

WAIA October 2022 Announcements

Update from the Finance Committee: Please share [this print out/script](#) with all your groups!

The Washington Area Intergroup Association (WAIA) needs our support. Revenue so far this year is \$7K less than expenses. Please help ensure that the office can continue to serve as AA's DC headquarters; answering calls 24/7, maintaining a current record of all meetings in the area, and providing other essential services to the still sick and suffering alcoholic. You can make a contribution directly on the WAIA website aa-dc.org, or via Venmo @WAIADC. Checks can be mailed to WAIA, 4530 Connecticut Ave, NW Ste 111, Washington DC 20008.

The [2023 Budget](#) is being discussed at the October board meeting.

Calls for Service

Open Position: WAIA is still looking for a Volunteer to serve as the **Hispanic Liaison Representative**. Contact chair@aa-dc.org if you are interested.

Office Volunteers: The available open slots for answering phones in the office are Wednesday 1p-4p, Thursday 1p-4p, Saturday 1p-4p, Saturday 4p-7p and Sunday 10a-1p (other slots open up frequently). Call 202-966-9783 and ask for Clo'via or Luella for more information or email help@aa-dc.org

Nightwatch Volunteers: Help WAIA answer the phones after hours! Slots open up frequently and we are in need of substitute volunteers for all shifts. Every day of the week either 10pm-6am or 6am-10am.

H&I (Hospitals and Institutions): We have several requests for groups to bring meetings in.

- Shady Grove Adventist Hospital in Montgomery County would like 2 weekly meetings, 1 weekday evening and 1 weekend day meeting, they are flexible on the specific day and time as long as it is consistent.
- Avery Road in Montgomery County needs 2 women on a rotating 4 weekly basis on Friday evenings.
- The Dorm - a young person's meeting that needs a chair to be brought in weekly on Monday's at 7PM
- Please contact Eryn at HNI@aa-dc.org or 301-651-4942 if you are interested or have any questions

Highlights from the 2022 Technology Committee Activities

This year the Tech committee has been working with Outreach to improve WAIA's communication with groups in the region. We worked with the office staff to bring all groups reps onto a shared distribution list. We have been working with the Meeting Guide app to be sure all meetings are searchable by in-person, hybrid and online status. Please let us know if there is anything that would be more helpful on the website with meetings, contributions or information – or better yet, join our next Technology Committee meeting on October 3rd at 6pm with your ideas!

<https://us02web.zoom.us/j/86782798679?pwd=YTU5bjlTMHJwemZobWR5b0l4RVJMQT09>

They Kept Coming Back: # 5 Ian Mac Grangemouth & Jersey

After leading a meeting in England, your intrepid editor was offered the work of John M., archivist, South East Region, UK. He offers a book that consists of interviews with 16 A.A. members in the UK who have reached 50 years of sobriety. The fourth interview was with Ian Mac, whose sobriety date is June 17, 1963.

What follows are excerpts from his 13-page interview: I left school in 1946 and I started working in 1947. I was fourteen years old. There was no money. No money for anything and there was very little drink around at that time, just after the War. You had to be 'in the know' to get whisky, and I was tiny so I could never get served in any bars although my mates could get in. I remember getting drunk when I was fourteen. The first year after the War, the lights were all back on – the street gaslights – I remember that but I can't remember getting drunk again for a while after that first time. I went into the army to do my National Service. The same thing again – shortage of money. I think that kept me sober then.

*Then, in 1956, I went down to Jersey with a boy from Falkirk who asked me, "Do you fancy a job down in Jersey?" and I said, "O.K." I never even thought about it and we went down there with nothing. We hitch-hiked down to Southampton, got on boat and, when we landed in Jersey, we had three quid between us. I got a job in a hotel and I was fine down there and I was getting regular wages. I always went down to Jersey but when I went down to Jersey, I was getting drunk five times a week because, at that time, you could get drunk for a pound. A large Gin Tonic was two and six pence. I couldn't afford that in Scotland. When I came back to Scotland I was drinking in the morning by then. **This one morning I had this bad hangover and my boss looked at me and said to me, "Oh, I've got a cure for you." And he handed me a bottle of beer. 'The hair of the dog'. I had never done that before. So that's what happened after that. Whenever I had a hangover, I took a drink. If I had the money!***

I would always be moving about and I couldn't see what was wrong. I was still in my twenties at this time and this went on until I was thirty ... I kept getting into this position where I would get drunk and spoil a relationship. Spoil everything and I would be left with nothing. But I always had this pride. I couldn't be a beggar. I would rather go without. I used to go around starving.

*I was working in one of the wood yards in Grangemouth, stacking wood from the boats and one day I got off because of rain and I went to the pub and I got drunk. I left and got a bottle of port. They were knocking down old houses so I went into one of them and drank the whole bottle. At five o'clock, I got on a bus. When I got off the bus, there was a girl called Mary standing there who lived locally and she had to take me to my mother's house as I could hardly walk. She just said to my mother "Here he is" and left. I fell asleep and woke up about eight o'clock. It was June and the sun was still shining. I went back to the pub and on the way, I saw Bessie, my ex, and she looked at me with complete disgust. I went into the pub – only going for a couple of pints of beer – but I couldn't keep them down. **So I came out of the pub and walked up the road and, I don't know how it happened, because Alcoholics Anonymous was something that was never mentioned, but I went into this telephone box and for the life of me I don't know, I still don't know why I went into that telephone box and rang up.** I asked the telephone operator to put me through to A.A.*

The number I received was for Jack L. "How are you?" he asked, and I said, "Oh, I'm fine, I'm alright," instead of telling him I was a mess. He said, "Are you in trouble?" and I said, "Well, I'm drinking too much." He said, Well here's my number. Keep the number and ring me." I was on my way to work next morning and I had to stop. I couldn't walk any further and I started crying. I went home to my mother's and said, "I cannae do it." I said to my mother, "I've got in touch with A.A." and she said, "Oh, No. You're not as bad as all that!"

*After getting sober a short time, **"I was down in Earl's Court in London and I ran across a drinking pal and I went into a pub with him and he asked me what I was drinking and I said I would have a Coca Cola and he said, "Come on, what are you drinking?" and I said was going to A.A. and he roared out "Alcoholics Anonymous!!!" and the whole pub heard it. I thought, "Oh God, what have I done?" because of that I never told anybody.***

One of the things that kept me going through the years was a wee card, it was only two pages and it was called 'The Danger Signals'. Then there was the wee Red Book. I didn't have a Big Book of my own. . . .

When I wake up every morning, I never fail to thank my Higher Power for the wonderful gift He and A.A. has given me.

Step 10: “Continue to take personal inventory, and when you are wrong, admit to it.”

In this blog post, we will focus attention on understanding Step 10 in A.A. This step can be seen as a kind of maintenance step, where you continually work to reinforce what you have achieved in prior steps.

Step 8 asked us to create an actual list of the people we had caused injury to while in our substance use; Step 9 takes that to the next level by having us actively make amends for them.

Now with Step 10, we are reminded to continue reviewing our actions, thoughts, and behaviors to identify when we fall short, and to immediately admit it. Step 10 provides us an opportunity to keep watch over ourselves, allowing us to quickly nip any backsliding in the bud.

Working Step 10 in Alcoholics Anonymous

Step 10 is a call to *action*. It isn't enough to simply be aware that we have wronged someone along our recovery journey. Instead, Step 10 asks us to not only recognize the misstep, but to take it to heart. To do so, we not only admit that we made a mistake in our actions or behaviors, but that we also strive to do better.

As we have learned in the earlier steps, the A.A. 12 Step Program is about growing in humility. Being willing to humbly admit when we are wrong is a brand new skillset for many of us in recovery. From a place of humility, we are able to take the next action, which is to apologize and correct the misstep. No one is expected to be perfect! Step 10 just allows us to “clean house” on a regular basis so the “clutter” doesn't collect and begin to bog us down again.

Working Step 10 can be compared to getting in shape. You can't build muscle without making the effort to work out regularly. In recovery, we can't achieve the hoped for spiritual awakening without practicing humility and taking inventory regularly.

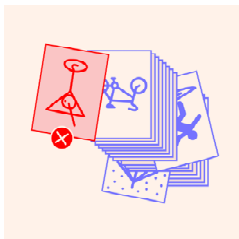
Working Step 10 can be simplified by implementing a daily practice of reviewing the day. This can be accomplished through meditation, prayer, or journaling. By noting the things we should have handled differently, we then actively repair any damage done.

Repair, Restore, and Rebuild your Life through the 12 Step Program

The Alcoholics Anonymous 12 Step Program is a progression of actions that involve making promises and commitments. Each step progresses along a continuum, with one building upon the other.

Success in recovery is dependent on a willingness to be honest, transparent, and humble. This is actually harder than it sounds. Our prideful egos present a stubborn barrier that we must push through if we are going to keep the promises we made along the way.

During the course of our journey, we are blessed with the opportunity to repair, restore, and rebuild our lives in recovery. We work on achieving a healthier lifestyle in sobriety by participating in this ongoing transformation. The 12 Step Program isn't magical! It involves hard work and resolve to progress through these sometimes very painful steps. But the payoff is invaluable.



No Drink Dating? What a concept!

Rachel Wolfe of the Wall Street Journal reports “More people in the dating game are starting their search with alcohol off the table.”

Instead, those daters say they prefer to meet potential partners for coffee, a favorite hobby or a stroll. The pandemic upped daters’ desire for genuine connection, and drinking gets in the way of that connection, some say—in addition to being expensive and less healthy than other activities.

More than a third of people on the dating app Hinge say they are more open to going on a sober date now versus a year ago, according to a June survey. The preference is particularly pronounced among younger users, with 31% of 18- to 24-year-olds on the app saying they don’t consume drinks on an average date.

On Tinder, mentions of ‘sober’ increased 26% from 2020 to 2021 in member bios. It’s already up an additional 22% this year, according to the company. Mentions of the word ‘beach’ (10%) and ‘picnic’ (23%) are also up from the beginning of the year, suggesting that people are meeting up for more than just drinks, Tinder spokesman Sheldon Bachman says.

Sober dating is part of the larger sober-curious movement, in which people who wouldn’t necessarily label themselves alcoholics are trying the curb or eliminate drinking for health or other reasons.

Sharing an experience, rather than a bottle, allows daters to show more vulnerability, she says, and provides insight into the type of partners they would be.

“You’re seeing them doing something that either they’re doing for the first time and that takes a lot of courage, or they’re showcasing something they love to do,” she says.

Michelle Wax, a Boston dating coach who provides relationship counseling for an \$899 to \$1600 monthly fee, says she has long urged clients to limit alcohol intake on dates. “You can really fool yourself into thinking a date was fun when you really you were just drunk,” she says.

Another perk: Going on a hike or a bike ride is cheaper than dinner and drinks, especially at a time of surging inflation.

Jacob Chapa, a 27-year-old medical device sales representative, points to cost-consciousness as one of the many reasons he’s been opting for alcohol-free dates. “I can go to a restaurant and spend \$100 easily, versus if we get out in nature, you’re getting a workout and you’re not spending money,” he says.

Mr. Chapa, who lives in Austin, Texas, has been on a log of coffee and hiking first dates but has also gone on dates to church and to his jujitsu gym. Both play a big role in his day-to-day life.

“I want to see how she responds to something new and different instead of just going out and getting drunk,” says. “Is she adventurous? Is she social? Is she willing to get out of her comfort zone?”

<https://www.wsj.com/articles/dating-sober-alcohol-increasing-gen-z-11658252900>

Tradition Ten – An Essay by Bill W. September 1948September 1948

To most of us, Alcoholics Anonymous has become as solid as the Rock of Gibraltar. We like to believe that it will soon be as well-known and just as enduring as that historic landmark. We enjoy this pleasant conviction because nothing has yet occurred to disturb it; we reason that we must hang together or die. Hence we take for granted our continued unity as a movement.

But should we? Though God has bestowed upon us great favors, and though we are bound by stronger ties of love and necessity than most societies, it is prudent to suppose that automatically these great gifts and attributes shall be ours forever? If we are worthy, we shall probably continue to enjoy them. So the real question is, how shall we always be worth of our present blessings?

Seen from this point of view, our AA Traditions are those attitudes and practices by which we may deserve, as a movement, a long life and a useful one. To this end, none could be more vital than our Tenth Tradition, for it deals with the subject of controversy – serious controversy.

On the other side of the world, millions have died even recently in religious dissension. Other millions have died in political controversy. The end is not yet. Nearly everybody in the world has turned reformer. Each group, society, and nation is saying to the other, “You must do as we say, or else.” Political controversy and reform by compulsion have reached an all-time high. And eternal, seemingly, are the flames of religious dissension.

Being like other men and women, how can we expect to remain forever immune from these perils? Probably we shall not. At length, we must meet them all. We cannot flee from them, nor ought we try. If these challenges do come, we shall, I am sure, go out to meet them gladly and unafraid. That will be the acid test of our worth.

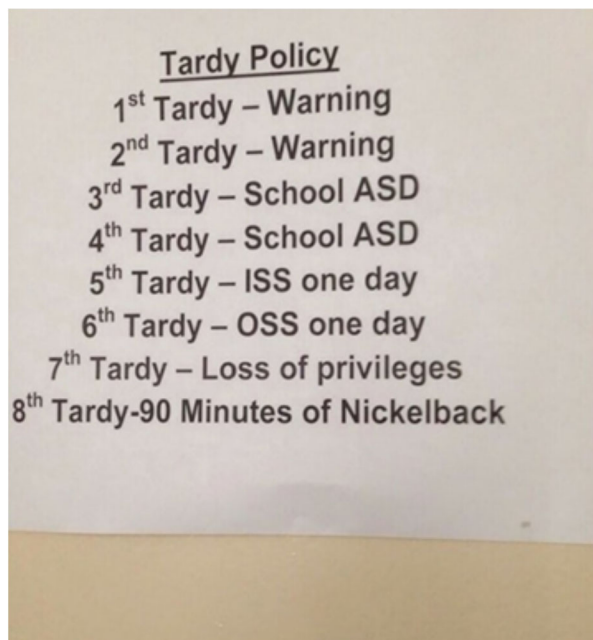
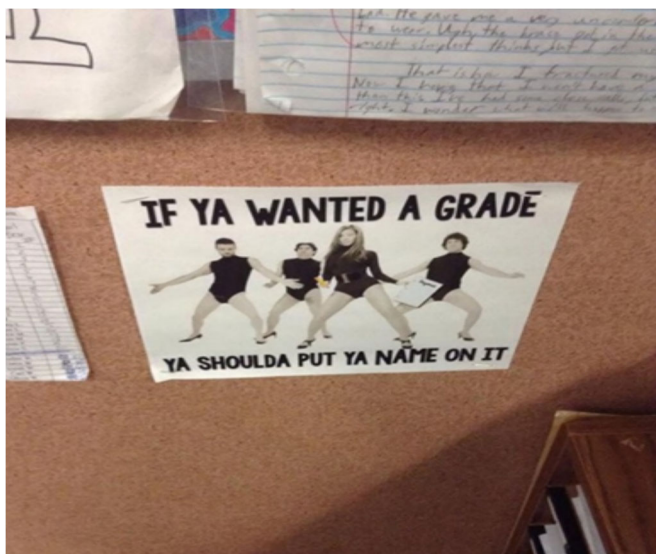
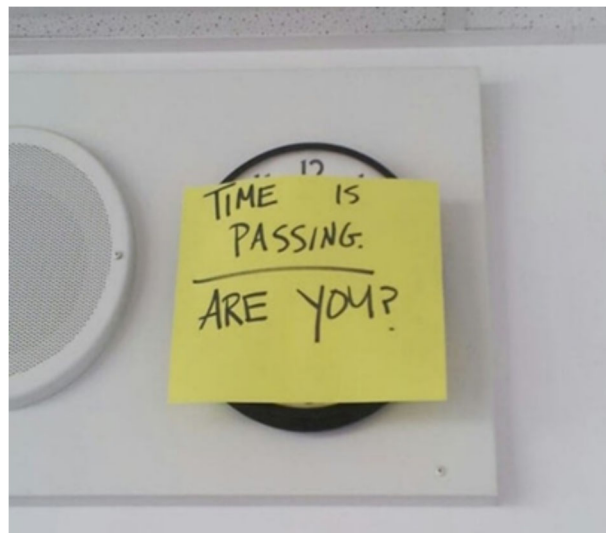
Our best defense? This surely lies in the formation of a Tradition respecting serious controversy so powerful that neither the weakness of persons nor the strain and strife of our troubled times can harm Alcoholics Anonymous. We know that AA must continue to live, or else many of us and many of our fellow alcoholics throughout the world will surely resume the hopeless journey to oblivion. That must never be.

As though by some deep and compelling instinct, we have thus far avoided serious controversies. Save minor and healthy growing pains, we are at peace among ourselves. And because we have thus far adhered to our sole aim, the whole world regards us favorably.

May God grant us the wisdom and fortitude ever to sustain an unbreakable unity.

Wilson, William. *The Language of the Heart*. New York: AA Grapevine, Inc., 1988. Print. Reprinted.

It Makes Me Laugh: Funny Teacher Messages to Students:



Back To Basics

The Alcoholics Anonymous Beginners' Meetings

"Here are the steps we took . . ."
**in Four One-Hour
Sessions**

**10 AM Saturday October
8th, 15th, 22nd, 29th**

Laurel Recovery

368 Main Street Laurel MD 20707

laurelrecovery.org

WAIA 4th ANNUAL SPONSORSHIP CONFERENCE

AA Sponsorship Conference 2022



Saturday, October 15, 2022

9 am to 5 pm

No Registration Is Required

B-CC High School Auditorium

4301 East-West Hwy. Bethesda, MD 20814

Costs for the conference will be covered by WAIA—the Washington Area Intergroup Association.



Happy Destiny Retreat Presents the 15th Annual

Fall Bonfire

Saturday, October 15, 2022

Rain Date October 22, 2021, Check Website to confirm.

**Suggested Donation is
\$10 per Adult**

- Live music
- Cake walk
- 50/50 raffle
- Fun for the whole family
- Coffee, tea, and water provided

**4:00 pm – Dinner, Music,
Fellowship & Festivities**

7:00 pm – AA Meeting

For More Info or Service Opportunities:

Email: happydestinyretreat@gmail.com

Call or Text: Karuna K. 404-353-5005

Website: happydestinyretreat.org

*We will follow Howard County Health Department protocols.

WHAT TO BRING

- A Potluck Dish to Share
Last Name Starts With:
A-K Main Dish
L-S Side Dish or Salad
T-Z Dessert
- Chair/Blanket/Flashlight
- Warm Clothes/Jacket for After Dark
- A Newcomer
- Mask (Optional)*

NO PETS PERMITTED

**Located at Greenbank Farm
7158 Brooks Rd, Highland, MD**

From the Montgomery County area, head EAST on 108 toward Howard County. After you cross the Patuxent River into Howard County go about a mile. Take a LEFT onto BROOKS RD, then turn into the FIRST DRIVEWAY on the LEFT.



24th Women's Weekend

OCTOBER 21-23 2022

CAMP WABANNA

101 LIKES ROAD, EDGEWATER, MD 21037



Share a weekend of fellowship, 12 step study
and a sense of belonging

Cost for the weekend is \$175 for Lodge accommodations or \$150 for Dorm accommodations.
Deposit of \$50 due at time of registration to reserve your spot. Lodge spaces are first come
first serve. All meals, excluding Friday, are included in the cost for the weekend.

Balances are due in full by September 18, 2022.

Register by scanning QR Code below.

Scholarships are available. Please contact Rachel W. for registration information

Venmo, Cash and Checks accepted. Please make checks payable to Women's Weekend.

Contact Gen Z. for questions regarding payment at email below.



RACHEL W. (301) 801-4292 📞

@WWTREASURY 📧

WWTREASURY@GMAIL.COM 📧

RM ROCKVILLE METRO CLUB PRESENTS

Halloween Party



Sat October 29th 2022

6:00pm - 8:00pm

MUSIC FOOD
FUN & FELLOWSHIP
COSTUMES ENCOURAGED

\$5 non-members

\$4 members

50/50 Raffle

301-881-0400

RMCinc.help@gmail.com

RockvilleMetroClub.org



Rockville Metro Club
12319 Washington Ave
Rockville MD 20852





HALLOWEEN FESTIVITY



Veirs Mill AA Group
Sat Oct 29th 2022
6:00pm - Midnight



Calvary Lutheran
9545 Georgia Ave
Silver Spring MD



DJ MASTER JAMES

Costume Contest, Games

Dance Contest, TV Raffle

50/50 & More

Meeting: 6:00 - 7:30pm

Dinner: 7:30

Dance: 8:00 - Midnight

ALL ARE WELCOME - \$6 DONATION



FOR MORE INFORMATION CALL
HOTROD 202-674-0300

Tradition 5 Demands Each Group Has But One Primary Purpose
To Carry Its Message To The Alcoholic Who Still Suffers



POTLUCK PICNIC

SUNDAY

OCT 30th 2022

1:00-4:00^{pm}

BRING FAMILY, NEWCOMERS
AND FRIENDS IN RECOVERY!

7 DAIRYFIELD CT
ROCKVILLE 20852

(near 270 off Montrose)

BRING A DISH

Area 13 WAGSA District Committee Meeting

October 10, 2022

6:00 pm - Orientation for new GSRs and DCMs (OPTIONAL)

7:00 pm - Area Meeting Begins

For more information, please visit: area13aa.org or email:
chair@area13aa.org

Check the Events Page on
WAIA's website for Holiday
Event updates:

<https://aa-dc.org/events>

WAIA Monthly Board of Directors Meeting

October 11, 2022—8:00 PM 2nd Tuesday of the month except August

Join Zoom Meeting:

[https://us02web.zoom.us/j/83460598434?](https://us02web.zoom.us/j/83460598434?pwd=VVBEEK2FNSZcxS3VXZDFVOXhMa1oxZz09)

[pwd=VVBEEK2FNSZcxS3VXZDFVOXhMa1oxZz09](https://us02web.zoom.us/j/83460598434?pwd=VVBEEK2FNSZcxS3VXZDFVOXhMa1oxZz09)

Meeting ID: 834 6059 8434

Passcode: 819862

One tap mobile

+13017158592,,83460598434# US (Washington DC)s

CHECK OUT OUR EVENTS CALENDAR

Events are updated
regularly!

If you would like to
submit an event, send an
email to events@aa-dc.org.
A pdf flyer may be attached

| | | | | | |
|------|------------------------------|------|-----------------------------|------|----------------------------|
| 120 | 14 Promises | 30 | Hope Group | 304 | Progress Not Perfection |
| 132 | 12 Point Buck | 10 | Hyattsville Hope | 413 | Promises Promies |
| 864 | 930 Club Online | 103 | Informed Group | 305 | Prospect group |
| 200 | Anacostia Group | 1300 | Into Action | 240 | Quince Orchard |
| 330 | Andrews Armed Forces | 616 | Just Before Noon | 345 | Read & Speak |
| 678 | As Bill Sees It NW | 202 | Kid Friendly Big Book | 290 | Riderwood Bills |
| 400 | As We Understood Him | 120 | Language of the Heart | 267 | R'ville Steps & Traditions |
| 400 | Aspen Hill 5th Chapter | 25 | Leisure World Noon | 204 | Room with a View |
| 17 | Aspen Hill Phoenix—Mon | 25 | Let Go Let God | 575 | Rose Park Group |
| 30 | Aspen Hill Phoenix-Fri | 250 | Life Is Good | 100 | Rosedale Sobriety |
| 2193 | Attitude & Action | 72 | Lit Hoppers | 144 | Sat. Afternoon 2PM/UP |
| 249 | Beginners Are Winners | 130 | Lit Womxn | 240 | Saturday Morn Steps |
| 100 | Bethesda Youth | 180 | Merry Miracles | 300 | Sat. Night Happy Hour |
| 250 | Birds of A Feather | 620 | Messengers | 480 | Sat. Night Special |
| 1260 | B.Y.O.L (103154) | 689 | Mideast | 120 | Serenity House |
| 520 | Back to Basics (CB) | 6193 | Midtown | 588 | Serenity Speakers |
| 540 | Broad Hwy Big Book | 100 | Mircles | 163 | Serious Business |
| 1354 | Burtonsville Big Book | 60 | Misery is Optional | 675 | Silver Spring Beginners BB |
| 50 | Campus Noon | 170 | Mo.Co. Women | 600 | Silver Spring Group |
| 938 | Capitol Hill Group | 289 | More Peace of Mind | 180 | Simplicity |
| 87 | Capital Hill Reminders | 283 | Moving Into Solution, Women | 454 | Six & Seventh Ste |
| 66 | Chinatown BB | 38 | Mt. Ranier | 71 | Soapstone |
| 97 | Cigar Smokers | 240 | N.E. Sunrise | 350 | Sober Sat. Matinee |
| 75 | Clinton Day | 120 | N.W. Metro | 428 | Sobriety Sisters |
| 160 | Coffee & Donuts | 120 | Never Walk Alone | 616 | Southern Sobriety |
| 100 | College Park Group | 100 | Navy Yard BB | 4500 | Spiritual Awakening |
| 1079 | Cosmopolitan | 408 | New Avenue | 92 | Spiritual Hilltop |
| 500 | Daily Reflections Aspen Hill | 63 | New Beginners SW | 180 | St. Bartholomew |
| 50 | Daily Reflections UP | 158 | New Hope 123 | 900 | St. Francis Group |
| 236 | Darne Good Big Book | 178 | New Stomping Ground | 1200 | Starting Over |
| 983 | Darnestown Men | 290 | No Hard Terms | 240 | Sunday in the Park |
| 524 | DCC 930 Club | 400 | Norbeck Women-Fri | 26 | Sunday Men's Step |
| 748 | Del Ray Club | 256 | Norbeck Women-Wedn | 720 | Sunday Morn Breakfast |
| 296 | District 2 | 175 | Oasis Women's BB | 336 | Sun. Morn. Breakfast Out |
| 171 | Divine Intervention | 30 | Old Fashion | 240 | Sun. Morning Joy |
| 360 | Dunrobbin Group | 184 | Olney Women | 3510 | Sunrise Sobriety Zoom |
| 1200 | Epiphanies | 292 | On Awakening | 418 | Sunshine, G'burg |
| 12 | Ex-Libris | 3425 | P Street | 360 | Takoma Park Necessity |
| 330 | Eye Opener-Potomac | 360 | Palisades Mon. Nite | 1650 | Tenley Circle Men's |
| 883 | Fireside Spirituality | 120 | Petworth | 10 | The Away Group |
| 250 | Foggy Bottom | 196 | Pillars in the Park | 402 | There Is A Solution |
| 406 | Gateway/Wedne. | 198 | Poolesville Potluck | 100 | Triangle Club |
| 91 | Georgetown Happy Hour | 90 | Poolesville Beginnings | 283 | Uptown |
| 53 | Glam Lot Women | 261 | Potomac EyeOpener | 240 | Victory Lights |
| 100 | Goldsboro Group | 320 | Potomac Group | 34 | Village Idiots |
| 120 | Grace Rd Big Book | 250 | Potomac Men BB | 360 | We Are All Beginners |
| 300 | Grapevine Women | 925 | Potomac Oaks | 262 | Westside Beginners |
| 60 | High Sobriety | 1038 | Potomac Women | 148 | West Side Women |
| | | 1445 | Primary Purpose Gay | 344 | Westmoreland Women |

265 What's Happening Now

156 Women's Grapevine

992 Birthday

270 Faithful Fivers

29,288 Individuals

250 Memorial

If you would like to receive to the **hard copy** of New Reporter, make check payable to WAIA and

Mail to: WAIA

4530 Connecticut Ave, NW, Suite 111
Washington, DC 20008

\$15.00 Year

\$28.00 Two Years

\$12.00 Group Rate

A free digital copy of the New Reporter is posted every month to our website at:

<https://aa-dc.org/new-reporter>

To receive an email with the link each month, email **newreporter@aa-dc.org**



Have a story about your recovery in AA? Tell us your stories about how you're saying sober in these difficult times.

Why not share it with all of us? If you'd like to contribute to the *New Reporter*, please send in your material to:

newreporter@aa-dc.org



THINGS WE CANNOT CHANGE

The **NEW REPORTER** is a monthly publication of the W.A.I.A., Inc., 4530 Connecticut Avenue, N.W. Washington, D.C. 20008. Printed Subscriptions are \$15.00 per year and Digital Subscriptions are **FREE**. Articles and event information are encouraged from members of the Fellowship and its friends.

VOLUNTEER

Guess who it really
Helps?

Call 202-966-9783

Opinions expressed herein are not necessarily those of the Washington Area Intergroup Association or A.A. as a whole.

OCTOBER 2022