

Digital NEW REPORTER

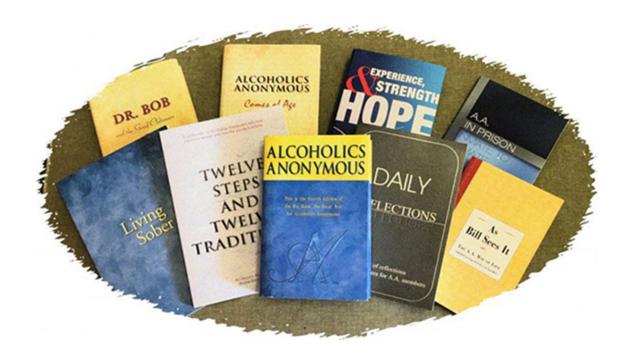
Alcoholics Anonymous, 4th Ed, p 77

WASHINGTON AREA INTERGROUP ASSOCIATION

VOLUME 59

NUMBER 8

AUGUST 2022



Reading carried one writer through the pandemic





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NUMBER 8

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WAIA August 2022 Announcements

Update from the Finance Committee:

The Washington Area Intergroup Association (WAIA) needs your support. Contributions this year are 44% below budget. Please help ensure that the office can continue to serve as AA's DC headquarters; answering calls 24/7, maintaining a current record of all meetings in the area, and providing other essential services to the still sick and suffering alcoholic. You can make a contribution directly on the WAIA website: https://aa-dc.org/give, or via Venmo to @WAIADC. Checks can be mailed to WAIA, 4530 Connecticut Ave, NW Ste 111, Washington DC 20008.

Please share this print out/script with all your groups! You can join us August for the annual working session of the budget if you would like to find out more: https://aa-dc.org/event/waia-board-meeting. All AA members are welcome to attend.

Calls for Service

Open Position: WAIA is still looking for a Volunteer to serve as the **Hispanic Liaison Representative**. Contact chair@aa-dc.org if you are interested.

Office Volunteers: The available open slots for answering phones in the office are Friday 10a-1p, Saturday 1p-4p, Saturday 4p-7p and Sunday 10a-1p (other slots open up frequently). Call 202-966-9783 and ask for Clo'via or Luella for more information or email <a href="https://example.com/https://example.

Nightwatch Volunteers: Volunteers needed for the Thursday 10pm-6am shift. Slots open up frequently and we are in need of substitute volunteers for all shifts. Every day of the week either 10pm-6am or 6am-10am.

Call to Group Treasurers in the WAIA Community!

We are interested in learning whether WAIA can offer more support and information to help groups manage their funds. Do you have questions or issues you'd like to raise about how to manage your AA group funds? And/or are you willing to share your experience when dealing with AA finances? Please let me know by responding directly to this email or email treasurer@aa-dc.org. Based on response and interest, we will start planning a workshop for the community.

Will R, WAIA Treasurer treasurer@aa-dc.org

Service Opportunity: WAIA Outreach Committee

The Outreach Committee seeks to connect the ideas and practices of the various local AA home groups and AA members to benefit the entire local AA community. This year we hope to increase participation of representatives of local groups in the work of the WAIA board. Goals for the coming year include: increasing the number of local AA meetings that have designated a WAIA Board member, increasing participation of group reps and alternates in the Board meetings, and increasing the circulation of the *Digital New Reporter*. If you would like to be part of the Outreach Committee, please contact Teresa R at tlkaiser3@aol.com.



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Reading is Fundamental...to My Sobriety

Literature has played a major role in A.A.'s growth." 1

How has the pandemic help me deepen my sobriety? I read. The pandemic gave me the time and inclination to follow my pursuits. When I went to my first A.A. meeting, I had a very slight knowledge of the program. I remember that as a youth my father, an alcoholic, had *Grapevine* journals scattered around the house. I paid little attention to these magazines. Even at an early age, I was too self-centered to empathize, be open-minded, or care for others. My father also subscribed to *Popular Mechanics* and *Jet*. I had no qualms about reading those magazines.

I got older and crossed that "invisible line" and was powerless against alcohol. My life became unmanageable. Through the Grace of God and the aid of A.A., I have been able to remain sober one day at a time. I also credit my sobriety to going to literature meetings. I familiarized myself with the Big Book, *Alcoholics Anonymous*, *The Twelve Steps and Twelve Traditions* and various Conference approved pamphlets and, honestly, I thought at times; "What an order! I can't go through with it."

Eventually, I have grown more; spiritually and emotionally. I became interested in A.A. history; important personalities in A.A. such as our founders, Mrs. Marty Mann, Joe and Charlie; and groundbreaking events in the A.A. movement. That is why I have chosen to strengthen my sobriety by reading literature outside of the Conference approved Grapevine literature. And the pandemic helped me pursue that passion. I started to do research in these topics. It wasn't easy but it worked to fortify my sobriety.

I bought these books, second hand, from bookstores on E-bay and Amazon. Below is a beginner's (me) list of books that might be of interest to you:³

Alcoholics Anonymous; A. A. World Service; Foreword to the Fourth Edition, p. xxiii

A. A. literature approved by the Annual General Conference, which meets every April.

Bill W. A Biography of Alcoholics Anonymous Cofounder Bill Wilson; Francis Hartigan; Thomas Dunne Books; 2000

Drunks-An American History; Christoher M. Finan; Beacon Press; 2017

Gleanings From Maryland's A. A. History...A Regional History of the Growth of Alcoholics Anonymous in Maryland; Bill R. and Bob R.; Self-published, 1995

Lois Remembers-Memoir of the co-founder of Al-Anon and wife of the co-founder of Alcoholics Anonymous; Al-Anon Family Group Headquarters, Inc.1979

Marty Mann's New Primer on Alcoholism; How People Drink, How to Recognize Alcoholics, and What to Do About Them

Marty Mann; Holt, Rinehart and Winston; 1981

Mrs. Marty-The First Lady of Alcoholics Anonymous; Sally Brown and David R. Brown; Hazelden, 2001 My Name Is Bill-Bill Wilson- His Life and the Creation of Alcoholics Anonymous; Susan Cheever; Washington Square

The Washington Group: Foundations 1936-1941; Charles E. Schamel; Washington Area Intergroup, Intergroup Archives Project; Revised 1995

Carlos D., Grapevine Meeting, 180 Club, Wednesdays @noon



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Step 8. Made a list of all persons we had harmed, and became willing the make amends to them all.

In some ways, it is easier to straighten things out with God than with other people. He fully understands everything; we can count on his forgiveness; we talk to him, as it were, in private. But it is not enough to be right with him; we must also be right with other people. How well do I remember that, from my first moment of fresh conviction. There was a letter I had to write to someone in the family, toward Whom I held a long-standing resentment. It was one of the first things I had to do after my decision.

You see, we want to get *clear*, to begin anew, to start life all over again. This step calls for *definiteness*, and it calls for *willingness*: "Made a list" and "became willing." How many strained and broken human relationships drag on through the years, unresolved, unhealed, unmended. Nobody will make the break and say the two great words of renewal, "I'm sorry." We are willing to tell God of our repentance and desire for new life; we are not willing to tell others. This can hold us back at the first, and it can trip us way down the line.

The laws governing human relations are as ironclad as those that uphold the stars. Individualize the persons whom we have wronged and those who have wronged us. Don't forget the wise adage that "It is harder to forgive those whom we have wronged us than those who have wronged us." Get willing to go to them in honesty and humility. It may be the hardest thing you ever did in your life but it will be one of the most rewarding. We shall need to do it in the beginning of our new life; we shall have to do it, perhaps often, in the after-stages of it.

The Rev. Samuel Shoemaker, January 1964, taken from the *Best of the Grapevine, Volume II*.



Breaking Down Step 8 in Alcoholics Anonymous

During active substance use, most of us managed to damage some of our most precious relationships. Admitting this, accepting our role, and writing down each of their names are steps we now take to bring us closer to healing not only those relationships but ourselves as well. When embarking on Step 8 it helps to begin with a master list, a list of all the people you have identified as having been adversely affected while you were active in your substance use. Once you have combed through your memory and have compiled the list, it helps to then break down the names into subgroups by prioritizing the order. These subgroups can be people you should immediately make amends to, those you should make amends to later, and those it might be wise to skip altogether.

Why would there be some names on the list that you should not make amends to? The A.A. program makes this clear. If coming forward to make amends to someone may cause them harm, you should pass.

But list-making is not the only element involved in Step 8. Without being willing to make amends to these folks, there is no way to proceed to Step 9, the point at which you will actually *make* amends. For this reason, Step 8 requires that you become willing to make the amends necessary to continue progressing in the program.

Taken from Ashley Treatment.org



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Made a list of all persons we had harmed, and became willing to make amends to them all

As I continue to live each twenty-four hours in the Fellowship of Alcoholics Anonymous and attempt to practice its principles in all my affairs, one Step seems to play an increasingly important role in my life and in my relationships with others. This quiet but potent Step is Step Eight: "Made a list of all persons we had harmed, and became willing to make amends to them all."



Many people, myself included, tend to lump Steps Eight and Nine together. By doing this, I never really achieved even a glimmer of the humility and love that Step Eight has to offer. Being a person of impatient actions, I was off and running on Step Nine with a simple list of names tightly grasped in my sweaty hand and a bad case of false humility to go along with it. Needless to say, I came home each evening with a battered sense of justice and my tail tucked underneath me.

As usual, I did not read all the words contained in the Step, and, just as I had done in Step One, I read only the first half before jumping to the next Step. The resulting self-induced pain has, however, taught me much about myself and the principles of this simple program. Going back to Step Eight, I read the words at last,

"...became willing to make amends to them all." As I began to absorb what was being said to me, and as I reviewed the first seven Steps leading up to this one, it suddenly became clear what the message was for me and what the hasty mistake of impatient interpretation had cost me in serenity. The word "identify" held the key to my success with this Step. To become willing means to become willing to identify myself with others. I had been using Step Eight not as preparation for Step Nine, which is the carrying out of that willing-ness, but as a hiding place for my own real fear of my own true shortcomings. The purpose of Step Eight for me is not to hide but to identify. In order not to identify, I either condemned or forgave as if I were some kind of standard for comparison. In this Step I receive the humility to "identify," to see myself in others and to share their burdens and difficulties by sharing myself. In this Step I truly join the human race. My identification becomes my freedom – freedom from fear and anger. When I can identify my own shortcomings in another, the battleground between us is removed.

I cannot make an amends when I am still condemning or forgiving myself or the one I am making amends to, because of the judgement that implies. I have always found condemnation to be a lonely road and have always found forgiveness to be a confusing and impossible task. When I forgive someone I guess what I really mean to say is that I admit I judge others. Forgiving and condemning are God's business, not mine. Only he has the mercy to judge and to accept at the same time. My job is to achieve enough humility to see myself in others and to accept both myself and others, by identifying. The willingness to make amends will grow from this act of love. When I become "willing to make amends to them all" I am saying to them, "your pain is my pain; when I hurt you, I hurt myself; I will try not to hurt you anymore."

When I have achieved this kind of willingness to identify, my Higher Power has always set up my amends and allowed both of us to grow from the love involved in such an act.

E.C., Bowling Green, KY

First appeared in the Grapevine, Oct. 1986, taken from Best of the Grapevine, Volume II



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They Kept Coming Back: # 3 Peter H, Bristol After leading a meeting in England, your intrepid editor was offered the work of John M., archivist, South East Region, UK. He offers a book that consists of interviews with 16 A.A. members in the UK who have reached 50 years of sobriety. The third interview was with Peter H., whose sobriety date is July14, 1961.

What follows are excerpts from his 20-page interview: I was born on 14th July 1928 and brought up in London, in Hammersmith. I had my first drink when I was about seven or eight. I don't think it was significant, but I suppose it was significant is you remember it. I remember the first time I got drunk. I would have been about seventeen or eighteen at the time and I was working for the National Cash Register Company, one of three jobs I had before doing my national service.

The convention at that time was that the kind of place young men would meet would be a dance hall or some such place, usually after work on a Friday night. You were just being sociable. I didn't really much like the taste of alcohol then but one night I had too much and I missed my station on the train and got off too early and I was so drunk I fell at the top of the escalator and my friend had to pick me up. That's my first memory of drink really affecting me but I never knew until many, many years later that drinking could affect your thinking.

I was called up to do my National Service and I was sent to Malta, a lovely place. In Malta there were all these cafés where you could have a coffee or a glass of wine, whatever you preferred. I had started to drink quite heavily by now and I had made friends with a Quarter Master Sergeant. I was a lance corporal and we got ourselves in a spot of trouble a with the army which necessitated me having to stay for a further six months at the end of my service.

When I was earning good money, I drank white rum and coca cola. Anyway, things started to go much worse and the jobs to get less prestigious and I, finally, finished up my last job working in a bakery pulling bread out of the ovens.

Editor's note: Things got worse for Peter, to the point that he received a referral letter for something called 'aversion therapy' from Bristol Mental Hospital. In some ways it's quite a sad little letter and in other ways there quite a few miracles attached to it. I remember this man who tried to carry out this treatment for many people and the failure rate was quite high. He met the man administering the therapy and they shook hands, where he said "I wish you the best of luck," and he handed me a pile of A.A. literature what we would now call a starter pack.

Editor's note: Peter was subjected treatment, which involved locking him in his room with as much liquor as he wanted and then being given an injection which made him sick. Says Peter: "After about 12 hours of this I thought I don't want to do this anymore." Then he describes his first meeting:

I actually went to the meeting on this Tuesday night. As far as I can remember there was one woman but the rest were middle aged, prosperous looking gents. They said 'Nice to see you. Please state your Christian name, not your surname.' The meeting started as all meetings start 'Welcome to this meeting of A.A. Can we have a moment's silence to remember why we are here?' This was all strange to me. Then there was a moment's silence. The chairman was Jim W., the man I spoke to on the phone, and he asked if there were any strangers in the room and he said, "My name is Jim. I'm an alcoholic" and he gave, what I now know is what's called a share, and I thought, "Ah ha, this is going to be recorded."

After a few weeks I was still struggling so Joe took me aside and said, 'Look. You may not be an alcoholic but just try not to drink for three months.' I tried that and I failed on a daily basis so I went back to him and he said, 'It's not easy, is it?' He suggested that when I get home, I tell myself that I'm not going to drink until 9 o'clock tonight. And in the morning, tell yourself you are not going to drink until 9:00 tonight.

I went home and that was the first night I'd gone without a drink for a while and I suffered mid-morning and midnight DT's., not of a severe kind but enough to be quite frightening and the following morning I had withdrawal symptoms. I guess they started to set in as this was the first break of non-drinking I'd had in quite a long time. That night gave me my first real insight into my problem.



MAKES ME LAUGH

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So Daffy Duck and Elmer Fudd break into a distillery. **Daffy turns to Elmer** and says: "Is this Whiskey?"

Elmer says: "Yeth but not as whiskey as wobbing a bank!!" 😉





You know you're a bad driver when Siri says: "In 400 feet, stop and let me out."

I once knew a person who was addicted to the Hokey Pokey . . . but they turned themselves around







MAKES ME LAUGH

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Alcoholics Anonymous® www.aa.org

General Service Office of Alcoholics Anonymous

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Please direct all communications to:

P.O. Box 459 Grand Central Station New York, NY 10163 Fax: (212) 870-3003

2025 International Convention, Alcoholics Anonymous

Frequently Asked Questions About the 2025 International Convention & Travel to Canada *Updated July 12, 2022*

1. When and where will the 2025 International Convention take place?

The 90th anniversary of Alcoholics Anonymous will be celebrated at the 2025 International Convention in Vancouver, BC, Canada, July 3 – 6, 2025.

2. What is the theme of the 2025 International Convention?

The theme of the 2025 International Convention is "90 Years – Language of the Heart."

3. Have A.A. International Conventions been held in Canada before?

Yes. There have been International Conventions in Toronto (1965), Montreal (1985), and Toronto (2005). As you may know, the Responsibility Statement was adopted at the 1965 International Convention in Toronto.

4. Are there any restrictions or regulations affecting travel to Canada in 2025?

Yes. The U.S. and Canada each have restrictions and regulations that apply to citizens and visitors who travel from one country to the other. Border crossing into Canada has significantly changed, particularly in the last two years. (For more information: access links to Canada Border Services Agency website (CBSA) provided below question #6)

5. Who will have to process forms and applications to gain admission to Canada?

It is suggested that those who believe they have some past legal incident, such as a DUI or felony that could inhibit their attendance at the 2025 International Convention, seek assistance/information by accessing the CBSA links provided below question #6.

6. What Canadian travel information is currently available?

The International Convention assignment at G.S.O. is not yet up-and-running. However, below is a resource to aid members in making plans to attend the 2025 International Convention (most questions can be answered by connecting to the links below). Also, a good travel book on Canada will provide valuable information on needed documents and border crossing requirements, as well as vacation tips.

Information for those who may have entry issues due to past criminal history:

https://www.canada.ca/en/immigration-refugees-citizenship/services/immigrate-canada/inadmissibility/overcome-criminal-convictions.html

https://www.canada.ca/en/immigration-refugees-citizenship/corporate/contact-ircc/offices/international-visa-offices.html

For general information members may also access https://www.cbsa-asfc.gc.ca/menu-eng.html or contact the Border Information Service (BIS) at CBSA by calling:

Within Canada

Toll-free

1-800-461-9999

TTY (for those with hearing or speech impairments)

1-866-335-3237

Outside Canada

Long distance charges apply

1-204-983-3500

1-506-636-5064

Press "0" to speak to an officer during regular business hours – Monday to Friday 8 a.m. to 4 p.m. (local time) excluding holidays.

7. When will registration and hotel information be available?

General registration and housing information will be available on the International Convention webpage in early 2024. Actual registration site links, forms, and hotel booking links will be communicated to the Fellowship in August/September 2024.

8. If travel to Canada is difficult for some U.S. members, why are we holding an International Convention in Vancouver?

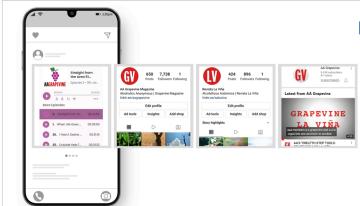
The Fellowship of the United States and Canada makes up the General Service Structure of Alcoholics Anonymous in North America, and functions as one entity in spirit and in service to the Fellowship. As this event rotates through the regions of A.A., there will be times when it takes place in the U.S., and other times when it is held in Canada.

Laws and other circumstances may impede some members from traveling from one country to the other. For instance, some Canadians could not attend the 2000 International Convention in Minneapolis because of the difference in value of the Canadian dollar and U.S. dollar. Rotation of International Conventions provides accessibility for all members. The Metro Vancouver Convention & Visitors Bureau has assured A.A. that Canada will do whatever is possible to welcome and cooperate with members for the 2025 International Convention in Vancouver.

GRAPEVINE News



What's New For August 2022



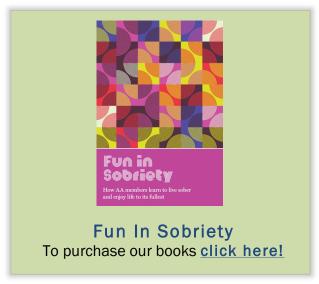
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@alcoholicosanonimos_lv

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What's New in Print and Online



Grapevine

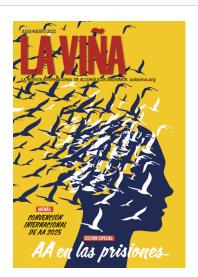
Current Issue Spotlight:

This month's featured section is **"Sober Travel."** AA members share stories of staying sober while on the road or in the air.

Submit Your Story for Upcoming Issues:

- **1.** Making Amends Did you have an interesting Ninth Step experience to share? How did it go? Were there any surprises? Share your experience. (stories due Aug 15, 2022)
- 2. Service Keeps Us Sober What's your favorite kind of AA service? How has service helped you? Have you done service beyond the group? Your story might inspire other AAs to do service too! (stories due Sept 15, 2022)
- **3.** Upcoming topics: What I Love about our Twelve & Twelve (70th Anniversary of the book); Mid-Sobriety Challenges; AA in the Military

Important: We're looking for stories of experience with each Step and each Tradition! (Pick a particular Step or Tradition and write about your experience!)



La Viña

Current Issue Spotlight:

This month's featured section is "AA in prisons" issue.

Submit Your Story for Upcoming Issues:

- 1. No Matter What
- 2. La Viña Short Stories
- 3. Prayer and Meditation

<u>Important</u>: We are always looking for stories on individual steps and traditions!

Visit La Viña online store, click here!



AAGrapevine.org

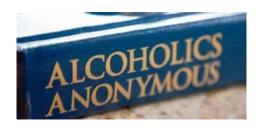
Make your plans and add your events to our online calendar at www.aagrapevine.org/share.

Grapevine is always looking for stories, photographs, and illustrations. Please visit www.aagrapevine.org/share to learn more about how you can submit to Grapevine.

To listen to La Viña audio story (in Spanish), visit: www.aalavina.org.

SATURDAY, AUG. 13, 2022 TIME: 2:00 – 4:00PM

TOPIC: CHAPTER 4 – "WE AGNOSTICS" IN THE A.A. BIG BOOK



SPECIAL PRESENTATION

The presentation will be concentrating on the message on page 45.

"We could wish to be moral, we could wish to be philosophically comforted, in fact, we could will these things with all our might, but the NEEDED POWER wasn't there. Our HUMAN RESOURCES, as marshalled by the will, were not sufficient; they failed utterly. LACK OF POWER, that was our dilemma. We had to find a power by which we could live, and it had to be a Power greater than ourselves."

In-Person Only

Please Bring your A.A. Big Book

PRESENTATION BY:

JAVIER R.
SILVER SPRING, MD
Crossroads of Recovery,
Laurel, Md

Invite an alcoholic and Keep Coming Back!

LOCATION:
SERENITY CLUB, INC.
8121-B RICHMOND HWY
ALEXANDRIA, VA 22309

For more information contact:

JERETHA G. Cell: 571.699.7424



CALENDAR DIGITAL REPORTER

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Area 13 WAGSA **District Committee Meeting**

August 8, 2021

6:00 pm - Orientation for new GSRs and DCMs (OPTIONAL)

7:00 pm - Area Meeting Begins

For more information, please visit: area13aa.org or email: chair@area13aa.org

Check the Events Page on WAIA"s website for Holiday Event updates:

https://aa-dc.org/events

WAIA

Finance Committee Budget Meeting

August 9, 2022—7:00 PM - Annual Budget Meeting (No regular Board Meeting tonight)

The WAIA Finance committee will present the draft 2023 WAIA Budget. Corporate and Service committee chairpersons can request adjustments to the budget during this session. The budget will be presented to the board for review in September or October and be approved no later than the November 2022 Board Meeting, per WAIA's by laws. All AA members are welcome to attend.

Join Zoom Meeting:

https://us02web.zoom.us/j/83460598434? pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09

Meeting ID: 834 6059 8434

Passcode: 819862

One tap mobile13017158592,,83460598434#

CHECK OUT OUR EVENTS CALENDAR

Events are updated regularly!

If you would like to submit an event, send an email to events@aa-dc.org. A pdf flyer may be attached



• CONTRIBUTIONS •

January 01, 2022— July 21, 2022

/ASHIN	GTON AREA INTERGROUP ASS	OCIATION	VOLUME 59 •	NUMBE	R 8 • AUGUST 2022
864	930 Club Online		Messengers	350	Sober Sat. Matinee
100	Anacostia Group	689	Mideast		Sobriety Sisters
330	Andrews Armed Forces		Midtown	436	Southern Sobriety
678	As Bill Sees It NW	100	Mircles		Spiritual Awakening
400	As We Understood Him	60	Misery is Optional		Spiritual Hilltop
400	Aspen Hill 5th Chapter		Mo.Co. Women		St. Bartholomew
17	Aspen Hill Phoenix—Mon	289	More Peace of Mind		St. Francis Group
30	Aspen Hill Phoenix-Fri	283	Moving Into Solution, Women		Starting Over
793	Attitude & Action	240	N.E. Sunrise		Sunday in the Park
249	Beginners Are Winners	120	N.W. Metro		Sunday Men's Step
1260	B.Y.O.L (103154)	100	Navy Yard BB		Sun. Morn. Breakfast Out
520	Back to Basics (CB)	408	New Avenue		Sun. Morning Joy
1083	Burtonsville Big Book	63	New Beginners SW		Sunrise Sobriety Zoom
50	Campus Noon	158	New Hope 123		Sunshine, G'burg
938	Capitol Hill Group	290	No Hard Terms		Takoma Park Necessity
87	Capital Hill Remainders	256	Norbeck Women-Wedn		The Away Group
66	Chinatown BB	175	Oasis Women's BB		There Is A Solution
67	Cigar Smokers	84	Olney Women		Uptown
50	Clinton Day	292	On Awakening		Victory Lights
160	Coffee & Donuts	2975	P Street		Village Idiots
100	College Park Group	360	Palisades Mon. Nite		We Are All Beginners
1079	Cosmopolitan	120	Petworth		West Side Women
50	Daily Reflections UP	180	Pillars in the Park		Westmoreland Women
120	Darne Good Big Book	198	Poolesville Potluck		What's Happening Now
869	Darnestown Men	90	Poolesville Beginnings	156	Women's Grapevine
524	DCC 930 Club	261	Potomac EyeOpener		
748	Del Ray Club	250	Potomac Men BB		
296	District 2	925	Potomac Oaks		
171	Divine Intervention	304	Progress Not Perfection	100	Ptalle along
780	Epiphanies	125	Prospect group Quince Orchard		Birthday
12	Ex-Libris	240		210	
330	Eye Opener-Potomac	345	Read & Speak Riderwood Bills		Individuals
	Fireside Spirituality	170 267		250	Memorial
	Foggy Bottom		R'ville Steps & Traditions Room with a View		
	Georgetown Happy Hour		Rose Park Group		
	Glam Lot Women	100	Rosedale Sobriety		
	Grace Rd Big Book	144	Sat. Afternoon 2PM/UP		
	High Sobriety	240	Saturday Morn Steps		
	Hope Group	300	Sat. Night Happy Hour		
	Hyattsville Hope	480	Sat. Night Special		
	Informed Group	120	Serenity House		
	Into Action	588	Serenity Speakers		
	Kid Friendly Big Book	163	Serious Business		
	Language of the Heart	675	Silver Spring Beginners BB		
	Leisure World Noon	600	Silver Spring Group		
	Let Go Let God	180	Simplicity		
	Lit Hoppers	454	Six & Seventh Ste		
99	Lit Womxn		Soapstone		

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WASHINGTON AREA INTERGROUP ASSOCIATION

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July	Harold B	Pit Stop	32
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THINGS WE CANNOT CHANGE

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