

*Editor's Note: I volunteer in a book warehouse where donated books are processed. In December, several books about alcoholism were donated. Four of them are excerpted this month.*

## WAIA January 2023 Announcements

### December Election Results

The board elected a new Chairman, Vice Chairman and 5 At-Large members to the Executive Committee. Welcome!

Daniel R, Chairman (former At-Large Representative)

Cassandra S, Vice Chairman (incumbent)

Eryn C (H&I Chair), At-Large Representative (Incumbent)

Chrissy M., At-Large Representative

Michael G. (Rule Chair), At-Large Representative

Mike M., At-Large Representative

Teresa R. (Outreach Chair), At-Large Representative

Thank you to Sean C, Jeanine J, Kelly W, and Ryan K for your 2022 Service!

### Calls for Service

**Open Positions:** WAIA is looking for a **Secretary** to prepare agendas and take minutes for the monthly Executive Committee and WAIA Board meetings, respectively the 1st and 2nd Tuesdays of the month (over Zoom). Past experience taking meeting notes and familiarity with Google docs are a plus!

The **Archives Committee** is also looking for Chair...If you are passionate about WAIA and AA history in our area, we want you! Check out the [Archives activities](#) on our site for more details.

\*Attend the WAIA board meeting on January 10th or email [cassandra.s@aa-dc.org](mailto:cassandra.s@aa-dc.org) if you are interested in volunteering for either of these positions.

**Office and HelpChat Volunteers Needed!** Call 202-966-9783 and ask for Clo'via or Luella for more information or email [help@aa-dc.org](mailto:help@aa-dc.org). Available open slots (other slots open up frequently as well so give us a call) :

Tuesday 1-4 PM

Saturday, 1-4 PM

Saturday, 4-7 PM

Sunday 10-1 PM (every other week)

**Nightwatch Volunteers:** Help WAIA answer the phones after hours! Slots open up frequently and we are in need of substitute volunteers for all shifts. Every day of the week either 10pm-6am or 6am-10am.

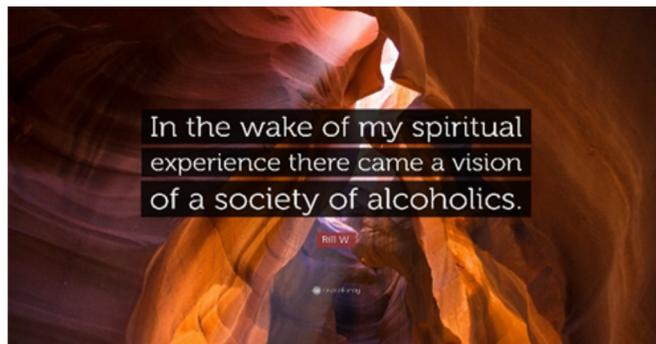
## From *The Language of the Heart*, Bill W.'s Grapevine Writings

p. 246, on Surrender: “When my own time for open-mindedness and surrender finally came, that new world of spirit burst upon me in a flash of overwhelming conviction and power. And as a result, freedom from obsession, faith in God, and a consciousness of his presence have remained with me ever since, regardless of subsequent ups and downs. The gift of faith instantaneously became built into me. My pride had paid a very high price. In despair, I had cried out, ‘Now I am willing to do anything. If there is a God, will he show himself!’ And he did. This was my first conscious contact, my first awakening. I asked from the heart, and I received.

With this illumination came the next vision of a possible chain reaction, one alcoholic working with the next. I was convinced that I could give to fellow sufferers that which Ebby had given to me, and for months afterward I tried to carry the message. But nobody sobered up, and a wonderful lesson came out of that experience: I was painfully learning *how not to communicate*. No matter how truthful the words of my message, there could be no deep communication if what I said and did was colored by pride, arrogance, intolerance, resentment, imprudence, or desire for personal acclaim – even though I was largely unconscious of these attitudes.

Without realizing it, I had fallen pretty heavily into these errors. My spiritual experience had been so sudden, brilliant, and powerful that I had begun to be sure I was destined to fix just about all the drunks in the world. Here was pride. I kept harping on my mystical awakening, and the customers were uniformly repelled. Here was imprudence. I began to insist that every drunk should have a ‘bright-light uplift’ just about like mine. I ignored the fact that God comes to man in many ways. I had begun in effect to say to my clients, “You must be as I am, believe as I

I believe, do as I do.’ Here was the sort of unconscious arrogance that no drunk can stand! I loudly began to point out the sins of my prospects (mostly, of course, the sins I supposed I didn’t have), and the pro-



spects got sore and so did I. When they got drunk, I got mad. And here was hurt pride again.

My new Oxford Group friends (the religious group in which Ebby had made his first, but not final, recovery) objected to the idea of alcoholism as an illness, so I had quit talking about the allergy-plus-the-obsession. I wanted the approval of these new friends, and in trying to be humble and helpful, I was neither. Slowly I learned, as most of us do, that when the ego gets in the way it blocks communication.

I needed another big dose of deflation, and I got it. The realization dawned on me that for six months, I had failed completely. Then Dr. Silkworth gave me this crisp advice: ‘Quit preaching, quit harping on your odd spiritual experience. Tell your own story. The pour it into those drunks how medically hopeless alcoholism is. Soften them up enough first. *Then* maybe they will buy what you really have to say. You’ve got the cart before the horse.’

My meeting with Dr. Bob in Akron was my first successful rapport with another alcoholic. I followed Dr. Silkworth’s advice to the letter. Dr. Bob did not need spiritual instruction. He already had more of that than I did. What he did need was the deflation at depth and the understanding that only one drunk can give another. What I needed was the humility of self-forgetfulness and the kinship with another human being of my own kind. I thank God for providing it.

## A brief history of Alcoholics Anonymous, found in *Drinking in America*, p. 182-184

One of the most notable developments (after the end of Prohibition) was the advent of Alcoholics Anonymous (AA), an organization with an unlikely beginning. In 1935 in Akron, Ohio, mutual acquaintances introduced two alcoholics, the stock analyst William Wilson and a surgeon, Dr. Robert Smith; both men hoped that they might cope with their own alcoholism by discussing it with another alcoholic. Wilson and Smith concluded that they and other alcoholics suffered from a disease and were powerless alone in the face of the bottle. Resolving to help one another remain sober, “Bill W.” and “Dr. Bob” then carried their message of self-help to other alcoholics. Additional groups subsequently formed, and the name Alcoholics Anonymous was adopted in 1939. After receiving a modest financial donation from John D. Rockefeller, Jr., and some favorable national publicity, the organization spread steadily throughout the country.

Membership was open to all on a nonsectarian basis. The only common denominator was a desire to stop drinking and a willingness to help others in the same plight. Wilson, in fact, codified this concern in AA’s “Twelve Steps,” which continue to guide the fellowship (as AA prefers to be called). Under the steps, members admit they are “powerless over alcohol” and that “their lives have become unmanageable” (step 1); they then seek a spiritual rebirth that will enable them to admit their shortcomings and ‘make amends’ to those they have hurt, and to trust in God as the only means of living without alcohol (steps 2 through 11). (In AA usage, God is not necessarily the Almighty; faith in the AA group itself can fulfill this role.) Finally, in Step 12, members try ‘to carry this message to alcoholics, and to practice these principles in all affairs.’

From the beginning, anonymity was the key to upholding the ideals embodied in the Twelve Steps. In AA’s view, anonymity subordinated personalities to principles and avoided outside interference in the group’s concerns, all of which was essential to establishing and maintaining sobriety. Regular meetings of local fellowships, which featured (and still feature) the personal stories of member alcoholics, served to reinforce AA beliefs and assist participants in the practical application of the Twelve Steps.

The appeal of AA was startling. It attracted thousands of Americans, demonstrating that repeal had by no means ended drinking problems. By the late 1970s, some 500,000 had joined and two spinoff (but independent) groups had formed: Al-Anon, for the families of alcoholics, and Ala-Teen, for teenage children of alcoholics. Despite its numbers, the fellowship has maintained its original principles, remained scrupulously nonpolitical, and avoided all outside controversies. AA even kept its own formal structure to a minimum: There is a national board of directors and a general services office in New York City to make policy decisions, handle publication efforts, and to serve, if needed, as a coordinating body for local groups. But the chief efforts of AA proceed at the local level, with anonymity and service still the keys.

Why AA succeeds has puzzled both lay and scholarly observers ever since the organization first attracted national attention. Various studies have stressed the spiritual rebirth arising from participation, the psychological support derived from group activities and a greater understanding of alcoholism, and the restructuring of the recovering alcoholic’s life as determined by AA practices.



The authors of *Beyond the Influence* lay out a number of myths and misconceptions that distort thinking about alcoholics. “Two decades ago the myths and realities about alcoholism were presented in *Under the Influence: A Guide to the Myths and Realities of Alcoholism*, co-authored by James R. Milam and Katherine Ketcham. Despite stunning scientific advances in alcoholism research in the last twenty years, these myths continue to influence the way we treat alcoholics.

**Myth:** Alcohol has the same chemical and psychological effects on everyone who drinks.

**Reality:** Alcohol, like every other substance we take into our bodies, affects different people in different ways.

**Myth:** Addiction to alcohol is often psychological.

**Reality:** Addiction to alcohol is physiological and involves profound chemical disruption in the brain.

**Myth:** Alcohol is an addictive drug, and anyone who drinks regularly for a long enough time will become physically addicted to it.

**Reality:** Alcohol is a selectively addictive drug, only a minority of drinkers will experience the need or desire to consume alcohol in sufficient quantities and over a long enough period of time to become physically addicted to it.

**Myth:** People become alcoholics because they have psychological or emotional problems that they try to relieve by drinking.

**Reality:** Alcoholics have basically the same psychological problems as nonalcoholics before they start drinking, but these problems are aggravated (and new disturbances are created) by addiction to alcohol.

**Myth:** If people would drink responsibly, they would not become alcoholics.

**Reality:** Many responsible drinkers become alcoholics. Because of the nature of the disease—not the person—they begin to drink irresponsibly.

**Myth:** Some alcoholics can learn to drink normally as long as they limit the amount.

**Reality:** Alcoholics, who by definition suffer from a permanent brain addiction, can never safely return to drinking.

And, finally, Craig Beck, “**The World’s Most Respected Quit Drinking Coach**” offers *Alcohol Lied to Me*

According to the paperback cover, “Craig Beck was a successful and functioning professional man in spite of a ‘two bottles of wine a night’ drinking habit. For 20 years, he struggled with a problem drinking, all the time refusing to label himself an alcoholic because he did not think he met the stereotypical image that the word portrayed.

All these ‘willpower-based’ attempts to stop drinking failed. Slowly, he discovered the truth about alcohol addiction and one by one, all the lies he had previously believed started to fall apart. For the first time, he noticed that he genuinely didn’t want to drink anymore.

In this bestselling book, he will lead you through the same fantastic process. You can stop drinking today . . . No need to declare yourself an alcoholic. No group meetings or expensive rehab. No humiliation, no pain, and no ‘willpower’ required.

### ***They Kept Coming Back: # 8 'Devon' John B, Glasgow***

*After leading a meeting in England, your intrepid editor was offered the work of John M., archivist, South East Region, UK. He offers a book that consists of interviews with 16 A.A. members in the UK who have reached 50 years of sobriety. The eighth interview was with 'Devon; John B., whose sobriety date was Oct. 2, 1964.*

I had my first drink aged fourteen when I was on holiday. I only went because my older friend was going to a bar with his older brother and I didn't want to be left out. I do not remember leaving the pub. I had had my first blackout. I had not staggered, slurred my speech or showed any outward signs of being drunk but I remember nothing. I was not aware at the time but in retrospect my whole outlook on life changed. I had been top boy in my year at a Senior Secondary School (Grammar equivalent) but I left that all behind. Drink was all important despite the fact that I drank very little as I had no money. All of my efforts went into getting money for drink. I stayed on at school until I was eighteen but left with very few qualifications. On leaving school I joined the RAF. For the first time I had money. I had to do a full year training as a radar technician. The training camp was in Weston Super Mare. I discovered cider. I could drink buckets of it. I would blackout but gave little signs of having drunk too much. I entered drinking competitions and usually won. **I was very proud of my drinking ability. I could drink everybody and anybody under the table. What more could a man want?**

After a couple of months things began to change. I began to show signs of being drunk. I began to wet the bed. My behavior when drunk became bad. I started to insult people when I was drinking. I got into a few fights. I was getting into misdemeanors in camp, like getting back late. In one year I did ninety-three days of restriction of privileges. The bed wetting meant I had to swap mattresses with empty beds in other buildings. I had a girlfriend at this time and I was madly in love as only a nineteen-year-old boy can be. I really looked forward to my first weekend pass so I could return home to see her. My problem was that I had no money. I always managed to spend all my money and, as I never remembered what happened, then I didn't know what to spend it on. I hitchhiked 400 odd mile to Glasgow to see her.

Upon arrival, I went to the pub to see 'the boys' and I had to phone on Sunday morning to find out whether or not I had seen my girlfriend. **Eventually, the bed wetting caught with me and I was given a medical discharge from the RAF. I had managed one year.**

I returned to Glasgow and continued on my merry way. By now, I was getting very obviously drunk. I blacked out constantly. I also started to fall asleep. If I fell asleep I wet wherever I slept. I never had money so I started to steal from my parents and friends. I soon ran out of friends. No one wanted anything to do with me. I loathed myself. I had no idea why I behaved the way I did. The amazing thing is that I never thought it was booze. I thought I was mad. I was so unhappy I tried to commit suicide a couple of times. I could not understand why and how my wishes changed once I started drinking. I would plan something, go for a drink, and then the plan counted for nothing. If I had money, then once I started, nothing would stop me. Yet when I was sober I never realized this and I always thought that this time it would be OK. I spent all of my money on drink. All my clothes were bought by my mother. I just got worse. After another situation at home my mother told me I had to leave. I was desperate as I had nowhere to go. I was a serial bed wetter. No one would put up with me. She blamed booze so I said I would stop (again). She said that I always promised but never tried so I said I would go to AA. She relented and said if I went to AA I could stay. So I went. As I was a great liar, I knew she would phone to find out if I was going so I had to go but I had no intention of stopping.

Because I went to meetings, I heard AAs sharing their experiences and that was what made me realize that I was either an alcoholic or a potential alcoholic. I carried on drinking for a few months and then I decided to prove to myself and the world that I wasn't an alcoholic, and that, armed with the information I had picked up in AA, I could drink normally. On Oct. 2<sup>nd</sup> 1964 I put this plan into action, The usual disaster happened. I got drunk and blacked out. I believe I turned up a an A.A. meeting that night crying. The following day I decided that I was an alcoholic and that I did not want to carry on the life I had. That meant I either committed suicide or that I stopped drinking. I decided for the first time in my life that I wanted to stop drinking and that I would go to AA for help. I have been fortunate in that with the help of AA I have never needed to take that first drink since that day.



THE 12 STEP PLAYERS PRESENT

# NEW YEAR'S EVE PLAY AND AFTERPARTY



12.31.2022, DOORS OPEN 6:30PM

WALTER JOHNSON HIGH SCHOOL  
6400 ROCK SPRING DR, BETHESDA, MD

Tickets Are \$25, On Sale Now!

<https://bit.ly/12stepplayersnye>



DEL RAY CLUB'S

NEW YEAR  
COUNTDOWN  
&  
50TH  
ANNIVERSARY  
PARTY



DEL RAY CLUB  
7611 CLARENDON ROAD, BETHESDA, MD 20814  
SAT. DEC. 31ST, 2022  
WWW.DELRAYCLUB.ORG

Tickets available for \$40 each at  
<https://www.eventbrite.com/e/473487593137>  
Dinner at 7pm  
Meeting at 8:30pm  
Dancing, prizes, 50/50 raffle, and more!



**2023**  
**HAPPY NEW YEAR**  
**BACK TO BASICS**

**The Alcoholics Anonymous  
Beginner's Meetings**

*Here are the Steps We Took...*  
*In FOUR One Hour Sessions*

**Saturday @ 10 AM**  
**JANUARY**  
**7, 14, 21, 28**

**368 Main Street Laurel MD 20707**  
**LaurelRecovery.Org**

**Back By Demand: COMING SOON !!**

**AS WE UNDERSTOOD HIM MTG –**

**3401 Martin Luther King Ave, SE**

**Washington, DC 20032**

**Meeting Day: Sundays      Time: 3:30-4:30pm**

**Renamed: As We Understood Him – Liter. Reboot 2023**

**IN PERSON MEETINGS only**

**Re-Opening Soon – SAME TIME.... SAME PLACE... SAME Emphasis  
on Recovery**

**We will need volunteers to help set up and sustain the meeting:**

**Please join the Re-Opening PIng Committee: We need the following:**

**Monthly Meeting Program Chairs**

**Secretary/Treasurer**

**GSR/GSR Alternate**

**Coffee Maker**

**All Other Volunteer Positions**

\*\*\*\*\*

**For further info; contact: Jeretha G 571-699-7424**

**Carmello D. 202/658-1140**

**Tyrone J. 202/793-9317**



# 34<sup>th</sup> International Men's Conference 2023

## Washington DC

**“Keeping the Legacy ALIVE 2023 and BEYOND”**

[www.IAAMC-DC23.org](http://www.IAAMC-DC23.org)

**When: April 21-23, 2023**

**Where: The Doubletree by Hilton Crystal City  
300 Army Navy Drive, Arlington VA, 22202**

<https://book.passkey.com/go/AAMensConference>

**For Room Reservations: Call (703) 416-4100. Use Promo Code: IAA and mention IAA to receive conference rate of \$149.00 (plus tax per night) visit our webpage: [www.IAAMC-DC23.org](http://www.IAAMC-DC23.org)**

**for more information contact:**

Chair	Lee M.	(202) 441-0111	<a href="mailto:Chair.IAAMCDC23@gmail.com">Chair.IAAMCDC23@gmail.com</a>
Co-chair	Willie S.	(301) 257-3320	<a href="mailto:CoChair.IAAMCDC23@gmail.com">CoChair.IAAMCDC23@gmail.com</a>
Treasurer	Stan C.	(301) 598-5953	<a href="mailto:Treasurer.IAAMCDC23@gmail.com">Treasurer.IAAMCDC23@gmail.com</a>

### Conference Registration Options

	Price	Quantity	Amount
General registration and banquet <i>(Circle your meat choice: Salmon, chicken or sliced pork tenderloin, vegetarian)</i>	\$ 120.00	_____	_____
Registration Only	\$ 50.00	_____	_____
Tour of Washington, DC by Motor Coach	\$ 39.00	_____	_____
Ball Cap	\$ 17.00	_____	_____
Tee-shirt (sizes Large to 5X): State size: _____ (sizes run small)	\$ 23.00	_____	_____
Donate to the 34 <sup>th</sup> IAAMC 2023		_____	_____
<b>Total</b>		_____	_____

**please visit our website for details and updates @ [www.IAAMC-DC23.org](http://www.IAAMC-DC23.org)**

**Mail Registration to: IAAMC-DC23, PO Box 12226, Silver Spring, MD 20906-1548**

**Make check or money order payable to: IAAMC-DC23 or register online using our webpage: [www.IAAMC-DC23.org](http://www.IAAMC-DC23.org)**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Home Group: \_\_\_\_\_

**Meal Preference:** \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

**Badges Required for ALL Sessions**

### Area 13 WAGSA District Committee Meeting

**January 9, 2023—6:00 PM** 2nd Monday of the month  
except July

<https://us02web.zoom.us/j/89430611434>

For more information, please visit: [area13aa.org](http://area13aa.org) or email:  
[chair@area13aa.org](mailto:chair@area13aa.org)

### WAIA Monthly Board of Directors Meeting

**January 10, 2023 —8:00 PM** 2nd Tuesday of the  
month except August

Join Zoom Meeting:

[https://us02web.zoom.us/j/83460598434?  
pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09](https://us02web.zoom.us/j/83460598434?pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09)

Meeting ID: 834 6059 8434

Passcode: 819862

One tap mobile

+13017158592,,83460598434# US (Washington DC)s

### CHECK OUT OUR EVENTS CALENDAR

<https://aa-dc.org/events>

Events are updated  
regularly!

If you would like to  
submit an event, send an  
email to [events@aa-dc.org](mailto:events@aa-dc.org).  
A pdf flyer may be attached

294	14 Promises	934	Fireside Spirituality	100	Navy Yard BB
228	12 Point Buck	250	Foggy Bottom	59	Neelsville Beginner Step
240	180 Degree Club	44	Fourth Diminsion	840	N.E. Sunrise
1505	930 Club Online	25	Free Spirit	120	N.W. Metro
300	Anacostia Group	144	Friday Night Big Book	41	Never Give Up
1054	Andrews Armed Forces	438	Gateway/Wed.	188	Never Walk Alone
875	As Bill Sees It NW	127	Georgetown Group	08	New Avenue
400	As We Understood Him	91	Georgetown Happy Hour	63	New Beginners SW
600	Aspen Hill 5th Chapter	53	Glam Lot Women	304	New Hope 123
17	Aspen Hill Phoenix—Mon	250	Glenarden Group	178	New Stomping Ground
115	Aspen Hill Phoenix-Fri	383	Glen Echo Group	290	No Hard Terms
4794	Attitude & Action	100	Goldsboro Group	490	Norbeck Women-Fri
300	Back to Basics (CB)	460	Grapevine Women	345	Norbeck Women-Wedn
249	Beginners Are Winners	1343	Greenbelt Step Club	379	Nuts & Bolts
224	Bethesda Youth	397	Grupo Virtual Wash.	317	Oasis Women's BB
250	Birds of A Feather	1320	Haven At Last	30	Old Fashion
1627	B.Y.O.L (103154)	185	High Sobriety	265	Olney Women
897	Back to Basics (CB)	30	Hope Group	353	On Awakening
710	Broad Hwy Big Book	10	Hyattsville Hope	500	One Hour Back Group
1862	Burtonsville Big Book	133	Informed Group	36	Open Arms
50	Campus Noon	1300	Into Action	4123	P Street
1701	Capitol Hill Group	1544	Just Before Noon	360	Palisades Mon. Nite
87	Capital Hill Remainders	304	Just For Today	120	Petworth
265	Cheltenham Group	202	Kid Friendly Big Book	196	Pillars in the Park
66	Chinatown BB	390	Language of the Heart	198	Poolesville Potluck
97	Cigar Smokers	3662	Laurel Recovery	90	Poolesville Beginnings
201	Clinton Day	25	Leisure World Noon	541	Potomac EyeOpener
160	Coffee & Donuts	40	Let Go Let God	320	Potomac Group
200	College Park Group	50	Liberty Group	236	Potomac High Noon
700	Corona Vagabond Group	255	Life Is Good	250	Potomac Men BB
1079	Cosmopolitan	75	Lifesavers Big Book	1310	Potomac Oaks
500	Daily Reflections Aspen Hill	72	Lit Hoppers	1038	Potomac Women
25	Daily Reflections Bowie	185	Lit Womxn	1445	Primary Purpose Gay
90	Daily Reflections FirePit	27	MayDay	304	Progress Not Perfection
250	Daily Reflections UP	500	Men of Dupont	413	Promises Promies
476	Darne Good Big Book	180	Merry Miracles	305	Prospect group
1727	Darnestown Men	1061	Messengers	320	Quince Orchard
764	DCC 930 Club	839	Midcast	345	Read & Speak
219	DCC Fri Women	6368	Midtown	290	Riderwood Bills
748	Del Ray Club	100	Mircles	267	R'ville Steps & Traditions
296	District 2	60	Misery is Optional	204	Room with a View
171	Divine Intervention	43	Mitchellville	575	Rose Park Group
120	Downtown Silver Spring	170	Mo.Co. Women	100	Rosedale Sobriety
360	Dunrobbin Group	330	Montg. Co. Women Online	191	Sat. Afternoon 2PM/UP
502	Double Dippers		Montrose Gay	480	Saturday Morn Steps
1600	Epiphanies	289	More Peace of Mind	340	Sat. Night Happy Hour
12	Ex-Libris	697	Moving Into Solution,Women	480	Sat. Night Special
330	Eye Opener-Potomac	38	Mt. Ranier	200	Second Chance
		71	Navy Yard	120	Serenity House

- 588 Serenity Speakers
- 163 Serious Business
- 120 Shepherders
- 675 Silver Spring Beginners BB
- 750 Silver Spring Group
- 180 Simplicity
- 433 Six & Seventh Step
- 751 Six & Seven Step Online
- 71 Soapstone
- 350 Sober Sat. Matinee
- 428 Sobriety Sisters
- 616 Southern Sobriety
- 5550 Spiritual Awakening
- 92 Spiritual Hilltop
- 180 St. Bartholomew
- 1350 St. Francis Group
- 14 St. Mary's Gay
- 1200 Starting Over
- 473 Sunday in the Park
- 26 Sunday Men's Step
- 720 Sunday Morn Breakfast
- 464 Sun. Morn. Breakfast Out
- 440 Sun. Morning Joy
- 5510 Sunrise Sobriety Zoom
- 804 Sunshine, G'burg
- 360 Takoma Park Necessity
- 1650 Tenley Circle Men's
- 136 T.G.I.F.
- 20 The Way Group
- 402 There Is A Solution
- 420 Thurs. Night Men's
- 100 Triangle Club
- 410 Uptown
- 740 Victory Lights
- 65 Village Idiots
- 1143 We Are All Beginners
- 444 We Care
- 56 Wednesday Nite Winners
- 262 Westside Beginners
- 86 Westside Sun. Spirituality
- 198 West Side Women
- 344 Westmoreland Women
- 370 What's Happening Now
- 156 Women's Grapevine
- 1244 Yacht Club
- 1112 Birthday
- 360 Faithful Fivers
- 46313 Individuals
- 600 Memorial

If you would like to receive to the **hard copy** of New Reporter, make check payable to WAIA and

**Mail to:** WAIA  
4530 Connecticut Ave, NW, Suite 111  
Washington, DC 20008  
**\$15.00 Year**  
**\$28.00 Two Years**  
**\$12.00 Group Rate**

A free digital copy of the New Reporter is posted every month to our website at:  
**<https://aa-dc.org/new-reporter>**

To receive an email with the link each month, email **[newreporter@aa-dc.org](mailto:newreporter@aa-dc.org)**



**Have a story about your recovery in AA? Tell us your stories about how you're saying sober in these difficult times.**

Why not share it with all of us? If you'd like to contribute to the *New Reporter*, please send in your material to:

**[newreporter@aa-dc.org](mailto:newreporter@aa-dc.org)**



Day

Years

January 1	Lauren S.	New Hope 123	4 Years
January 5	Vincent K.	Silver Spring Group	42 Years
January 9	Donna C.		20 Years
January 22	Lauren S.	New Hope 123	22 Years

### THINGS WE CANNOT CHANGE

The **NEW REPORTER** is a monthly publication of the WAIA Inc., 4530 Connecticut Avenue, N.W. Washington, D.C. 20008. Printed Subscriptions are \$15.00 per year and Digital Subscriptions are **FREE**. Articles and event information are encouraged from members of the Fellowship.

### VOLUNTEER

Guess who it really  
Helps?  
Call 202-966-9783

*Opinions expressed herein are not necessarily those of the Washington Area Intergroup Association or A.A. as a whole.*

## JANUARY 2023