



Fifth Step Promises

“We pocket our pride and go to it, illuminating every twist of character, every dark cranny of the past. Once we have taken this step, withholding nothing, we are delighted. We can look the world in the eye. We can be alone at perfect peace and ease. Our fears fall from us. We begin to feel the nearness of our Creator. We may have had certain spiritual beliefs, but now we begin to have a spiritual experience. The feeling that the drink problem has disappeared will often come strongly. We feel we are on the Broad Highway, walking hand in hand with the Spirit of the Universe.”

WAIA May 2025 Announcements

Special Request from our Area 13 Delegate, Stan C., regarding the International Convention and an Area Hospitality Suite. Please fill out the 2 question survey below before April 24, 2025 Close of business. Thanks!

English version: <https://forms.gle/6XZ9FyQsgmtZwpzD7>

Calls for Service

H&I (Hospitals and Institutions) Co-Chair: Here Ye Here Ye... Are you a fairly organized person, have about 15 hours a month to devote to leading a Service Committee? Then boy oh boy is it your lucky day, the **Hospitals and Institutions Committee is looking for a Co-Chair** that will step into the Chair position in the very near future. Please contact Eryn C to discuss, 301-651-4942.

WAIA Office Committee Chair: The Office Committee makes recommendations to the Executive Committee/Board regarding office operations and personnel policies for WAIA staff. Current board members, current and past officers and past executive committee members are eligible to serve as chair. Contact chair@aa-dc.org.

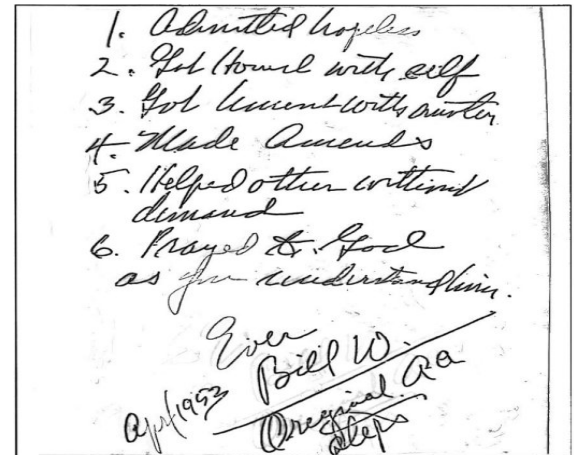
OFFICE and HELPCHAT Volunteers Needed!

Available In Person Shifts: Sunday 10 AM-1PM, Tuesday 1-4 PM, Wednesday 4-7 PM, Saturday 1-4 PM, Saturday 4-7 PM.

Available Remote Shift: Thursday 7-10 PM (1 Year Sobriety)
Email help@aa-dc.org for more information or call 202-966-9783; ask for Luella or Clo'via

NIGHTWATCH Volunteers Needed (1 Year Sobriety Requested) email Nightwatch@aa-dc.org to volunteer.

85 Years-Ago Last Month—A tragic situation occurs in the Washington Group's history: On or about April 9, 1940, Florence R evidently signs a copy of Alcoholics Anonymous, which now is in the Archives of the General Service Office in New York. Earlier Florence gets sober in New York, is recognized as the first woman to do so, influences the Big Book's "Forward" by stating "one hundred men and women", and is dispatched by Bill W. to start a meeting at the St. Elizabeth's Psychiatric Hospital in Washington, DC. But alas Florence will not be recorded as a member of the Washington Group. Three years and ten days after signing that surviving Big Book she dies from pneumococcal meningitis. On page 19 in Comes of Age, Bill W writes, "With great valor she had tried to help Fitz at Washington, but she became involved in an early wave of failure there and died of alcoholism." Page 60 of The Washington Group quotes a letter dated April 4, 1940 from Bill to Ned F., "... he [Fitz M.], along with Marty ..., can't say enough complimentary things about the way everything is working out down there." Of course, this is about six months following the formation in October 1939 of the viable Washington Group in which Ned is listed as a member.



60 Years-Ago Last Month—The General Service Conference celebrates its fifteenth year by recognizing its start half-way through AA's 30-year journey and by proposing that the sixteenth Conference consider a change in the non-alcoholic to alcoholic trustee ratio from 10:9 to 7:14. Additionally, the Conference views GSO's newly released hour-long film Bill's Own Story in color. Interestingly, the Conference reports for 1964, shipments of 32,509 Big Books, 12,107 Twelve and Twelves, and contributions totaling \$284,009 or \$1.93 per member and for DC \$1,841. By 2013 these numbers would increase to 830,839 Big Books, 371,661 Twelve and Twelves and contributions totaling: \$6,906,371 or \$4.97 per member.

35 Years-Ago Last Month—The Fortieth General Service Conference involves a funny episode affecting our delegate Anne W. and her side-kick past delegate Eleanor B. Anne, scheduled to speak at the opening dinner at which her guest could attend, and her guest, Eleanor, become stuck on an elevator in route there. As attendants ponder the rescue of these two elegant ladies, Eleanor demands a ladder to climb up and out between the floors. The incident becomes an integral tale for Anne's dinner talk. You can just imagine the guffaws there. As a consolation Anne is granted a penthouse overlooking New York and oh yes, a bottle of wine!!!!!!!!!!!! Thankfully she and Eleanor do not imbibe it.

A.A. History Corner, thanks to The WAIA Archives Committee

STEP 5 Truth Be Told

Sobriety offered me a chance to live to my potential...the person I could be rather than the person I was. That, my new friends and The Promises kept me going back to meetings and working the steps.

My assets and (especially) liabilities had been accounted for in Step 4, and so it seemed that Step 5 would somehow cement the deal. No turning back. I had to tell someone to make my efforts legitimate and rid myself of guilt and shame.

I had no belief in God, so admitting to Him and myself "the exact nature of [my] wrongs" was easy but silent. It didn't require any shelving of my ego, but to tell another human being...well, that was a different story. And to me it was an open invitation to more rejection, and I wasn't sure I could take any more of that. Remembering I didn't want to be as sick as my secrets, I set the time, date, place and person (not my sponsor) and ended up doing a truly half-baked job of it.

Maybe a year or so passed when I chatted with a friend of mine after a meeting one night. He told me that he had a secret that would go to the grave with him. No way would he divulge to anyone what it was. Less than a year later he was sitting in the 'drunk tank' at our local jail. I never saw him again at any of the meetings I went to. I shiver to think what happened to him.

It was then that I remembered a conversation with my sponsor about Steps 4 and 5. She reminded me they were good relapse prevention steps. So eventually I began the process again. First Step 4 and then on to 5, and this time around it was more "searching and fearless" and done with my sponsor. She was both empathetic and compassionate, so I got through the process not just intact, but feeling okay about myself.

By then, I had a better understanding of what past behaviors and attitudes, and the shame enveloping them, might lead me to drink again. I had kept the memory of my last drink very green in my mind, and I had no intention of going back there again no matter what. Even when my mom died, which had to be the worst day of my life, I refused to succumb to the kind of self-pity and angst I had brought up to art form in my drinking days. Besides, my mother left me with her own legacy of sobriety. I would never betray that.

Nowadays I try to do Step 10 at least weekly. I'm not always successful, but I've remained sober one day at a time.

Release from Fear

The Fifth Step was a giant step in her progress, taking her farther than she realized

APPROACHED the Fifth Step reluctantly. It was like swallowing a bitter pill. I knew that it had to be done, that it was best for me. But I didn't know why.

My choice of another person with whom to take the Step would be quite different now, because I feel that I have become a better judge of maturity and mental sobriety. But the person I chose at that time was a dear friend, at least on a superficial level, and we seemed to have much in common. It is true that she made it quite easy for me.

Afterwards, I still didn't know why I had taken the Step. But I had done it! I felt terrific relief, knowing that it was behind me and that it was one Step I could say had been taken. It was finished, I thought.

Then the woman with whom I had taken the Fifth Step seemed to have a relapse. While she didn't drink, she became quite erratic and frantic. All I could see, not having much maturity, was that she was not as pleasant and nice as she had been. One day she threatened me, in a veiled way, with the knowledge she had acquired when I took the Fifth Step with her. I could hardly believe it. My husband was present at the time, and all I had to do was glance at him to know that the threat wasn't in my imagination.

My first reaction was disbelief. Then a great sorrow and compassion flowed through me, that a human being could be so desperate for reassurance.

Only later did it occur to me that there was absolutely no fear within me because of what she knew about me or might possibly reveal. The mere fact of having taken the Step had washed away the hidden fear and the secret, exaggerated guilts I had lived with. I realized that simply by taking the Fifth Step my inability to see anything outside myself had been removed. I now was able to think in terms of another person.

Then I started to understand what this Step means: release from fear, in order that we may begin. For until this release from fear is effected we can't possibly find the freedom that is vital for progress in our new way of life. The Fifth Step isn't, after all, an ending. It is the beginning--of truth, of reality, of living in the present, rather than in the night-marish past or frightening future.

-- J. V., Malawi, Africa <http://www.aagrapevine.org/node/25246>



Bartender: "I see your glass is empty. Would you like another?"
Me: "What on earth would I do with 2 empty glasses?"





ASPEN HILL
5th CHAPTER
celebrates



51 YEARS!

Special Guest Speaker!

THURSDAY, MAY 1st

7:00 - 9:30 PM

POTLUCK @ 7  **MEETING @ 8**

Please bring a dish to share & enjoy food & fellowship!

St. John's Evangelical, 4629 Aspen Hill Rd, Rockville, MD

Check with Lyn S. about our food needs: (240) 462-4641

AREA 29 MARYLAND

PUBLIC INFORMATION &
COOPERATING WITH PROFESSIONALS



Joint PI/CPC
meets
monthly
3rd Sunday

April 20th

@ 3pm EST

we welcome

Nick K.

**Panel 74 Area 41 Delegate
2025 Conference Cmte**

Chair on

Public Information

May 18th

@ 3pm EST

we welcome

Sarah C., Area 43

topic

**Presentations to
Professionals**

ID 862 7457

8272

pw 199887

A29cpcpi@gmail.com



Happy Destiny Retreat

5 pm Friday – 11 am Sunday

May 30 - June 1, 2025

Camp Round Meadow

14840 Manahan Road, Sabillasville, MD

Service
Work
Will Be Part
of This Retreat!



\$115 Registration Fee Includes:

- Great Meals & Snacks • Heated Cabins • Al-Anon Participation
- Open AA Meetings • Sober Fellowship • Activities & Workshops

Register and pay online (\$3.00 Service Fee) or use mail-in form

Space is Limited! One person/form please



happydestinyretreat.org

Payment in full preferred OR
deposit of \$50 by April 24
and balance due by May 21.

Mail Registration & Payment to:
Happy Destiny Retreat
c/o Mike Krieg

13014 Turkey Branch Pkwy
Rockville, MD 20853

For more info visit:
www.happydestinyretreat.org
email: happydestinyretreat@gmail.com
or call 240.813.9411

Full & Partial Scholarships Available!
☐ I need a scholarship.

No Pets Allowed at the Camp
Only Registered Participants May Attend

Name

Address

Phone

Email

T-shirt size: ☐ S ☐ M ☐ L ☐ XL ☐ XXL ☐ XXXL
style: ☐ Men ☐ Women

Ride Sharing: ☐ I can offer a ride or ☐ I need a ride

Anonymous scholarship contribution so others may attend

☐ \$10 ☐ \$20 ☐ \$30 ☐ \$40 ☐ \$50 ☐ \$ other

Dietary Preferences* (please check all that apply)

☐ Gluten-Free ☐ Vegetarian ☐ Vegan ☐ other

*While we strive to accommodate a variety of food preferences, if you have allergies, or a specialized diet, you are welcome to bring your own food and store it in the kitchen. Please contact us if you have any questions.



Founders' Day Herald

90th Anniversary of Alcoholics Anonymous

June 6, 7, & 8, 2025 | Akron, Ohio | Birthplace of A.A.

FRIDAY ACTIVITIES

A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m.
Discussion of One Step Per Hour
Chaired by: Juanita W.

A.A. Early Bird Meeting* • 3:00 p.m.
Stacie N. - Akron, OH
"Could Not And Would Not"
Chaired by: Greg E.

Actors Guild Play • 5:00 p.m. & 7:30 p.m.
"Gift To The World"

A.A. Speaker Meeting* • 7:00 p.m.
Megan G. - Broken Arrow, OK
"Bank Robbers Recover Too"
Chaired by: Jeanne R.

Serenity Singers • 8:00 p.m. - 9:00 p.m.
Olin Hall

A.A. Speaker Meeting* • 9:00 p.m.
Derrick Y. - Bedford Heights, OH
"Man In The Mirror"
Chaired by: Woody W.

Junta en Español • 9:30 p.m. - 1:00 a.m.
Orador: Psicologo Carlos Escamilla
Tema: Defectos De Carácter

A.A. Alkathon • 11:00 p.m. - 1:00 a.m.

SATURDAY ACTIVITIES

Bus Tours of Historic A.A. Sites
9:00 a.m. - 4:00 p.m.
2 buses continuously - Bierce Circle

A.A. Archives
Located in Akron Intergroup Office
(Stop on bus tour)

The 12 Traditions • 9:00 a.m.
Debbie D. - Concord, CA
Chaired by: Karen K.

Grapevine Meeting • 10:00 a.m. & 3:00 p.m.
Grapevine And LaVina
"AA's Multimedia Message"
Student Union Theater Presenter: Chris C.

Junta en Español • 11:00 a.m. - 12:00 p.m.
Taller De La Vina
Shrank Hall South

A.A. Old Timers' Panel* • 11:00 a.m.
Topic: "Love And Service Is The Key"
John R. - Euclid, OH
Katie S. - Chagrin Falls, OH
Tom K. - Seven Hills, OH
Chaired by: Karen K.

Actors Guild Play • 12:00 p.m. & 2:30 p.m.
"Gift To The World"

A.A. & Al-Anon Dual Lead* • 12:30 p.m.
Speakers - Chip & Angie B. - Destin, FL
"Re-Navigating Life"
E.J. Thomas Hall Chaired by: Kristina H.

Junta en Español • 1:00 p.m. - 3:00 p.m.
Orador: Psicologo Carlos Escamilla
Tema: Despertar De La Conciencia

A.A. Speaker Meeting* • 2:00 p.m.
Ronald W. - Los Angeles, CA
"Particularly It Was Imperative I Worked
With Others As They Had Worked With Me"
Chaired by: Juanita W.

The History of Our Big Book • 4:00 p.m.
Presented by: Gail L. - Akron, OH
Chaired by: Greg E.

A.A. Speaker Meeting* • 8:00 p.m.
Martin A. - Ontario, Canada
"Nobody Has It All Together, But Together
We Have It All "
UA Infocision Stadium**
Chaired by: Mary K..

****Stadium Weather Contingency Plan
for Saturday Night - See Web Site**

DANCE! DANCE! DANCE!
10:00 p.m. - 1:00 a.m.
Saturday Night

SUNDAY ACTIVITIES

MOTORCADE TO DR. BOB'S GRAVE*
7:30 a.m.
Motorcycle procession and graveside
memorial tribute to Dr. Bob & Anne S.
Dolly A. - Cleveland, OH
Ryan G. - Canton, OH
Chaired by: Jeanne R.

A.A. Spiritual Panel Meeting • 9:00 a.m.
Topic: "Pitiful Incomprehensible Demoralization"
Deborah B. - Elyria, OH
Mike G. - Toledo, OH
Kevin B. - Akron, OH
Chaired by: Juanita W.

A.A. Closing Speaker Meeting*
10:30 a.m.
Ali H. - Markham, Ontario, Canada
"This Is Not An Intellectual Exercise, It's A
Spiritual Endeavor"
Chaired by: Tony T.

AL-ANON

FRIDAY ACTIVITIES

Al-Anon Panel • 2:30 p.m.
Topic: "Two Programs, One Journey"
Angie B. - N. Canton, OH
Jack E. - Akron, OH
Jodene D. - N. Canton, OH
Olin Hall Chaired by: Tracy C.

Al-Anon Speaker Meeting • 4:00 p.m.
Jeanie O. - Cincinnati, OH
"Are There Any Musts In Al-Anon?"
Olin Hall Chaired by: Jane M.

AL-ANON

SATURDAY ACTIVITIES

Al-Anon Panel • 9:30 a.m.
"Prayer And Meditation"
Ginger B. - N. Canton, OH
Dave A. - Akron, OH
John S. - N. Canton, OH
Olin Hall Chaired by: Leslie S.

Lois And Bill's Vision • 11:00 a.m.
"Al-Anon's Journey"
Julie C. - Stow, OH
Olin Hall Chaired by: Greg G.

A.A. & Al-Anon Dual Lead* • 12:30 p.m.
Speakers - Chip & Angie B. - Destin, FL
"Re-Navigating Life"
E.J. Thomas Hall Chaired by: Kristina H.

Alateen Panel • 3:00 p.m.
"Hope In The Fellowship Of Alateen"
Olin Hall Chaired by: Lynda M.

Al-Anon Program Spoken Here
4:30 p.m. - 5:30 p.m.
Olin Hall Chaired by: Irena H.

REGISTRATION

UA STUDENT UNION

CREDIT CARDS ACCEPTED!

Friday 8:00 a.m. - 10:00 p.m.
Saturday 8:00 a.m. - 6:00 p.m.

Registrations must be picked up by
6:00 p.m. Saturday - NO EXCEPTIONS!

Package Plans must be picked up at designated
dormitories. Check confirmation letter or e-mail.

Coffee & Fellowship Room Student Union

A.A. Literature Sales

Friday 8:00 a.m. - 8:00 p.m.
Saturday 8:00 a.m. - 5:00 p.m.
CREDIT CARDS ACCEPTED!

* A.S.L. INTERPRETER



CLEAR BAGS REQUIRED
SEE INSIDE FOR MORE INFORMATION

FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A.
Name badges & ribbons must be worn for admittance to all meetings — NO EXCEPTIONS!

Founders' Day Registration Form | online at www.foundersday.org

Everyone must be registered, including children. All registrations must be postmarked by May 15, . **NO EXCEPTIONS!**

Name (please print clearly) _____

Address _____ City _____ State _____ Zip _____

Phone (_____) _____ E-mail address* _____

* If you provide an e-mail address, you will get confirmation via e-mail only!

☐ Check for special needs - handicapped.
Handicapped parking will be strictly enforced.

☐ Hearing Impaired- ASL Interpreter Requested

All beds are at a fixed height of 42 inches. The University of Akron **CANNOT** adjust bed height.

***INDIVIDUAL FORMS
REQUIRED FOR EACH
PACKAGE PLAN***

Onsite registration closes at 6:00 pm Saturday, **NO EXCEPTIONS!**

Basic Registration \$35 x QTY = \$ _____ **TOTAL**

(Basic Registration will be \$45 on site conference weekend)

INCLUDES ADMISSION TO ALL MEETINGS.

MUST have a picture I.D. for pickup.

Package Plan A \$300 = \$ ONE ONLY

Sex: M ☐ F ☐

BASIC REGISTRATION INCLUDED.

Includes admission to all meetings, meals, room, and bus tour.

Report directly to designated dormitory to pick up weekend package and room key.

You must have a picture I.D. to pick up your reservation package.

All rooms and buildings at the university are non-smoking.

Package Plan B \$225 = \$ ONE ONLY

Sex: M ☐ F ☐

BASIC REGISTRATION INCLUDED.

PLAN B DOES NOT INCLUDE MEALS.

Includes all items in Package Plan A *except* meals.

Rooming with: _____

MEALS

QTY

TOTAL

SATURDAY

Breakfast

\$22 x _____ = \$ _____

Lunch

\$27 x _____ = \$ _____

Dinner

\$40 x _____ = \$ _____

SUNDAY

Breakfast

\$22 x _____ = \$ _____

SPECIAL DIETARY NEEDS — ☐ Diabetic ☐ Vegan ☐ Vegetarian ☐ Gluten-Free

MOTORHOME SITE FEES

QTY

TOTAL

NO TENT CAMPING!

RV Site Tag

\$40 x _____ = \$ _____

(no hook-ups available)

per site/whole weekend

Each RV must have a **Site Tag** to set up.

ABSOLUTELY NO PETS OR FIRES!

REGISTRATION TOTAL \$ _____

PAYMENTS MUST BE IN U.S. DOLLARS ONLY.
MAKE CHECKS / MONEY ORDERS PAYABLE TO:

Akron Intergroup
PO Box 12
Akron, OH 44309-0012

REFUNDS requested in writing only by mail or email
and postmarked / received prior to May 15, 2025.
treasurerfd@akronaa.org

PAYMENT METHODS FOR MAIL IN REGISTRATION:

☐ CHECK ☐ MONEY ORDER

All Credit Card payments must be made online at www.foundersday.org.
Click on the Founders' Day link and follow the instructions.

NEW!

Introducing the *guidebook* app for Founders' Day 2025!

This app will serve as a companion to the printed program, offering a variety of useful features, including:

- Real-time notifications for inclement weather or other unexpected updates.
- Digital access to the event schedule and campus maps.
- Details about historical sites, donation opportunities, and on-campus dining options.

For more information, visit the Founders' Day website: <https://foundersday.org/>

Save
the
Date!

2025 AA International Convention

July 3-6, 2025



Language of the Heart
Lenguaje del corazón
Le langage du cœur



Scan here!

2025 Men's AA Meditation Retreat: July 4th to July 6th



What: The Silver Spring Men's 11th Step AA Retreat

When: Friday, July 4th at 6 pm through Sunday, July 6th at 12 pm

Where: Loyola Retreat House, 9270 Loyola Retreat Road,
Faulkner, Maryland 20632

Why: **To learn to improve conscious contact with your higher power through prayer and meditation**

How much: The cost of this retreat will be \$260.00 (includes 6 meals, private room, and an ice cream feast). \$130 non-refundable deposit is due by Friday, May 30th. The balance is due by Friday, June 20th. Payment can be done by Zelle to 301-651-1399, Check made out to SS AA 11th step retreat, and sent to Vince Kensil 10105 Brunett Ave, Silver Spring 20901, or cash.

This will be an AA only retreat and as such will not be affiliated with any sect, denomination, or religion. Scholarships are available for those unable to pay.
Donations for scholarships gratefully accepted.

Questions? Vince Kensil (301) 651-1399 Victor Brown (202) 684-1308.

Allen Rose (202) 253-3371

Area 13 WAGSA Committee Meeting

Monday, May 12, 2025

6:00 PM —7:00 PM

Orientation for GSRs + DCMs

7:00 PM —9:00 PM

WAGSA Committee Meeting

In Person

5656a 3rd St NE
Washington, DC 20011

For more info: area13aa.org or email: chair@area13aa.org

CHECK OUT OUR EVENTS CALENDAR

<https://aa-dc.org/events>

Events are updated
regularly!

If you would like to
submit an event, send an
email to events@aa-dc.org.

WAIA Board Meeting—Hybrid

Tuesday, May 13, 2025—8:00 PM - 9:00 PM

Come for the pizza and salad, stay for the area updates!

7:00 PM—Food and Fellowship

8:00 PM—Hybrid Board Meeting

St. Luke's Episcopal Church, 6030 Grosvenor Ln, Bethesda, MD

Zoom Meeting:

[https://us02web.zoom.us/j/83460598434?
pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09](https://us02web.zoom.us/j/83460598434?pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09)

Meeting ID: 834 6059 8434

Passcode: 819862

- 250 9:30 Club Online
- 97 11th Step Practice
- 100 Anacostia Group
- 686 Andrew's Armed Forces
- 80 As Bill Sees IT NW
- 454 Attitude & Action
- 349 Broad Highway
- 320 Burtonsville Big Book
- 315 B.Y.O.L. (nonsmokers)
- 984 Capitol Hill Group
- 60 Change of Life
- 124 Cedar Lane Women's Grp
- 575 Corona Vagabond
- 182 Cosmopolitan Group
- 48 Daily Reflections SW
- 25 Daily Reflections UP
- 73 Darne Good Big Book
- 1195 Darnestown Men's
- 218 Darnestown Men's Online
- 500 DCC 9:30 Club Live
- 62 Deanwood Step Group
- 151 District 20
- 180 Epiphanies
- 20 Foggy Bottom Young Peeps
- 480 Free Spirits
- 128 Glen Echo Group
- 262 Greenbelt Step Club
- 300 Georgetown Group
- 312 Good News Beginners
- 100 Greenbelt Step Club
- 146 Grupo Washintoniano
- 75 Hope Fellowship
- 154 How It Works Germantown
- 87 High Sobriety
- 120 Hyattsville Hope Online
- 78 Improving Consc. Contact
- 265 Informed Group
- 481 Just 4-2 Day
- 200 Language of the Heart
- 10 Let Go Let God
- 145 Liberty Group
- 130 Menace 2 Serenity
- 233 Messengers
- 113 Mideast Group
- 120 Midtown
- 175 Monday Winners
- 275 Mont. Co Women Online
- 228 More Peace of Mind
- 93 Mt. Rainer
- 87 Never Walk Alone
- 20 New Beginnings NW
- 66 New Hope 123
- 242 New Unity Gay
- 105 Northeast New Hope
- 100 N.W. Metro
- 201 Norbeck Women Friday
- 25 Oasis Women Big Book
- 100 Old Fashion Group
- 20 On Awakening
- 100 One Day At a time Lanham
- 48 Out to Lunch
- 1352 P Street
- 14 Pointer Ridge Group
- 100 Potomac High Noon
- 490 Potomac Women
- 443 Progress Not Perfection
- 168 Quince Orchard
- 59 Redgate
- 144 Riderwood Bills
- 254 Rosedale Sobriety
- 65 Saturday Afternoon-UP
- 144 Serenity House
- 180 Serious Business
- 276 Silver Spring Beginners BB
- 73 Simply Sober
- 250 Six & Seven Step In-Person
- 240 Six & Seven Step Online
- 250 Sober Living
- 3069 Spiritual Awakening
- 91 Starting Over
- 70 Sunday Men's Step
- 270 Sunday Morning Breakfast
- 144 Sunday Morning Brunch
- 1405 Sunshine G'burg
- 180 Takoma Pk Necessity
- 5 The Way Group
- 247 Thursday Small Group
- 170 Twelve Point Bucks
- 91 Village Idiots
- 300 We Are All Beginners
- 600 We Care
- 256 Westmoreland Women
- 294 West Side Women
- 317 What's Happening Now

- 100 Birthday
- 988 Faithful Fivers
- 7394 Individuals Memorial

You can make a contribution directly to WAIA for your Group or as an individual:

<https://aa-dc.org/give>.



Checks can be mailed to:

WAIA
4530 Connecticut Ave, NW
Suite 111
Washington DC 20008.

If you would like to receive to the **hard copy** of New Reporter, make check payable to WAIA and

Mail to: WAIA
4530 Connecticut Ave, NW, Suite 111
Washington, DC 20008

\$15.00 per year, \$28.00 for two years

\$12.00 Group Rate per year

A free digital copy of the New Reporter is posted every month to our website at:
<https://aa-dc.org/new-reporter>

To receive an email with the link each month,
email **newreporter@aa-dc.org**



Have a story about your recovery in AA? Tell us your stories about how you're saying sober in these difficult times.

Why not share it with all of us? If you'd like to contribute to the *New Reporter*, please send in your material to:

newreporter@aa-dc.org



Day

May 5	Helen L.	Andrew's Armed Forces	7 Years
May 6	Thomasine M.	Anacostia Group	48 Years
May 20	Eraline	Anacostia Group	43 Years
May 22	Simon	Progress not Perfection	47 Years
May 29	Shayn A.	Petworth	36 Years

THINGS WE CANNOT CHANGE

The **NEW REPORTER** is a monthly publication of the WAIA Inc., 4530 Connecticut Avenue, N.W. Washington, D.C. 20008. Printed Subscriptions are \$15.00 per year and Digital Subscriptions are **FREE**. Articles and event information are encouraged from members of the Fellowship.



New Reporter

Opinions expressed herein are not necessarily those of the Washington Area Intergroup Association or A.A. as a whole.

VOLUNTEER

Guess who it really Helps?

Call 202-966-9783

MAY 2025