



"My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen."

STEP 7 PRAYER



WAIA July 2024 Announcements

WAIA Monthly Board Meeting—July 9, 2024—8:00PM—9:00 PM

A message from the Finance Committee

Suggested language for 7th Tradition: The Washington Area Intergroup Association (WAIA) needs our support. Last year's revenue was \$36K less than expenses. Revenue so far this year is \$11K less than expenses. Please help ensure that the office can continue to serve as AA's DC headquarters; answering calls 24/7, maintaining a current record of all meetings in the area, and providing other essential services to the still sick and suffering alcoholic. You can make a contribution directly on the WAIA website aa-dc.org, or via Venmo @WAIADC.

The option to contribute to WAIA on a recurring basis is now up and running. Join our growing group of "Faithful Fivers" who are AA members who commit to contributing at least \$5.00 a month toward the support of WAIA. You can set up monthly recurring donations by checking the "Make this donation monthly" when contributing as an individual.

Go to: <https://aa-dc.org/waia-online-contribution/individual-contribution>

Please see the next page for a letter from the WAIA chair, Daniel R.

Effective July 15, 2024, the prices of chips are increasing. This is the first price increase in at least 9 years. Aluminum chips (24 hour and one to 11 months) are increasing to from \$.75 to \$1.00. Bronze medallions (1 year to 60 years) are increasing from \$1.25 to \$2.00. Remember that purchasing your group's chip and literature from WAIA helps our bottom line. Thanks for your support!

Calls for Service

OFFICE and HELPCCHAT Volunteers Needed!

Available In Person Shifts: Sunday 1-4, Wednesday 1-4 PM, Wednesday 4-7 PM, Thursday 7-10PM, Saturday 1-4 PM. Email help@aa-dc.org for more information or call 202-966-9783; ask for Luella or Clo'via

NIGHTWATCH Volunteers Needed! (1 Year Sobriety Requested)

Tuesday 6-10 AM, Wednesday 6-10 AM, Thursday 6-10 AM, Saturday 6-10 AM, Saturday 10 PM—6 AM

Email Nightwatch@aa-dc.org to volunteer.

Pease share these announcements with your group and encourage people to sign up for the New Reporter to receive local AA news directly!

Dear AA Friends,

Recently WAIA made an update to the Individual Contribution page on the website. There is now a feature that will allow members to make recurring payments. Simply check the box next to “Make this donation monthly” and the payment will automatically repeat each month until cancelled.

In the past, individuals have been able to make recurring monthly contributions by calling the office and having these payments set up manually. These members have been referred to as “Faithful Fivers”—making regular contributions in \$5 increments.

Traditionally, the bulk of WAIA’s funding has come from payments made by groups. While group contributions are always welcome and will still be encouraged, WAIA has recognized a shift in contributions. During COVID, individual contributions shot up. This made sense as many groups met online and had decreased expenses. Individuals were able to commit what they otherwise may have placed in the basket directly to WAIA.

However, when meeting spaces opened back up and many returned in person, individual contributions decreased and group contributions never returned to the amount they once were. There could be many reasonable explanations for this—none of which are in WAIA’s control. Understanding that just because we’ve always done something a certain way and it worked in the past does not mean it’s the best way or that it will always continue to work, the need for regular individual contributions has never been greater.

WAIA creates its annual budget for the following year each August. This has always been a challenge considering the most contributions occur as a result of Gratitude Month in November. Not only have we not realized the current year’s contributions, but now must predict the following year as well. If these numbers are off, it makes for a double-whammy. Recurring payments from individuals seems like it would create a more predictable source of contributions, and would make the budgeting process much smoother and more accurate.

For those who have been around the rooms a while, we’ve become accustomed to the ebb and flow of contributions to WAIA—contributions are down, the word goes out, groups send money, all is well for a time, repeat. We’re hoping that if enough individuals commit to recurring contributions before August, we’ll be able to create a better budget for 2025 and hopefully break the roller-coaster-cycle of group contributions.

Cards with QR codes that will direct people to the Individual Contribution webpage will be distributed to reps to encourage members to sign up for recurring contributions. If you would consider a recurring monthly contribution and share the word among your AA friends and at meetings, it would be greatly appreciated!

Thank you always for all you do to help carry the message!

Daniel R.
WAIA Chair
chair@aa-dc.org

Gorski on the 7th Step

(From *Understanding the Twelve Steps*,

God removes shortcomings by mobilizing people to do what they need to do to fix their problems. I believe that the Serenity Prayer, which is often used at Twelve Step meetings, captures essence of what Step Seven is all about: “God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.” Let’s use this prayer as a guide for understanding how Step Seven works.

It starts with the words “God [or your Higher Power], grant me the serenity to accept the things I cannot change.” God, as we have discussed, is the source of courage, strength, and hope on which people center their recovery. They have to look outside of their addictive frame of reference by turning to their Higher Power for help in solving their problems. What their Higher Power gives them is serenity, the state of mind that allows them to accept themselves fully as they are in all their strengths and weaknesses. When people are serene, they believe on a deep level that it is okay to be themselves and that their lives are unfolding as they should unfold.

They are also told to “accept the things [we] cannot change.” Acceptance is the belief that things are okay without our interference of meddling. Once alcoholics know that they are powerless, they need to turn themselves over to God and stop trying to exercise control.

You are not the keeper of the universe. There are things that you cannot handle and it okay to stop trying. Why can’t you control everything? Because you are a fallible human being with limitations. That is the way you were born and that is the way you will die. You can’t be all things to all people, and you don’t have to try to be.

Some people read the first part of the Serenity Prayer and stop there. They come to believe that “all I have to do is turn my problems over to God and He will fix them.” This interpretation of “turn it over” translates into “I don’t have to do anything!” Is this really what the Serenity Prayer is telling us? I don’t think so. If turning over meant that “I am not responsible to do anything,” the Serenity Prayer would have to be rewritten to read, “God, grant me the serenity to accept everything because there is nothing that I have the power to change.”

We do have the power to change some things in our lives. The next part of the Serenity Prayer asks for “the courage to change the things [we] can.” People need courage to do those things that are within their power to do. They need to identify their responsibilities and meet them whenever possible. They must do certain things in recovery—not because they feel good, but because they are responsible. They must do certain things in recovery—not because they feel good, but because they are their responsibility.

The last part is the most difficult: “the wisdom to know the difference.” How do you know when you are wasting energy on things that you can’t change, versus when you are operating within your sphere of authority and influence? As human beings we are limited; we can’t always make a distinction. How can we know when to invest energy and when to “turn it over”? This is the primary struggle of all recovering people—acquiring the wisdom to know the difference.



Humbly asked God to remove our shortcomings.

That is what the authors of the Big Book and millions before you did. To personalize the step for your study and action in the here and now, however, you may wish to rephrase it as:

STEP SEVEN. Humbly ask God to remove your shortcomings.

The 12 & 12 dwells on the word, "humility" to some length. Here's what the dictionary says: The root "hum" means earth as in humus and, humor. When the definition says that Humble means "lowly" it does not mean servile or inadequate. It means, simply, not exalted, as is the earth as opposed to heaven.

So, humility is not thinking less of yourself, it is thinking of yourself less.

The way we have come to look at humility is that it is a virtue, one of the principles that A.A. teaches us to live. The definition we have adopted pictures us as standing naked before God, without pretense or reservation. It means hiding nothing, being our real selves, both good and bad. A good synonym for humility is honesty.

Mother Theresa obviously knew precisely what humility means when she said:

"If you are humble nothing can touch you, neither praise nor disgrace, because you know who you are."

In the context of Step 7, then, we find that our taking of Steps 4, 5, and 6 has prepared us to know much of whom and what we are. It is our real essence, then, that stands before its Creator with the prayer that its shortcomings be removed. (*The expressions exact nature of our wrongs* (step 5), *defects of character* (Step 6), and *shortcomings* (Step 7) are to be used interchangeably, according to Bill Wilson.)

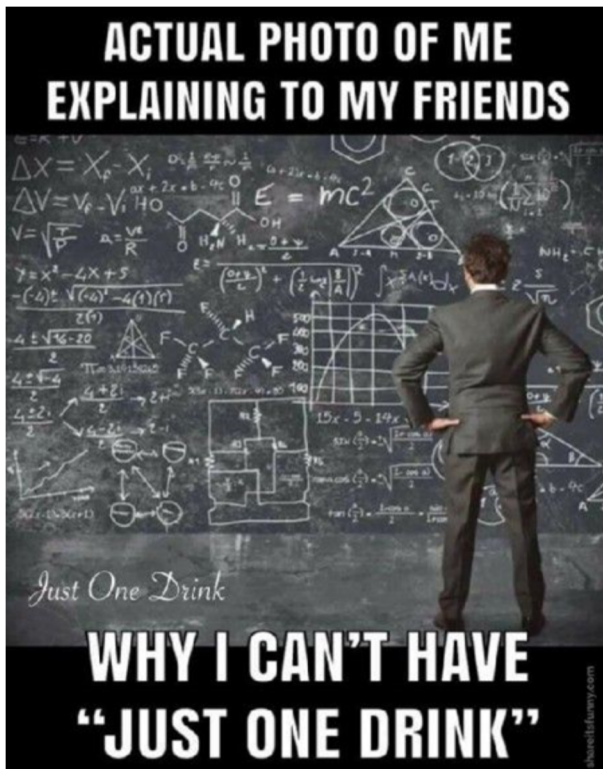
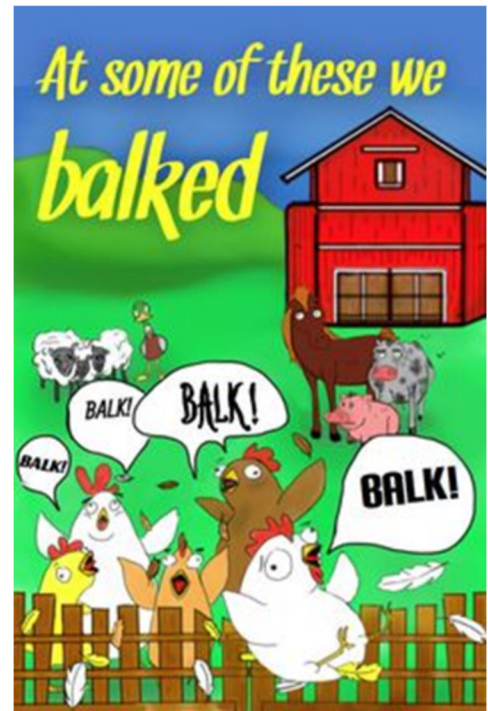
But, just what does get removed? Does God remove defects that we don't know about? If He did, then Steps 4 and 5 might be unnecessary. You have been instructed to go to a great deal of trouble to bring to the surface your defects of character.

Knowing of our defects is only a precursor to becoming willing to stop hanging onto them in Step Six.

Who would you rather have a beer with?’ falls flat in this rerun presidential election (Wall Street Journal Report)

MILWAUKEE—If there ever was a presidential campaign where Americans might need a few drinks to brace themselves, this year’s rerun between Joe Biden and Donald Trump is a strong contender. The two candidates won’t, however, be imbibing themselves. Both men are teetotalers in a nation where close to two thirds of adults drink alcohol. It’s one of the few things they have in common, other than being elderly white men who play golf. “Which candidate would you rather have a beer with?” has for years been a presidential polling barometer to test how likable candidates seem to voters. But that question has gone dry this year as the Democratic president and former Republican president face off in a spirited race that feels like a hangover for many. Their drinking status doesn’t seem to be of much electoral concern at Milwaukee’s Landmark 1850 Inn, which many call the oldest functioning tavern in a city that sells itself as the “beer capital of the world.” Still, patrons hammered them with a few shots. “He can’t hardly walk now,” Lloyd Burch, a 74-year-old retiree of the steel and wire industry, said of Biden. “It would be terrible if he had a couple snootfuls.” Burch’s happy hour buddy quickly injected that he thinks Trump often sounds like he’s drunk. “He just talks like that,” said Mark Jonas, a 68-year-old retired sewage system worker. “He don’t need alcohol.” As they sipped dark beer from mugs, Burch said he plans to vote for Trump as Jonas expressed indecision. In battleground Wisconsin, one of roughly half a dozen states expected to determine the presidential election’s outcome, beer and alcohol are hardwired into the culture, along with cheese curds, bratwurst and the Green Bay Packers. “It’s a state where a lot of good conversations are held over tipping a few beers or Old Fashioneds,” said Scott Walker, a former Republican governor, who briefly competed with Trump for the 2016 Republican nomination. “I’ve been around the former president many times when alcohol was served and one of the

funniest things he says—I’ve heard him say it repeatedly—is, ‘You know, I don’t drink. Can you imagine what I’d be like if I drank?’” Walker said. “Everybody just laughs hysterically.” The all-but-certain Biden-Trump rematch, which will be formalized at the parties’ nominating conventions this summer, marks just the second time in modern history where both major party White House candidates are teetotalers. The first was four years ago when they last blitzed each other. While they are starkly different men in policy positions and demeanor, they both are from families with a history of alcoholism. Trump, who is partial to Diet Cokes, occasionally talks about how his brother, Fred Trump Jr., struggled with alcoholism and died at the age of 42. Biden, who prefers orange Gatorade and Coke Zero, was blunt in 2008 when asked why he doesn’t drink: “There are enough alcoholics in my family,” he told the New York Times. His son, Hunter, has struggled with addiction. When the president visited Ireland last year, he didn’t indulge in the tradition of ordering a pint of Guinness as his former boss, President Barack Obama, did when visiting in 2011. “I’m the only Irishman you ever met, though, that’s never had a drink,” Biden said at a 2023 St. Patrick’s Day celebration. Other past presidents have also practiced abstinence, including George W. Bush, who after heavily partying as a younger man got on the wagon the day after he turned 40. Events in Jimmy Carter’s White House often didn’t include hard liquor, boosting his moralistic reputation. Off-the-cuff drinking moments in presidential campaigns have resulted in bloopers that become political lore. As a running mate for Democrat George McGovern’s 1972 presidential bid, Sargent Shriver, founding director of the Peace Corps, made a gaffe when he called out “make mine a Courvoisier!” in a working-class bar. Surprisingly for the elderly candidates, their sobriety may give them something in common with Gen-Z voters, many of whom have embraced “conspicuous teetotaling.”



June 6, 2024

Please direct all
communications to:
P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

Opening for A.A.W.S. Nontrustee Director

A.A. World Services, Inc. (A.A.W.S.) has started its search for a nontrustee director. This voluntary position will commence following the 2025 General Service Conference. Interested A.A. members are encouraged to submit a resumé.

Basic qualifications for this position are: a minimum of seven years of continuous sobriety; a sound business or professional background preferably in, but not limited to, the following areas - finance, management, publishing, legal, or information technology; and the ability to work with others. We are also seeking strength in organizational management, strategic planning, customer engagement, or non-profit board experience.

Directors must be available to attend all regular meetings of the A.A.W.S. Board (currently, up to eight per year), three weekend meetings of trustees' committees (to which corporate board directors are appointed) and the General Service Conference, for one week in April. In addition, directors may be called upon to attend subcommittee or other meetings and to represent A.A.W.S. at Regional Forums or other A.A. functions.

Note: A General Service Conference Delegate is not eligible to apply until one year after their last Conference; therefore Panel 73 delegates are not eligible to apply for this opening.

In seeking applications for all vacancies in Alcoholics Anonymous, the Fellowship is committed to creating a large applicant file of qualified persons, which reflects the inclusiveness and diversity of A.A. itself.

To apply please submit your resume using this link: [A.A.W.S. DIRECTOR RESUME SHEET](#)

Or, to obtain an alternate format of the A.A. World Services Director Resume Sheet please contact the A.A.W.S. Board Secretary at the General Service Office by email at aawsboardsecretary@aa.org or call 212-870-3400. All submissions should include a completed A.A. World Services Director Resume Sheet and should be received no later than July 1, 2024 by electronic submission using the link above or by email to: aawsboardsecretary@aa.org with subject line: NTD APPLICATION.

With best regards,



Reilly Kalles, Chair
A.A.W.S. Nominating Committee

WAIA CHIP PRICE INCREASE

(First Price Increase in 9 years)

**EFFECTIVE
JULY 15, 2024**

ALUMINUM - \$1.00

(24 HOUR TO 11 MONTHS)

BRONZE - \$2.00

(1 YEAR TO 60 YEARS)

THE 64TH

ICYPA AUSTIN

TEXAS

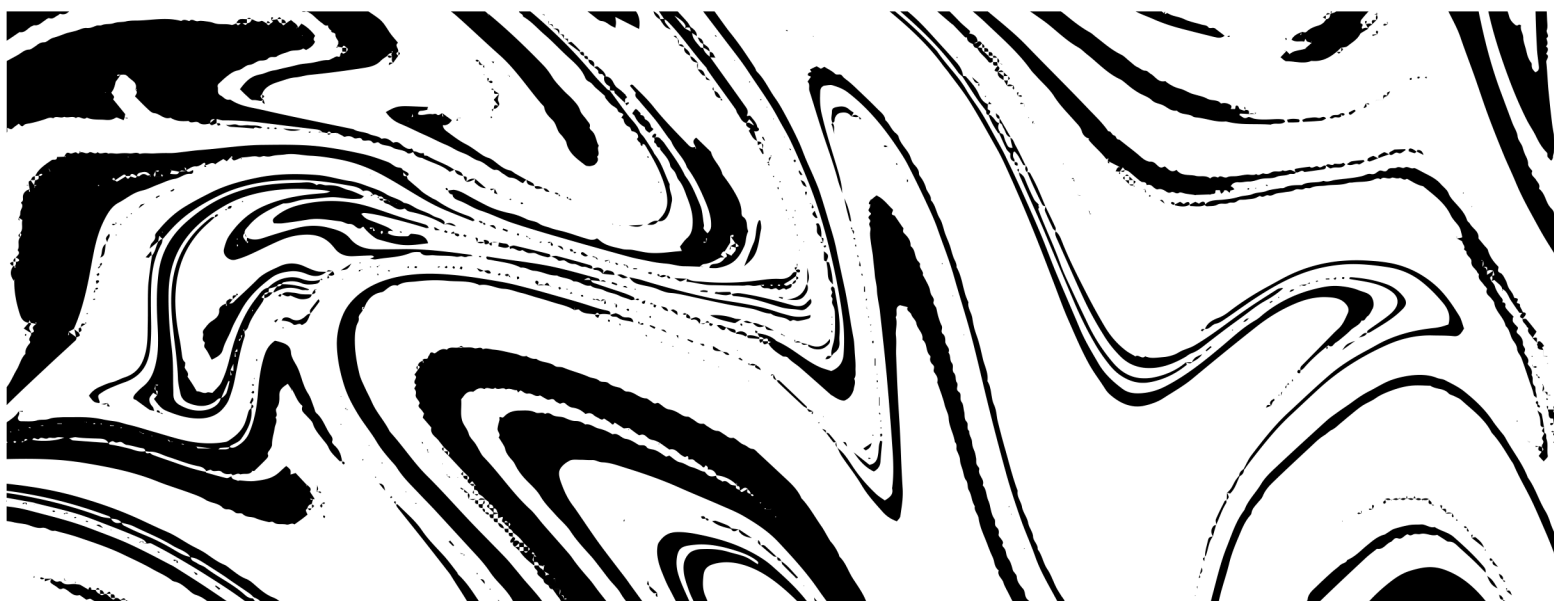
INTERNATIONAL CONFERENCE OF YOUNG PEOPLE IN AA

JUL * 4-7 * 2024

JW MARRIOTT AUSTIN

110 E 2nd St. Austin, TX 78701

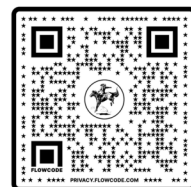
ERA OF CHANGE



BOOK
ROOM ←



REGISTER
TODAY →



www.the64thicypaa.org

Summer Back to Basics



The Alcoholics Anonymous Beginner's Meetings

Here are the Steps We Took....

In FOUR One Hour Sessions

Monday Evenings in July

@ 7:00 PM

8, 15, 22, 29

368 Main Street Laurel MD 20707

LaurelRecovery.Org



Laurel Recovery

LaurelRecovery.Org

*Music Bingo
Trivia Night*

Prizes

Saturday July 27th
5PM - 7PM

Bring a snack to share
Hosted by Julia

368 Main Street Laurel MD 20707



ANDREWS ARMED FORCES GROUP

54th GROUP Anniversary

Saturday, July 20th

Time: 1:15 – 5pm


Bells United Methodist Church

6061 Allentown RD

Suitland MD 20746

Guest speakers, Food, Music and Fellowship

**This is an outside event, please dress for the
weather!**



CAMPING !!!



2024 MONTHLY

April 12-14 (MD)
Milburn Landing SP

August 16-18. (MD)
Tuckahoe SP

May 10-12 (PA)
Caledonia SP

September 20-22 (MD)
Greenbriar SP

June 21-23 (VA)
Westmoreland SP

October 18-20 (MD)
Shad Landing SP

July 26-28. (MD)
Susquehanna SP

Wm. G. 717.504.5833
Elkton, MD

Tom E. 301.602.8680
Georgerown, MD

Jim W. 717.858.5617
Fredrick, MD

*Each campground has Modern Bathrooms and Electric Sites
This group was origionally started in 1970's - many many good memories!!
We encourage all new and experienced travelers to join us
Bring the kids, fishing poles, bug spray, tp., tent., RV, (homemade bread?)*

"We Absolutely Insist on Having Fun"



Triangle Club

RAIN OR
SHINE

ALL FELLOWSHIPS WELCOME

PICNIC IN THE PARK

FOOD | GAMES | RAFFLE PRIZES

ROCK CREEK PARK
PICNIC GROVE 13

SATURDAY, SEPTEMBER 14

Area 13 WAGSA No meeting in July 2024

No Area Committee meeting in July

Music Bingo Trivia Night

Saturday July 27, 2024

5:00—7:00 PM

**Laurel Recovery
368 Main St
Laurel MD 20707**

Bring a snack to share

Andrews Armed Forces 54th Group Anniversary

Saturday, July 20, 2024

1:15 PM—5:00 PM

**Bells United Methodist Church
6016 Allentown Road
Suitland MD 20746**

WAIA Monthly Board of Directors Meeting

Tuesday July 9, 2024—8:00 PM (2nd Tuesday of the month except August)

Join Zoom Meeting:

[https://us02web.zoom.us/j/83460598434?](https://us02web.zoom.us/j/83460598434?pwd=VVBEEK2FNSZcxS3VXZDFVOXhMa1oxZz09)
[pwd=VVBEEK2FNSZcxS3VXZDFVOXhMa1oxZz09](https://us02web.zoom.us/j/83460598434?pwd=VVBEEK2FNSZcxS3VXZDFVOXhMa1oxZz09)

Meeting ID: 834 6059 8434
Passcode: 819862

CHECK OUT OUR EVENTS CALENDAR

<https://aa-dc.org/events>

Events are updated
regularly!

If you would like to
submit an event, send an
email to events@aa-dc.org.

1049	9:30 Club Online	ano		210	Serious Business
180	180 Degree Club	895	Haven At Last	120	Shepherders
60	14 Promises	207	Heliotrope Men's Stag	233	Sil Spring Beginners BB
150	As Bill Sees It NW	60	High Sobriety	1400	Silver spring Group
66	Anacostia Group	234	How It Works, G'town	60	Simply Sober
766	Andrew Armed Forces	44	Hyattsville Hope Live	220	Six & Seven Step
225	Any Lengths	284	Informed Group	390	Sober Living Group
179	Aspen Hill 5th Chapter	172	Kid Friendly TP Women	780	St. Francis Group
105	Aspen Hill Phoenix Fri	100	Last Stop Group	1386	Sun Morn Breakfast Club
187	Attitude & Action	53	Lawyers Group	238	Sun. Morn Break'f Outdoors
602	Back to Basics	25	Let Go Let God	200	Sunday Morn Joy
60	Beginners R Winners-Live	130	Leisure World Noon	919	Sunshine Group G'burg
987	Burtonsville Big Book	63	Lit Hoppers	700	Sunrise Zoom
250	B.Y.O.L.	240	Lit Womxn	360	Takoma Pk Necessity
800	BYOL Non-Smokers	50	Make It Happen	195	Terrapin Thanksgiving B'fast
1511	Capitol Hill Group	217	Men in Recovery	131	T.G.I.F.
380	Cedar Lane Women	256	Merry Miracles	166	Tenely-Keep Coming Back
60	Chinatown Big Book	420	Messengers	610	Thursday Night Men's BS
113	Chinatown Men's	1458	Midtown	15	The Way Group
100	Cigar Smokers	100	Montgomery Cty Women	251	Triangle Club
125	Clinton 6:30	720	Montrose Gay	200	Twelve Point Bucks
30	Clinton Day	527	More Peace of Mind	226	Uptown Group
50	Clinton Sun Nite	400	Moving Into Solution	159	Village Idiots
80	Coffee & Donuts	269	Nativity	28	Virtually Sober
100	Colesville Sun Night	84	New Beginners	439	We Are All Beginners
989	Cosmopolitan Group	125	N.W. Metro	300	We Care
25	Daily Reflection-UP	359	Oasis Women Big Book	543	Westmoreland Women
1298	Darnestown Men's	20	Old Fashion Group	300	Westside Women
320	Darnestown Men's Online	38	On Awakening	448	Westside Club
25	Daily Reflection-UP	1800	Olney Farm Group	200	What's Happening Now
360	Downtown Sil Spring	300	Olney New Times	125	Women's AA Meeting
225	DC Men's Adhoc	952	Olney Stag Rap	215	Women's Grapevine
189	DCC Noon Group	200	Open Arms	240	Women Living Sober
238	Deanwood Step Group	90	Out to Lunch Group	1200	Yacht Club
85	Deanwood Women Rap	500	P Street		
250	District 2	42	Pit Stop		
52	Double Recovery	162	Potomac Oaks	204	Birthday
300	DCC Noon	576	Progress Not Perfection	375	Faithful Fivers
104	Dunrobbin Group	174	Prospect Group	17093	Individuals
900	Epiphanies	129	Quince Orchard		Memorial
500	Foggy Bottom Group	390	Radicals		
138	Free Spirits	500	Rarely Have Seen P'r Fail		
500	Georgetown Group	120	Read & Speak		
112	Glen Echo Group	300	Room With A View		
200	Goldsboro Group	245	Rosedale Sobriety		
220	Good News Beginners	29	Sat. Afternoon UP		
914	Greenbelt Step Club	240	Saturday Morn Steps		
153	Growing Group	120	Sat. Night Happy Hour		
656	Grupo Virtual Washingoni-	84	Serenity House		

If you would like to receive to the **hard copy** of New Reporter, make check payable to WAIA and

Mail to: WAIA

4530 Connecticut Ave, NW, Suite 111
Washington, DC 20008

\$15.00 Year

\$28.00 Two Years \$12.00 Group Rate

A free digital copy of the New Reporter is posted every month to our website at:
<https://aa-dc.org/new-reporter>

To receive an email with the link each month,
email **newreporter@aa-dc.org**



Have a story about your recovery in AA? Tell us your stories about how you're saying sober in these difficult times.

Why not share it with all of us? If you'd like to contribute to the *New Reporter*, please send in your material to:

newreporter@aa-dc.org



Day

July 11	Chuck S.	Darnestown Men	46 years
July 18	Luella T.	Hyattsville Hope Live	46 years
July 30	Clo'via C.	Nativity	16 years

THINGS WE CANNOT CHANGE

Bob Greenbank June 9, 2024, Aspen Hill 5th Chapter, 31 years sober
 Bob Williams, June 18, 2024, Friday Night Phoenix, 31 years sober

The **NEW REPORTER** is a monthly publication of the WAIA Inc., 4530 Connecticut Avenue, N.W. Washington, D.C. 20008. Printed Subscriptions are \$15.00 per year and Digital Subscriptions are **FREE**. Articles and event information are encouraged from members of the Fellowship.



New Reporter

VOLUNTEER

Opinions expressed herein are not necessarily those of the Washington Area Intergroup Association or A.A. as a whole.

Guess who it really Helps?

Call 202-966-9783

July 2024