

# • Digital NEW REPORTER

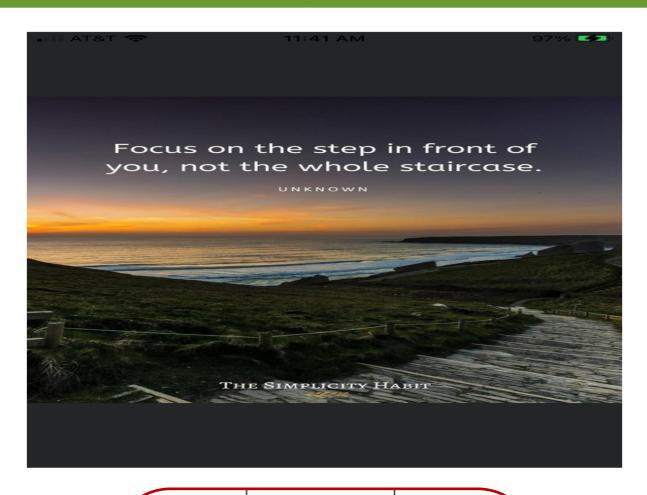
Alcoholics Anonymous, 4th Ed, p 77

WASHINGTON AREA INTERGROUP ASSOCIATION

**VOLUME 61** 

NUMBER 10

October 2024



# Rule 62

The task ahead of us is never as great as the Power behind us.

When I defend my mistakes, I lose my serenity.

Willingness without action is fantasy.

Every alcoholic gets sober - some of us do it before we die.



**VOLUME 61** 

NUMBER 10

October 2024

### **WAIA October 2024 Announcements**

WAIA Board Meeting, October 8, 2024, Hybrid

Come for Pizza and Salad and Gratitude Box decorating; Stay for the meeting! All AAs are welcome, not just Intergroup Reps

St. Luke's Episcopal Church
6030 Grosvenor Ln
Bethesda MD 20814 (Ample street parking &parking lot behind the church is available)

**7:00—8:00 PM**— Pizza, Salad and decorate your group's Gratitude Box for November. Markers and stickers will be available but you may bring crafting supplies to use and share. Completed boxes will also be available for pick up.

**8:00– 9:00 PM**—Hybrid WAIA monthly business meeting. The WAIA Finance committee will present the draft 2025 WAIA Budget to be approved no later than the November 2024 Board Meeting, per WAIA's by laws. Group Reps will have the opportunity to ask questions and take the budget back to their groups for discussion.

https://us02web.zoom.us/j/83460598434?pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09

Meeting ID: 834 6059 8434

Passcode: 819862

Dial-In: 301-715-8592, Passcode: 819862

### Calls for Service

### **OFFICE and HELPCHAT Volunteers Needed!**

**Available In Person Shifts:** Sunday 1-4, Wednesday 4-7 PM, Saturday 1-4 PM. Email help@aa-dc.org for more information or call 202-966-9783; ask for Luella or Clo'via

**NIGHTWATCH Volunteers Needed (1** Year Sobriety Requested)

email Nightwatch@aa-dc.org to volunteer.

Pease share these announcements with your group and encourage people to sign up for the New Reporter to receive local AA news directly!





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# The Wreckage of the Present by Preston B, Walt Lake Central Office newsletter

Over the years I have witnessed people who seem to have been solid members of the program go out and drink again. The reasoning is inconsequential, because if they are real alcoholic, the only actual reasoning for them drinking again is that the obsession returned and they, once again, became powerless over alcohol. Many of these people had become my friends over the years, because we did service, sponsored new people and naturally bonds were created. I can only wish they had stayed.

The tenth step is the beginning of an ongoing effort to clean up the wreckage of the present. After taking the first nine steps, it is apparent to me when I become resentful, afraid, or when I arouse bitterness in others with my actions. This is true, because I don't regularly feel discontented and when I do it is an abnormal feeling. The big book says, "when these crop up", meaning that is going to happen. So, what am I supposed to do about maintaining a fit spiritual condition?

First of all, it was important for me to not blame my disease for the actions I take and the repercussions of such actions. I went a long time pointing the finger and not taking responsibility for my own life. Oh, what a victim I was. It was a big step for me to realize that I had character defects that continued on. I felt as though when people shared in meetings and talked about how well their lives were going after they took the steps, that there was something wrong with me. Because I still developed problems. These problems are nothing more than a manifestation of my character defects. It is up to me to recognize these and make effort to grow toward something better.

God plays a huge part in dealing with my character defects. I want to be as useful as possible, but my experience has proven to me that I cannot fix my character defects no matter how well I arrange my life and walk on eggshells. It is not only no way to live and enjoy life, it's practically impossible to ac-

complish. Considering this, I am convinced the Higher Power is the one who has removed those more severe defects. Hiding from people was never the answer, because sooner or later, I was going to have to deal with the world and its people. I'm grateful that I have this program so I can minimize the damage I cause as I go along.

I was about two years sober and making many mistakes in my life. One day I was reading Bill's story, and I saw towards the end that he wrote a passage about how when he was around that same time sober, he was also plagued by waves of self-pity and resentment. The Big Book is so good, and Bill's writings were so on point that when he describes a problem, he doesn't just leave you paralyzed and without a solution. Continuing to take inventory was a good step in understanding problems as they come and making amends quickly if I had harmed anyone. In that particular passage he stated the "when all other measures failed, work with another alcoholic would save the day" Needless to say, that I have worked with newcomers over the years could very well be characterized as intensive and frantic.

I didn't know why I was, for some reason, under the impression that practicing the first nine steps of the program would render me a perfect person. Ultimately, I realized that the best I will ever be is a flawed human being. Everyone has character defects whether they are alcoholic or not, but if my character defects run awry, and I don't take the necessary steps to hold them in check, then something will happen for that won't happen for normal people and that is I could run the risk of the insanity of alcohol retuning and drinking again, like may I have known. I am happy to have found a power in which I can live. I am happy to recovered from the hopeless condition and am receiving the promises of the tenth step, which is to have a daily reprieve, so long as I persevere in maintaining a fit spiritual condition through the practice of the tenth step.



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# Seeking New Teachers (Reprinted from Akron Intergroup News-September 2015)

I wouldn't be surprised if the phrase "We never graduate" is used numerous times in this issue. Recovery is a way of life in which we have to continue to grow, or we wither away. Sometimes quickly, sometimes slowly can work in the opposite direction as well. Despite the warning against resting on our laurels, many of us do just that, including myself. I was sober 13 years and things just seemed ... flat. I was going to the same meetings, hanging with the same people, not going out of my way to be available to help anyone. I just wasn't enjoying sobriety. Something needed to change. I drive a truck and spend a lot of time alone. So, I started downloading leads to my phone and listening at work. If I enjoyed the speaker, and they mentioned their sponsor's name, I would try to find a talk from their sponsor, and then their sponsor, etc. This eventually led me to a group in Denver. They used a prayer called the "Set Aside Prayer". I thought it sounded like a great prayer for where I was. I wrote it down and added it to my daily prayers. It goes like this ...

"God please help me to set aside everything I think I know About myself, the Twelve Steps, this book, the meetings, my disease and You God, so I may have an open mind and a new experience with all these things. Please help me to see the truth."

A day came when I was on the phone with a friend of mine. I had started to debate with him about something (I don't remember what), and something extremely stupid left my mouth. I had heard a lead say that 'the Power of God alone wasn't enough to keep him sober'; he needed the power of alcohol to push him toward God. What I said was "The Power of God isn't enough to keep me sober." There was dead silence on the other end of the phone. Finally, he said "God can't do What?!!" Then he laid into me. He told me everything was in my head. If I could just make the trip from head to heart some amazing things could happen. It was my father telling me about all the potential I had when I was younger. I used to take pride in that, until an AA told me that just means you haven't done anything yet. What an ego-deflator that was. I realized I couldn't fix the problem with the problem. I couldn't think my way out of it. The prayer had come true. I had to set aside everything ... not discard, just set aside. I needed experience, not knowledge. I started to share this prayer with my friends and one of them said she knew the prayer. She said that some folks in the Cuyahoga Valley put on a weekend twice a year and they use it. She found a registration for me, and I attended the retreat. I looked at it like God was putting people in my path that had personal experience with this prayer, rather than just some voices coming out of my truck speakers. It was AWESOME! These people showed me so much. I got to participate in a Step workshop, where you go through the Steps in a group setting. There is a Power that is present when people gather to seek spiritual growth, and God certainly showed up there. To see people that are open to being challenged to dig deeper, reach new levels of understanding about themselves is a privilege. It showed me that vulnerability is not a bad thing, in fact it is vital to the formation of true relationships. I cannot hide behind my pride and my intellect. I need to let you in. I need to share the real me because I'm really not that different from you. By sharing our flaws, our mistakes, our triumphs with those around us, we find out we are not alone. That we can stay sober through good times and tough times. That the brotherhood of man is real and that we are all worth loving. As a result, my spirit blossomed. I felt alive again. Life had a purpose once more. I am grateful that God "doesn't make too hard terms with those that seek Him". Going back to school, not for knowledge, but for experience, made all the difference in the world.



# MAKES ME LAUGH

WASHINGTON AREA INTERGROUP ASSOCIATION

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Whoever told me to leave my car at the pub and take the bus home... well, it turns out I was in no shape to drive it either!



A horse walks into a bar and orders a pint. The barkeep says, "You're in here pretty often. Do you think you might be an alcoholic?"

The horse replies, "I don't think I am," and vanishes from existence.

See, the joke is about Descartes' famous philosophy of 'I think; therefore, I am", but to explain that part before the rest of the joke would be putting Descartes before the horse.



Why I was fired...

Well, For the company picnic, management decided that, due to liability issues, we could have alcohol, but only one drink per person.

I was fired for ordering the cups.

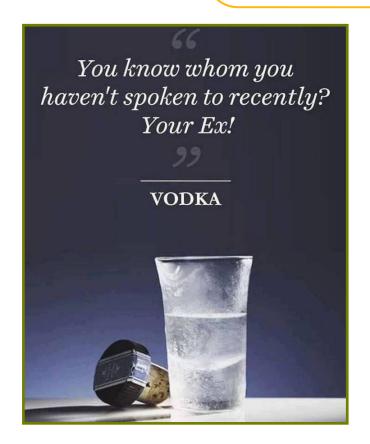


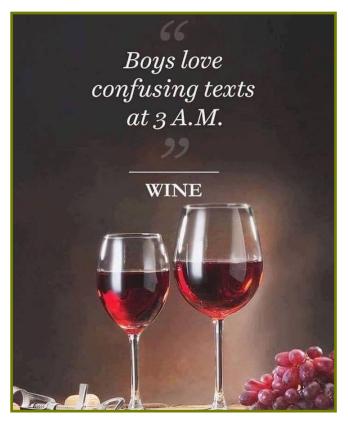


# MAKES ME LAUGH

**WASHINGTON AREA INTERGROUP ASSOCIATION** 

If alcohol could talk ...

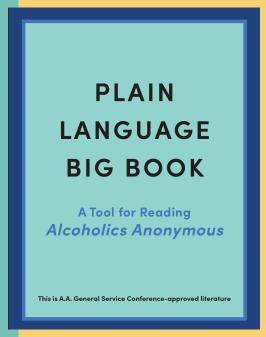




Word of advice: never buy a dog when you're drunk.



# Announcing: a new book from AAWS on sale November 1, 2024



The *Plain Language Big Book* is a tool to help readers understand the book *Alcoholics Anonymous*, which was first published in 1939. This new book is designed so that the A.A. Twelve Step program of recovery from alcoholism may be easily understood and accessible by all people who have a desire to stop drinking.

Members of A.A. fondly call the original book *Alcoholics Anonymous* "the Big Book." It is the basic text of the A.A. program. The *Plain Language Big Book* has been written to present the original ideas and same spiritual message of the Big Book, *Alcoholics Anonymous*.

This new text is not intended to replace the much beloved Big Book. Rather, the *Plain Language Big Book* is a book crafted over several years by A.A. members and publishing professionals to support alcoholics on the path to recovery. The book is intended to help people who have a problem with alcohol gain access to A.A.'s lifesaving message.

For years, A.A. members have expressed a need for a *Plain Language Big Book*. Based on the shared experience of A.A. members, some people may not have regular contact with other A.A. members to help them understand the A.A. program of recovery and the specific vocabulary as it is used throughout the original book *Alcoholics Anonymous*. Other people have a hard time reading, especially books that were written long ago. This *Plain Language Big Book* is written in simpler language to support readers in their recovery.

This book is published in accordance with Advisory Actions passed by substantial unanimity of the General Service Conference (GSC) of Alcoholics Anonymous. In 2021, the 71st GSC advised that this book be developed. Progress reports, then sample chapters were reviewed at the 72nd and 73rd GSCs. The final draft of the *Plain Language Big Book* was reviewed and approved by substantial unanimity at the 74th GSC, in April 2024. This process and outcome adopts this text as Conference Approved Literature.

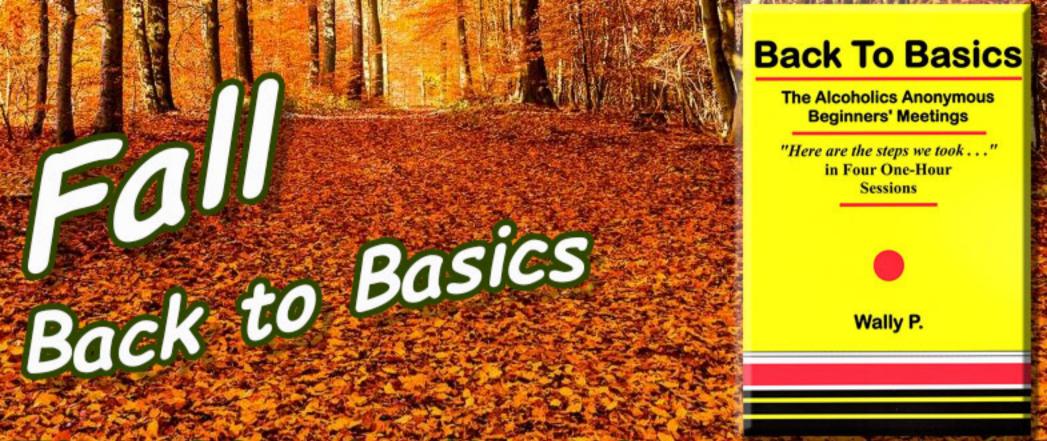
The *Plain Language Big Book* covers the core content of what is the "abridged version" (the edition without personal stories) of the original Big Book.

Readers are also encouraged to seek out the current edition of the book *Alcoholics Anonymous* and meet with A.A. members to support their own individual paths of recovery from alcoholism.

The *Plain Language Big Book* is A.A. General Service Conference-approved literature.

PLAIN LANGUAGE BIG BOOK: A Tool for Reading Alcoholics Anonymous

- · Publication (on-sale) date: November 1, 2024
- List Price \$11.
- · Item B-90
- 192 pages; 8 ½' x 11"
- Softcover format with flaps



# The Alcoholics Anonymous Beginner's Meetings

Here are the Steps We 700k....

In FOUR One Hour Sessions

Saturday Mornings in October

@ 10:00 AM

5, 12, 19, 26

368 Main Street Laurel MD 20707 Laurel Recovery. Org



### 14th Annual

# **Blue Hen Roundup**

### **Hosted By Central Delaware Intergroup**

Date: Saturday, October 5, 2024 (*Lunch Included*)
Location: St. Andrew's Lutheran Church - Great Hall
425 North DuPont Hwy Dover, DE

## **Schedule**

4:30 pm

8:00 am Registration, coffee, donuts, fellowship 9:00 am Al-Anon Speaker: Jannette S. Poughkeepsie, NY AA Speaker: Nelson S. Poughkeepsie, NY 10:00 am 11:30 am **Break** Noon Invocation - Lunch and music 2:00 pm AA Speaker: Rocco P. Youngstown, OH 3:30 pm **Break** Sobriety Countdown AA and Al-Anon 4:00 pm

# Blue Hen Roundup Conference Registration for Saturday, October 5, 2024 Cost: \$25.00

Send payment via Zelle! to cdiaacs@gmail.com

Ticket Drawing for Gifts

Provide name(s) of guest(s) and your name, telephone number, and email address in the "memo" box, – or –

Name:	E-mail:	
Address:	Phone:	
City	State: Zip:	At some of these we balked.

\$25.00 per person. Mail registration form and check or money order payable to:

Central Delaware Intergroup

PO Box 853 Dover, DE 19901

Please include your phone number on your check or money order.

For additional info/special requests, please email us at <a href="mailto:support@cdiaa-de.org">support@cdiaa-de.org</a>
Please remember that all children require adult supervision.





# Saturday, October 19, 2024

If Weather is Bad Check Website to Confirm Event is Still Happening

# Suggested Donation is \$10 per Adult

- Live Music
- Cake Walk
- 50/50 Raffle
- Fun for the Whole Family
- Coffee, Tea, and Water Provided

4:00 pm - Dinner, Music, Fellowship & Festivities

7:00 pm - AA Meeting

For More Info or Service Opportunities: Email: happydestinyretreat@gmail.org Call or Text: Rachel 240-728-9874 Website: happydestinyretreat.org

# WHAT TO BRING

- A Potluck Dish to Share
- Chair/Blanket/Flashlight
- Warm Clothes/Jacket for After Dark
- A Newcomer
- Pre-carved pumpkin for competition

# NO PETS PERMITTED

Located at:

6501 Griffith Road Gaithersburg, MD 20882





# 26TH ANNUAL WOMEN'S WEEKEND

October 18-20, 2024

Camp Wabanna- 101 Likes Road, Edgewater, MD 21037

Women+ share a weekend of fellowship, 12 step study with speaker Sandy B, and a sense of belonging.

The cost for the weekend is:

\$190 for Lodge accommodations

\$170 for the Farmhouse

\$150 for Dorm accommodations

Please keep in mind that the facility is not handicap accessible and the Farmhouse and Dorms have bunkbeds.

Deposit of \$50 due at time of registration to reserve your spot. Lodge spaces are first come first serve.

All meals, excluding Friday, are included in the cost for the weekend (vegetarian options available).

Balances are due in full by September 15th.

Register by scanning the Registration QR code below.

T-shirts are available for purchase and will be handed out upon check-in at Camp Wabanna. You can purchase t-shirts with the T-Shirt Order QR code below.

Scholarships are available. Please contact Sarah K. or Chrissy M. for information.

Venmo, Cash and Checks are accepted. Please make checks payable to Women's Weekend.





# **2024 MONTHLY**

April 12-14 (MD) Milburn Landing SP

May 10-12 (PA) Caledonia SP

June 21-23 (VA) Westmoreland SP

July 26-28. (MD) Susquehanna SP August 16-18. (MD) Tuckahoe SP

September 20-22 (MD) Greenbriar SP

October 18-20 (MD) Shad Landing SP

Wm. G. 717.504.5833 Elkton, MD

Tom E. 301.602.8680 Georgerown, MD

Jim W. 717.858.5617 Fredrick, MD

Each campground has Modern Bathrooms and Electric Sites
This group was origionally started in 1970's - many many good memories!!
We encourage all new and experienced travelers to join us
Bring the kids, fishing poles, bug spray, tp., tent., RV, (homemade bread?)

"We Absolutely Insist on Maving Fun"





# The First OIAA ONLINE INTERNATIONAL CONVENTION

October 25 - 27, 2024

4 virtual conference rooms

From 18 countries serving as meeting hosts



6 languages spoken & interpreted

English, ASL Spanish, Portuguese French, Farsi

Scan the QR code to register

PRESEN

# 46TH SANNUSEE

# FEN THERS

TO BENEFIT HOSPITALS AND INSTITUTIONS COMMITTEE

# FRIDAY NOVEMBER 8 2024 DOORS OPEN AT 7 PM MEETING STARTS AT 8 PM

NORTH CHEVY CHASE CHRISTIAN CHURCH 8814 KENSINGTON PKWY CHEVY CHASE, MD 20815

ZOOM ID & PASSCODE: CHECK WAIA EVENT PAGE FOR UPDATE

CALL ERYN C FOR SERVICE 301-651-4942

**FREE ENTRY** 

The 40th Annual Terrapin Thanksgiving Gratitude Meeting & Breakfast is on for Thursday, 11/28 in the usual Kensington location, with the babysitting room available. Address:

Christ Church Kensington 4001 Franklin St Kensington, MD 20895 (Entrance on Everrett St)

# Schedule:

7:45am Set-up

8:30am Food drop-off

9:00am Breakfast

10:30am Meeting

11:45am Clean-up

Questions? Want to help with service? Please text Maura at 301-580-6454.

# SOUTHERN MARYLAND'S 14TH ANNUAL ROUNDUP

with Al-Anon Participation

March 14-16, 2025

DoubleTree by Hilton Annapolis, Maryland



# WE ARE NOT SAINTS

Registration Opens August 15, 2024

To register and for lodging information, visit www.southernmarylandroundup.org

Email Questions to info@southernmarylandroundup.org



# SCHEDULE

Friday Night Steps 1, 2 & 3; Sunday Morning Step 12 Ft. Lauderdale, FL

Saturday Morning Steps 4 & 5; Saturday Afternoon Steps 8 & 9 Bellingham, WA

Saturday Afternoon Steps 6 & 7; Sunday Morning Steps 10 & 11

Saturday Night AA Keynote Speaker

Larcine G. Hawthorne, CA Saturday Afte

Hollister, CA

Tina A.

Plano, TX

Jennifer H-K.

Peter M.

Don L.

Saturday Afternoon Al-Anon Keynote Speaker

"THE POINT IS, THAT WE ARE WILLING TO GROW ALONG SPIRITUAL LINES."

~ BB, pg. 60



# • CALENDAR • DIGITAL REPORTER

WASHINGTON AREA INTERGROUP ASSOCIATION

**VOLUME 61** 

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# Area 13 WAGSA Area Committee Meeting

Monday, October 14, 2024

6:00 PM —9:00 PM

**6:00 PM**—New GSR/DCM orientation **7:00 PM**—Area Committee Meeting

n Person Only 5656a 3rd St NE, Washington, DC 20011

For more info: area13aa.org or email: chair@area13aa.org

CHECK OUT OUR EVENTS CALENDAR

https://aa-dc.org/events

Events are updated regularly!

If you would like to submit an event, send an email to events@aa-dc.org.

# **WAIA**Monthly Board Meeting

October 8, 2024—7:00 PM - 9:00 PM—Hybrid Meeting

**7:00—8:00 PM**—Come for Pizza, Salad and stay for the October business meeting at 8:00 PM. In addition at 7:00 PM you cann decorate your group's Gratitude Box for November. Markers and stickers will be available but you may bring crafting supplies to use and share.

**8:00– 9:00 PM**—Hybrid WAIA monthly business meeting. 2025 Budget will be presented. The vote to approve it will be at the November meeting.

https://us02web.zoom.us/j/83460598434?

pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09

Meeting ID: 834 6059 8434

Passcode: 819862

Dial-In: 301-715-8592, Passcode: 819862



# CONTRIBUTIONS

January 01, 2024 – September 20, 2024

WASHINGTON AREA INTERGROUP ASSOCIATION

NUMBER 10

8000	8AM Men'sBig Book
	9:30 Club Online
180	180 Degree Club
120	14 Promises
1490	AA @ CUA
66	Anacostia Group
766	Andrew Armed Forces
225	Any Lengths
169	As Bill Sees It NW
179	Aspen Hill 5th Chapter
165	Aspen Hill Phoenix Fri
187	Attitude & Action
604	Back to Basics
60	Beginners R Winners-Live
400	_
10	
660	
1547	
550	• • • • • •
800	BYOL Non-Smokers
1804	Capitol Hill Group
380	•
120	
113	•
100	
125	_
30	
80	
300	
100	
1935	•
37	-
75	•
1734	•
320	Darnestown Men's Online
375	DCC 9:30 Club
225	DC Men's Adhoc
489	DCC Noon Group
238	Deanwood Step Group
85	Deanwood Women Rap
250	District 2
360	Downtown Sil Spring
52	
104	•
20	
1200	
5	Ex-Libris

ON VOLUME 61		
Georgetown Group		
Glen Echo Group		
Goldsboro Group		
Good News Beginners		
Greenbelt Step Club		
Growing Group		
Grupo Virtual Wasingtoniano		
Haven At Last		
Heliotrope Men's Stag		
High Sobriety		
How It Works, G'town		
Hyattsville Hope Live		
,		
Informed Group		
Into Action Group		
Kensington Big Book		
Kid Friendly TP Women		
Last Stop Group		
Lawyers Group		
Let Go Let God		
Leisure World Noon		
Lit Hoppers		
Lit Womxn		
Make It Happen		
Men's Adhoc Group		
Men of Dupont		
Men in Recovery		
Merry Miracles		
Messengers		
Mideast		
Midtown		
Monday Winners Online		
Montgomery Cty Women		
Montrose Gay		
More Peace of Mind		
Moving Into Solution		
Mt. Rainier Group		
Nativity		
Never Walk Alone		
New Beginners SW		
New Unity Gay		
N.E. Sunrise		
Norbeck Women Fri		
Norbeck Women-Wedn		
N.W. Metro		
Oasis Women Big Book		
Old Fashion Group		
On Awakening		

1800 Olney Farm Group

<b>NBER</b>	10	October 2024
300	Olney Nev	v Times
952	Olney Stag	
5	On the Hill	,p
200	Open Arm	S
50	Out of the	
127	Out to Lune	
606		
42		
300	•	ligh Noon
295		•
576	Progress N	ot Perfection
74	Prospect G	Froup
191	Quince Or	chard
690	Radicals	
500	Rarely Hav	e Seen P'r Fail
120	Read & Sp	eak
600	Room With	A View
245	Rosedale S	Sobriety
29	Sat. Aftern	oon UP
240	Saturday A	Norn Steps
120	Sat. Night I	Happy Hour
100	Serenity G	roup
184	Serenity Ho	ouse
210	Serious Bus	siness
264		
397	Sil Spring B	eginners BB
1400	Silver sprin	•
90	Simply Sob	
100	•	of Purpose
714		•
432		n Step Online
390		•
312		
	St. Francis	
1386		Breakfast Club
321		Break'f Outdoors
200		
56	Sunrise Sol	
700	Sunrise Zoo	
1414		Froup G'burg
540		Necessity
195		anksgiving B'fas
131	T.G.I.F.	C! D !
166		ep Coming Back
610	-	light Men's BS
15	The Way G	-
251	•	
350	Twelve Poi	LI RACKS

325 Free Spirits

500 Foggy Bottom Group



# CONTRIBUTIONS

January 01, 2024 – September 20, 2024

WASHINGTON AREA INTERGROUP ASSOCIATION

**VOLUME 61** 

NUMBER 10

October 2024

- 286 Uptown Group
- 400 Victory Lights
- 159 Village Idiots
- 28 Virtually Sober
- 543 We Are All Beginners
- 300 We Care
- 25 West Side Beginners
- 190 Wenes. Night Winners
- 543 Westmoreland Women
- 453 Westside Women
- 448 Westside Club
- 407 What's Happening Now
- 125 Women's AA Meeting
- 215 Women's Grapevine
- 84 Women's Happier Hour
- 240 Women Living Sober
- 1200 Yacht Club

292 Birthday

1096 Faithful Fivers

24144 Individuals

100 Memorial



# SUBSCRIBE

WASHINGTON AREA INTERGROUP ASSOCIATION

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If you would like to receive to the **hard copy** of New Reporter, make check payable to WAIA and

Mail to: WAIA

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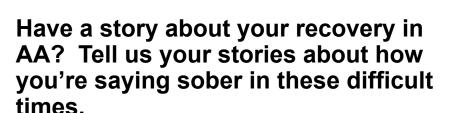
\$15.00 Year \$28.00 Two Years\$12.00 Group Rate

A free digital copy of the New Reporter is posted every month to our website at: https://aa-dc.org/new-reporter

To receive an email with the link each month,







Why not share it with all of us? If you'd like to contribute to the *New Reporter*, please send in your material to:

newreporter@aa-dc.org



Bese Bese Bese Bese



# CELEBRATING

WASHINGTON AREA INTERGROUP ASSOCIATION

**VOLUME 61** 

**NUMBER 10** 

October 2024

Day

October 24

Mark B.

**Progress Not Perfection** 

15 years

### THINGS WE CANNOT CHANGE

The **NEW REPORTER** is a monthly publication of the WAIA Inc., 4530 Connecticut Avenue, N.W. Washington, D.C. 20008. Printed Subscriptions are \$15.00 per year and Digital Subscriptions are FREE. Articles and event information are encouraged from members of the Fellowship. **VOLUNTEER** 

Opinions expressed herein are Guess who it really Helps? not necessarily those of the **Washington Area Intergroup** Association or A.A. as a whole.

Call 202-966-9783



# **OCTOBER 2024**