishing
Trip**

All registrations must be picked up at the Convention Center. You must be pre-registered, and the name badge must be worn visibly to attend any event at the Convention Center. When all seats have been taken, all requests for Registrations and Checks will be returned. There will be no other Registrations or Name badges available at Sessions.

SERENITY CUP GOLF TOURNAMENT

61st YEAR

When: Friday, September 9, 2022

Registration: by August 27, 2022

Where: Ocean City Golf Club
Newport Bay Course

Price: \$95.00 (includes 18 holes of golf, lunch and prizes)

On-site registration, if available, at the the Convention Center is \$95

Shotgun Start: 9:00 A.M. (Captains choice; best ball - rules provided before play starts)

Name _____ Amount Enclosed _____

Mailing Address _____

Team Members (when known) _____

Mail Golf Registration Only to: Serenity Cup Golf Tournament
PO Box 7756
Port St. Lucie, FL 34985-7756

65TH ANNUAL A.A.



OCEAN CITY MARYLAND
SEPTEMBER 6-11, 2022

It is with gratitude and pleasure we inform you that all preparations have been completed for our 65th Annual Sessions by-the-Sea to be held in Ocean City, Maryland on September 6th – September 11th, 2022 at the Roland E. Powell Convention Center.

We have A.A speaker meetings every night. Al-Anon meetings are held at 10am on Friday and Saturday. All meetings are held in the 2nd floor ballroom. Name badges and seats will be provided to those who are pre-registered only. Please wear the name badges on the frontal lapel area only.

Our seating capacity is 2,200 seats. When this number is reached we cannot issue any more registrations or seats and your request and check will be mailed back to you. If your request is accepted it will serve as your receipt of registration and we will have it on file at "Sessions". **There will be no walk-up registrations available.**

Seats will be provided for everyone on a first come-first serve basis except for the reserved seats deemed necessary for those who are in need of them. These seats will be determined and identified by "Sessions" ushers one hour prior to meeting start time. Please show respect to these reserved seats and also the people in need of them.

We will continue to ask for courtesy from everyone to prevent any distractions during our meetings. Please try to be seated and ready for the meeting prior to its start time.

Registrations and name badges must be picked up in our registration room at the convention center by the person listed on the registration request form only.

We hope to see you at Sessions in September!

Online Registration: www.sessionsbythesea.com

OR mail registration form with check payable to:
Sessions Registration
P.O. Box 23
Denton, MD 21629

Registration Pickup Hours of Operation

Tuesday	10:00am – 5:00pm
Wednesday	10:00am – 5:00pm
Thursday	10:00am – 2:00pm
Thursday	6:30pm – 8:30pm
Friday	10:00am – 2:00pm
Friday	6:30pm – 8:30pm
Saturday	10:00am – 2:00pm
Saturday	6:30pm – 8:00pm

On Tuesday and Wednesday nights, registration badges are not required to be worn to attend those meetings. For Thursday, Friday, and Saturday nights, badges are required and should be visibly worn.

SESSIONS 2022 REGISTRATION REQUEST FORM

Name Registered to (first and last) _____

Address _____

City & State _____ Zip _____

Registrations _____ X \$25.00 each = _____ Telephone _____

Check # _____ If your request is accepted it will serve as your receipt and we will have it on file at "Sessions"

Request for a reserved seat. If accepted it will appear on your name badge.

Hearing impaired and desires an interpreter _____ Other _____

Email _____

NO NEED TO MAIL IF REGISTRATION COMPLETED ONLINE

Area 13 WAGSA District Committee Meeting

Monday June 13, 2022

6:00 PM—9:00 PM

Questions? Email: chair@area13aa.org

or

visit www.area13aa.org

Check the Events Page on
WAIA's website for Holiday
Event updates:

<https://aa-dc.org/events>

WAIA Monthly Board of Directors Meeting

June 14, 2022—8:00 PM 2nd Tuesday of the month except August

Join Zoom Meeting:

[https://us02web.zoom.us/j/83460598434?
pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09](https://us02web.zoom.us/j/83460598434?pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09)

Meeting ID: 834 6059 8434

Passcode: 819862

One tap mobile

+13017158592,,83460598434# US (Washington DC)s

CHECK OUT OUR EVENTS CALENDAR

Events are updated
regularly!

If you would like to
submit an event, send an
email to events@aa-dc.org.
A pdf flyer may be attached

- | | | |
|---------------------------------|--------------------------------|--------------------------|
| 605 930 Club Online | 120 N.W. Metro | 238 Victory Lights |
| 50 Anacostia Group | 100 Navy Yard BB | 34 Village Idiots |
| 330 Andrews Armed Forces | 408 New Avenue | 360 We Are All Beginners |
| 400 As We Understood Him | 138 New Hope 123 | 52 West Side Women |
| 200 Aspen Hill 5th Chapter | 190 No Hard Terms | 344 Westmoreland Women |
| 17 Aspen Hill Phoenix—Mon | 256 Norbeck Women-Wedn | 75 What's Happening Now |
| 30 Aspen Hill Phoenix-Fri | 91 Oasis Women's BB | 156 Women's Grapevine |
| 793 Attitude & Action | 84 Olney Women | |
| 242 Beginners Are Winners | 208 On Awakening | |
| 1260 B.Y.O.L (103154) | 1938 P Street | |
| 520 Back to Basics (CB) | 360 Palisades Mon. Nite | 97 Birthday |
| 751 Burtonsville Big Book | 120 Petworth | 150 Faithful Fivers |
| 50 Campus Noon | 180 Pillars in the Park | 11975 Individuals |
| 66 Chinatown BB | 198 Poolesville Potluck | 250 Memorial |
| 48 Cigar Smokers | 90 Poolesville Beginnings | |
| 25 Clinton Day | 250 Potomac Men | |
| 100 College Park Group | 304 Progress Not Perfection | |
| 1079 Cosmopolitan | 125 Prospect group | |
| 120 Darne Good Big Book | 174 Quince Orchard | |
| 527 Darnestown Men | 170 Riderwood Bills | |
| 524 DCC 930 Club In-person | 120 Room with a View | |
| 748 Del Ray Club | 575 Rose Park Group | |
| 296 District 2 | 100 Rosedale Sobriety | |
| 171 Divine Intervention | 144 Sat. Afternoon 2PM/UP | |
| 540 Epiphanies | 240 Saturday Morn Steps | |
| 12 Ex-Libris | 120 Saturday Night Happy Hour | |
| 330 Eye Opener—Potomac | 163 Serious Business | |
| 250 Foggy Bottom | 588 Serenity Speakers | |
| 91 Georgetown Happy Hour | 675 Silver Spring Beginners BB | |
| 53 Glam Lot Women | 600 Silver Spring Group | |
| 60 High Sobriety | 180 Simplicity | |
| 30 Hope Group | 454 Six & Seventh Step | |
| 10 Hyattsville Hope | 350 Sober Sat. Matinee | |
| 67 Informed Group | 268 Sobriety Sisters | |
| 1200 Into Action | 436 Southern Sobriety | |
| 202 Kid Friendly Big Book | 3000 Spiritual Awakening | |
| 25 Leisure World Noon | 92 Spiritual Hilltop | |
| 25 Let Go Let God | 180 St. Bartholomew | |
| 72 Lit Hoppers | 300 St. Francis Group | |
| 98 Lit Womxn | 1200 Starting Over | |
| 470 Messengers | 140 Sunday in the Park | |
| 432 Mideast | 26 Sunday Men's Step | |
| 3000 Midtown | 118 Sun. Morn. Breakfast Out | |
| 60 Misery is Optional | 240 Sun. Morning Joy | |
| 120 Mo.Co. Women | 3510 Global Sunrise Sobriety | |
| 289 More Peace of Mind | 268 Sunshine, G'burg | |
| 283 Moving Into Solution, Women | 180 Takoma Park Necessity | |
| 240 N.E. Sunrise | 10 The Away Group | |
| | 149 Uptown | |

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<https://aa-dc.org/new-reporter>

To receive an email with the link each month, email **newreporter@aa-dc.org**



Have a story about your recovery in AA? Tell us your stories about how you're saying sober in these difficult times.

Why not share it with all of us? If you'd like to contribute to the *New Reporter*, please send in your material to:

newreporter@aa-dc.org



Day

Years

May 6	Tony E.	Serenity House	36
June 2	Ralph C.	DownTown Silver Spring	31
June 5	Charles M.	Capitol Heights	52
June 8	Gwen J.	NW Metro	30
June 11	Chuck S	Darnestown Men's	44
June 16	Paul A..	Forestville Primary Purpose	50
June 17	Jean C.	Sisters in Sobriety	1
June 25	Lynette D.	Saturday Morning Steps	25
June 27	Omar	180 Club	29

THINGS WE CANNOT CHANGE

The **NEW REPORTER** is a monthly publication of the W.A.I.A., Inc., 4530 Connecticut Avenue, N.W. Washington, D.C. 20008. Printed Subscriptions are \$15.00 per year and Digital Subscriptions are **FREE**. Articles and event information are encouraged from members of the Fellowship and its friends.

VOLUNTEER

Opinions expressed herein are not necessarily those of the Washington Area Intergroup Association or A.A. as a whole.

**Guess who it really
Helps?
Call 202-966-9783**

JUNE 2022