



Higher Power,
I pray for the right attitude to make my amends,
Being ever mindful not to harm others in the process.
I ask for Your guidance in making indirect amends.
Most important, I will continue to make amends
By staying abstinent, helping others &
Growing in spiritual progress.

WAIA September 2025 Announcements

We invite groups to elect reps to have us join the September 9th board meeting at 8PM:

[https://us02web.zoom.us/j/83460598434?
pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09](https://us02web.zoom.us/j/83460598434?pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09)

Open positions include the H&I Chair, the Office Committee Chair, the 2026 Gala Chair, Nightwatch Chair.

Spread the Word!

We are proud of this publication and want to make it the voice of AA in the DC area. To do that, we need to increase circulation. Will you help spread the word? [An electronic copy is free!](#) There is a charge for a mailed copy. Would you please announce this at the meetings you attend? Print out and pass the clipboard at halftime. Together we can increase circulation.

If you would like to change the address that you have on file with us, please email aa-dc@aa-dc.org and provide us with a new email address

See page 3 for a message from the Finance and Executive Committees

Office, Nightwatch and Helpchat Volunteers Needed!

Available In Person Shifts: Sunday 10 AM-1PM, Sunday 1-4 PM, Sunday 4-7 PM, Tuesday 4-7 PM, Thursday 1-4 PM, Saturday 1-4 PM

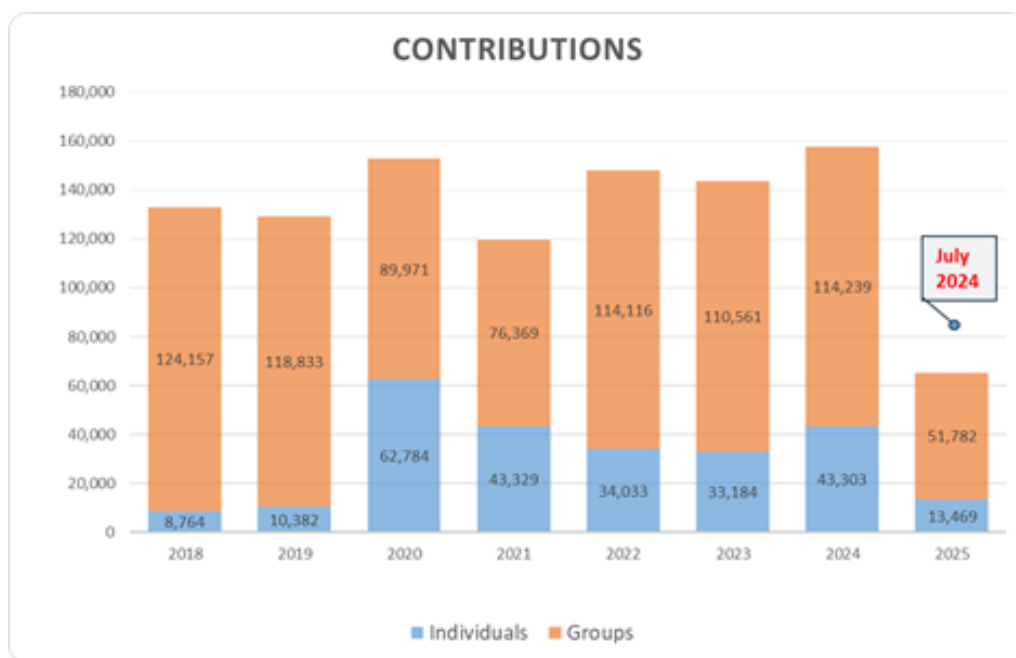
Nightwatch Volunteers: email Nightwatch@aa-dc.org to volunteer. (1 Year Sobriety Requested)
Monday 6 AM - 10AM, Tuesday 10 PM-6 AM, Wednesday 10 PM—6 AM

Helpchat - many shifts. (1 Year Sobriety Requested)

Email help@aa-dc.org for more information or call 202-966-9783 and ask for Luella or Clo'via

WAIA is facing a significant shortage of funds in 2025. Group donations declined as a share of contributions in the pandemic. While individual contributions have made up the gap in some years, contributions are down \$20k from 2024 levels which will require us to pull from the prudent reserve to keep basic office operations running. Please ask your treasurer to be sure the service splits are discussed at your next business meeting. Individuals can also set up [recurring contributions](#), which helps WAIA know what contributions they can count on. Groups and individuals can contribute to WAIA: <https://aa-dc.org/give>.

The Finance Chair and Executive Committee recommend cutting all non-essential activities in the 2026 budget. This will primarily impact funding for activities like the purchase of H&I literature, the annual Gala, translation services for accessibility, or attendance for WAIA staff and volunteers at intergroup conferences or other events such as NERAASA or NAATW.



We have a saying in AA that “you are more important than your money”. No where in the fellowship is this more true than WAIA. Though we have over 650 groups in DC, Maryland and Prince Georges county, we have less than 20 reps show up for the monthly board meetings. In addition to representing their group in any area group-conscious, we rely on board members to participate in WAIA service committees or bring the word back to other volunteers. If your group doesn’t have a rep, please consider electing one at your next group conscious. There is no minimum sobriety requirement to serve and it’s a great service opportunity.

We invite groups to elect reps to have us join the September 9th board meeting at 8PM: <https://us02web.zoom.us/j/83460598434?pwd=VVBEEK2FNSzcxS3VXZDFVOXhMa1oxZz09>

Drinking Was My Silence—Recovery Became My Voice

I didn't come to Alcoholics Anonymous (A.A.) because I wanted to. I came because I had nowhere else to go.

I was a mother of three, a federal employee, and a woman who appeared to have it all together. But behind the mask, I was dying emotionally, spiritually, and slowly, physically. I drank for 25 years, and though I tried to control it, manage it, and later deny it, alcohol controlled me.

It didn't start that way. In the beginning, drinking helped me disappear from the pain I didn't have language for. I was the daughter of a schizophrenic father and a strict, abusive mother who didn't believe in weakness or softness. Love in our house was conditional and hard-edged. I grew up being told not to talk about feelings, especially uncomfortable ones, fear, sadness, and shame. So, I buried them.

Later in life, I buried more. I buried a firstborn daughter I was estranged from. I buried a seven-year-old who died tragically. I buried a marriage and my sense of worth. The bottle was my shovel. With every drink, I dug myself deeper into despair.

When I walked into A.A., I was broken. But I was also ready. Something in me, some small whisper of willingness, told me I didn't have to die this way. I remember sitting in that first meeting, overwhelmed and skeptical, and hearing people laugh. Laugh, in the middle of stories about arrests, lost jobs, ruined relationships. It didn't make sense. But I stayed. And something inside me cracked open.

One day at a time, I began to listen. I got a sponsor. I went to meetings. I learned how to sit still long enough to feel the feelings I used to run from. I followed the 12 Steps of A.A., slowly, sometimes resentfully, but I did them. And in doing so, I began to understand what had driven me to drink, not just grief and pain, but the absence of a spiritual center.

That center came alive through the fellowship and the guidance of a Higher Power I didn't need to define perfectly. I learned that I could talk to God the way I spoke to my sponsor, honestly, without pretense. I came to believe I was loved, even in my imperfection.

Over the years, A.A. has been more than a lifeline; it has been a foundation. It carried me when I lost my daughter to pancreatic cancer. It steadied me when I buried my husband. It gave me the courage to reconcile with family members I had once shut out. It even gave me the strength to go back to school, become a grief counselor and chaplain, and serve others who are grieving, hurting, or searching.

There were moments I didn't think I could stay sober, when old wounds flared up or new losses came knocking. But the Steps, the fellowship, and my God never failed me. I have learned how to live life on life's terms, how to grieve without drinking, and how to love myself enough to show up for my life.

Today, I sponsor women, share my story in meetings, and speak at conventions when asked. Not because I've "made it," but because I remember how it felt to walk into A.A. feeling worthless. And someone reached for me. Now I reach back.

One of the greatest gifts of this program is that I've become a woman my children would be proud of. I've become a woman I can be proud of. I didn't get my daughters back, but I did get to say "I love you" and "I'm sorry" before it was too late. And I got to hear my daughter say "I love you" before she died. Those words are etched into my soul.

To the newcomer: if you're feeling like there's no hope, no way out, I want you to know this: you are not alone. This program works. It does. One day at a time, one step at a time, you can find your way back to life. And when you do, we'll be here.

--Maude H., Cosmopolitan Group

Step 9: "Make direct amends to such people wherever possible, except when to do so would injure them or others."

Facing the Truth

Oh, this is a hard step for me. I tend to hide the memory of past transgressions under the ever-handly umbrella of "Didn't do it if I don't remember". Since I spent years in a boozy haze all sorts of hurts were ignored.

During my drinking "career" I lived far away from my family, therefore, no amends were required. Wrong! Facing the fact that omissions can be painful made this a powerfully healing step to do. And I keep on working it by staying sober, that is also a form of an amend.

An amend is not an apology. It is a clear and purposeful act designed to clear up a problem from the past.

If I harmed someone, and then in the course of working the steps reach a point to make an amend, it is my duty to sit down with the person and explain fully about substance abuse, my own personal program, what my fears were, and how I have changed as a human being.

If I owe something material, I pay it back, with interest if necessary. If what I owe cannot be measured in gold or other material substance, then I must humbly ask for forgiveness for my indiscretions and go my way. (What price is there for hurt feelings?) – Carol

A Healing Opportunity

When I first experienced Step 9, I made amends because I finally saw things differently, and saw my part in the hurts I had caused and wanted to confess to them so I could feel better and let go of the guilt I had with this new awareness.

This was a good start for me but there were still a lot of "I's" as I experienced this step. As with all the steps I have found for me, that as time moves on they reveal more and more to me. I have found that there is so much spiritual depth to them. The more I practiced this step the more I found out how much healing comes from it and not just for me.

As in many harms done, I found that it just wasn't "I" who had it all twisted up. In opening up some past wrongs and in making those amends, many dear and wonderful people have also received healing, an understanding and answers to stuff they were holding on to for far too long. The truth also set them free.

So when I become aware of an injury I have caused another person, I gladly bear my soul of my wrongdoing so that the other person doesn't have to carry around any excess garbage, twist their mind over and over again trying to make sense from the Mack truck that just ran them over. How blessed we are to become free from our past, and given the gift to help free another.

Making amends for the past not only offers people a chance to heal, it gives people the opportunity to offer help to people who may have been harmed by their actions. –Sox

(From <https://www.verywellmind.com/a-study-of-step-9-69407>)

THE POWER OF FORGIVENESS

Experience, Strength and Hope from Area 55 Members

If we try to live life on anger and pain, we can work ourselves quickly to the next drink. Our steps help put forward whom we have done wrong and how we can attempt to make it right. Whether indirectly or directly without causing further harm, we work towards repairing bridges we may have destroyed. Sometimes we have to learn to forgive others for what we are angry toward them for. Recently my pending divorce taught me that sometimes the ones we care for are fighting their own battle. We don't realize in our own pain the issues they struggle with. What I've learned is that our Higher power gives us the strength to forgive if we choose to use it. Forgiveness of my 2nd former spouse brought me a relationship with my kids I've not seen in 11 years. In drinking and in sobriety my anger clouded what I was truly feeling and thinking. When I finally forgave her, it brought peace to my soul and also allowed me to try and rebuild the friendship that we had before our marriage. It also has given me the opportunity to be able to see my kids again, which I get to do later this year. The greatest gift is that I can be at peace. Even in the current turmoil I'm working with, the ability to forgive those who have hurt me allows me to work in a friendly and civil manner. Forgiveness also teaches me the ability to admit when I'm wrong, which leads to humility. This allows me to work toward finding a way to be productive in the live I touch and the ability to serve others in our fellowship with an open mind and open heart. Chris C., Perrysburg Staying Sober

Our Big Book talks about asking for forgiveness from others in Step 9 when we make our amends to others. Before we venture into this step, I believe we need to learn something about giving forgiveness first. Forgiveness is much too complicated a process to be reduced to a black and white rule. The true dilemma is that its so highly personal the only WE can make up our own lists of what is and is not forgivable. Something we would have been sure we could forgive, when confronted with the same situation done to us may change our opinion. Another hard part, which we don't always like to acknowledge, is the we are all going to want to be forgiven from time to time. We have no right to ask for anything in this life that we refuse to give. Compassion for everyone we know on this planet is a part of forgiveness.

Compassion in terms of forgiveness means to simply hear out the person, putting ourselves in their position, and taking all of their circumstances into account.

Motives Matters: There are deliberate actions, and then there are accidents, acts of carelessness and ignorance, and rash moments of thoughtlessness.

Proportion: We find ourselves at times overreacting to something as simple as someone forgetting our birthday when life has enough crisis and serious betrayals more deserving of our emotional energy.

The ultimate goal of forgiveness is peace of mind – be it ours or theirs. Never forgive as an act of generosity, don't kid yourself. What we are after most is a release from the negative power the person or event has over us. It's spiritually paralyzing and physically destructive to hold on to someone or something that has hurt us.

Sincerity: Heartfelt forgiveness is too serious to be reduced to some manipulation tactic to keep reliving our wrongs. One needs to prove that whatever happened won't happen again. Be sure that steps have been made to insure a change for the better.

Asking for Forgiveness: Take full responsibility without adding excuses. Saying I'm sorry and adding excuses cancels out the apology. Now the harder it is to apologize, the quicker we should do it. Don't let pride get in the way. The longer we hold back, the more cowardly and wrong we look. Where's the pride in that? Now about karma. It is simply a balance of experience. Karma rewards goodness and punishes negativity. The only person we have to blame for our actions stares at us in the mirror! Who's obligated to accept our apology? No one. Are we expected to forgive the unforgivable? No. We all have different tolerances for choosing one way or the other but our biggest reasons to learn forgiveness is our own peace of mind and freedom from the emotional weight of resentment. When the betrayal is too great we need to turn it over to our higher power to dissolve. When confronted with an unforgiveable act we shouldn't give in by offering an insincere forgiveness that would make the other person feel better, while consumed with resentment. We place other problems in God's hands so why wouldn't we ask to lift any and all our burdens? With heartfelt love for this program, COZMO aka Rick

The 9th Step Promises pages 83 & 84 of the Big Book

If we are painstaking about this phase of our development, we will be amazed before we are half way through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves.

Are these extravagant promises? We think not. They are being fulfilled among us—sometimes quickly, sometimes slowly. They will always materialize if we work for them.

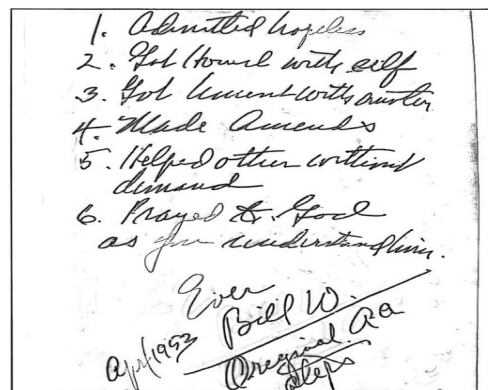
Tradition 9—Long Form

"Each A.A. group needs the least possible organization," emphasizing rotating leadership, simplicity, and service boards or committees directly accountable to the groups they serve. The tradition functions to ensure AA remains a flexible, spiritual fellowship rather than a rigid institution with authority figures, preventing wealth, power, or prestige from undermining the core mission of helping alcoholics recover.

85 Years-Ago This Month—The Journal of Nervous and Mental Diseases reviews The Big Book and says "Of the inner meaning of alcoholism there is hardly a word." (Sobriety Calendar)

By September the membership of the Washington Group had grown to over seventy (according to the October 1940 membership roster). Bob V., having informed the Alcoholic Foundation late in the preceding month that Ned had declared, "the Washington Group is done organized," describes the organization in these words: ... "3 committees as follows: Contact Committee (new cases) – Henry S., chairman; Instructions Committee – Ned F., chairman; and Visiting Committee (old members, slippers, etc.) – Don S., chairman. Organizer was Bill A. & committees are large with rotating chairmen and membership. Every-one seems very serious about the whole thing & a real effort is being made so that everyone finds something to do." As autumn approached, the Washington Group searched for a suitable location for a permanent clubhouse—a general headquarters in which to continue their work." New York AA had established their Twenty-Fourth Street clubhouse back in February.

"...A committee was appointed to see if a suitable place was available and if so what the rent might be. They located a studio in the rear of 1310 Massachusetts Avenue. The rent was a little higher than we wanted to go, but we had about ten or twelve members underwrite any deficit (incidentally this was never necessary). To get to this studio (which was actually a formerly a boot-legger's joint) one had to walk down a few steps from the sidewalk and then down a narrow passageway that was never adequately lighted."



60 Years-Ago This Month—The WAIA Reporter makes the following announcements:

“CHEVY CHASE group's 24th [anniversary] will be held on Thursday, September 9th, All Soul's Episcopal Church, Chevy Chase Circle. HOMECOMING BANQUET will follow regular meeting at 8:30. Excellent meeting planned.

"SPANISH-AMERICAN group disbanded in August 1965. Followers of this group are joining DOWNTOWN which meets at 5:45 pm Thursday, at the New York Avenue Presbyterian Church, 1313 New York Avenue, NW. Coffee and fellowship are served daily, Tuesday through Friday at Downtown.

"BALLSTON has joined the increasing number of groups offering a subscription to The Reporter as a door prize.

"BILL W WILL CELEBRATE HIS 31st ON OCTOBER 2. The annual dinner meeting in celebration of Bill's anniversary will be held at the Americana Hotel in New York City. Ticket information and reservations should be obtained from DINNER COMMITTEE, NY INTERGROUP OFFICE, 337 East 33rd St., New York 10016."

35 Years-Ago This Month—Chad L. puts in a request for tapes, slides and volunteers at the monthly WAIA meeting. Washington AA, at Fifty-Years of Age, needs history of the early days. Thanks to Ed C., our former archivist, the Archives did receive some information on a floppy disc. The Archives also has some tapes of the Seattle Convention. Chad reports that the Cosmopolitan Group of Washington is the first Black Group in AA; that Julius S., the oldest surviving Black member in AA, lives here; and that Bill W. is considered as one of the most influential people (such as an activist) in the area over the past 100 years, by The Washington Post.

The Catholic Update publishes an abridged version of a recorded talk, “A Spirituality of the 12 Steps” given by the Franciscan Friar Richard Rohr which states, “I believe the 12 Steps will go down in history as the significant authentic American contribution to the history of spirituality.”

The WAIA Reporter reprints a letter from GSO General Manager Wayne P. formally acknowledging WAIA's special contribution of \$7,500.00 to GSO.

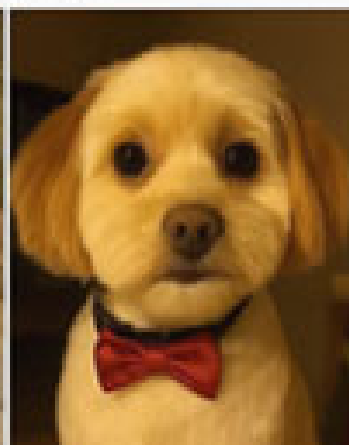
**Walking home drunk
last night I got
stopped by a police
woman.**

Keep Calm And Oh Fack It Enjoy Some Craic

**She said,
"You're staggering!"**

**I said,
"Oh Thankyou,
You're not so bad
yourself!"**

My dog just got a haircut
and now it looks like he gave
up drinking and got his life
together.



Another great actor who wasted
his life on drugs and alcohol



**Cop: what's in the
bottle?**

**Lady: just some
water**

**Cop: ma'am that's
wine.**

**Lady: OMG.jesus
did it again.**

Fall 2025 CONTRA Study

September 11, 2025 through December 18, 2025

Thursdays from 9:00 PM to 10:00 PM Eastern Time (US/Canada)

Moderated by Past Delegates from

Areas 29 (Maryland), 44 (Northern New Jersey) & 45 (Southern New Jersey)

Zoom Meeting ID: 847 4641 4040

Passcode: 330331

Dial-in number for phone callers: +1 (301) 715-8592

We invite all A.A. members to this virtual study of the
CONcepts, TRAditions & The A.A. Service Manual.
No Registration Fees!

Sep 11, 2025 – Registration & Orientation

Sep 18, 2025 – Traditions 1, 2 & 3

Sep 25, 2025 – Traditions 4, 5 & 6

Oct 2, 2025 – Traditions 7, 8 & 9

Oct 9, 2025 – Traditions 10, 11 & 12

Oct 16, 2025 – Service Manual, pp. I-VIII, 1-6, 89-108

Oct 23, 2025 – Svc Man Ch 1 2 3 & pp 109-18, 166-69

Oct 30, 2025 – Svc Man, Chapters 4 5 6 & pp 171-75

Nov 6, 2025 – Svc Man, Chapters 7 8 9 & pp 176-180

Nov 13, 2025 – Svc Man Ch 10 11 12 & pp 161-5, 170

Nov 20, 2025 – Service Manual, pp. 119-159

Nov 27, 2025 – Concepts pp I-VII, C1-C2, Con 1, 2, 3

Dec 4, 2025 – Concepts 4, 5 & 6

Dec 11, 2025 – Concepts 7, 8 & 9

Dec 18, 2025 – Concepts 10, 11 & 12

CONTRA Study Materials

(provided via email following registration):

Twelve Steps and Twelve Traditions, B-2 (free participant download at www.aa.org)

The A.A. Service Manual combined with The Twelve Concepts for World Service, BM-31, 2024-2026 edition

AA Grapevine Traditions Checklist, July 2018 revision

Fall 2025 Contra Study Service Manual Questions

A.A.W.S. Concepts Checklist, SMF-91, 08/18 edition

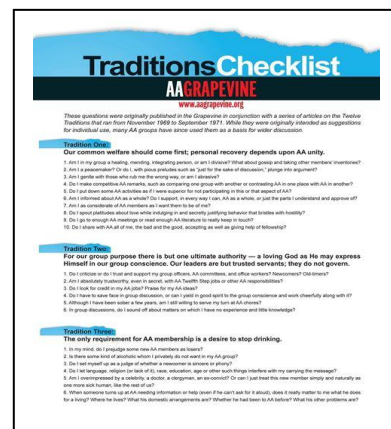
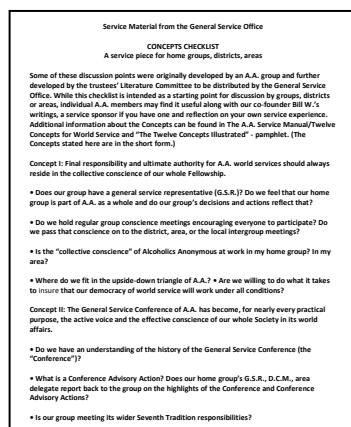
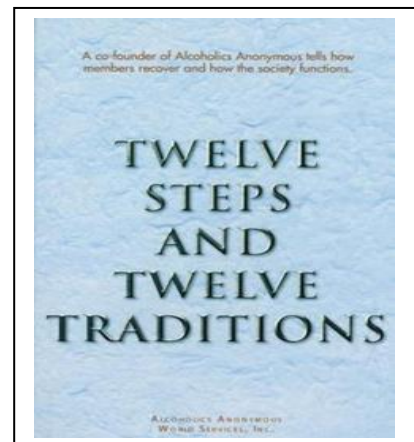
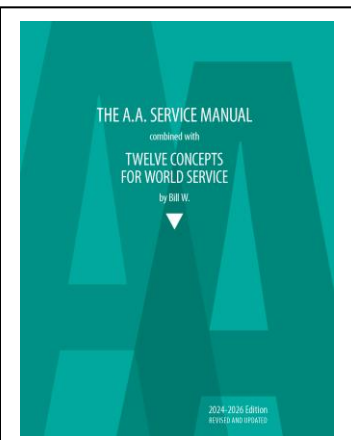
We will cover approximately three chapters of reading material per week, with associated questions. Only those who have read the assignment and have written answers to the weekly questions will be invited to read their answers to the group. All others are welcome to join the meeting and listen.

Presented by Past Delegates from

Areas 29 (Maryland), 44 (Northern New Jersey) & 45 (Southern New Jersey)

For more information, contact:

2025contrastudy@gmail.com



Grapevine Writing Workshop

September 14, 2025

11:00 am – 12:30 pm

Where: IAMAW, 1037 Sterling Road, Suite 103, Herndon, VA

- Look for AA circle & triangle in the window -

AA members around the world have been submitting their personal stories, their experience, strength and hope, their ups and downs and in-betweens to Grapevine since 1944. You don't need any prior publishing experience – just a willingness and desire to share.

As well as stories, the Grapevine is looking for:

- Recovery jokes and riddles
- Sobriety cartoons
- Letters to Grapevine



The workshop will provide:

- Pads, pens, drawing paper, colored pencils
- Snacks and coffee
- Free raffle for a Grapevine subscription and Grapevine book



Bring your laptop, tablet or writing device

Sponsored by *Dulles District 4* and *I Heard it Through the Grapevine Meeting*



West Central
INTERGROUP

Free Admission

Oldtimers Meeting

20 Oldtimers picked to share from the sobriety countdown!

Saturday September 20,
2025

6:00pm-6:30pm Food and
Fellowship

6:30pm-8pm Meeting

North Star Church
5112 Pegasus Court #e
Frederick, MD 21704

Potluck: Please bring a
dish

Pizza and light
refreshments will be
provided

Presented by: WCI Workshops
workshops@westcentralaa.org

Northern Virginia Intergroup



September 27 5-9PM



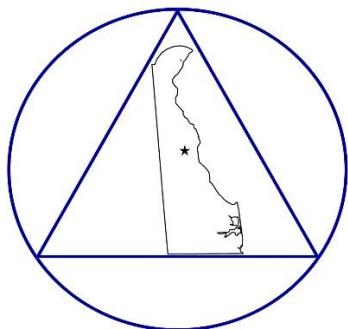
Fellowship Toward a Common Cause

Potluck, Prizes, Raffles, Speaker and more!

Fairfax Presbyterian Church

10723 Main St. Fairfax, VA 22030

All proceeds go to the **NV**Intergroup



15th Annual
Blue Hen Roundup
Hosted By Central Delaware Intergroup

Date: Saturday, October 4, 2025 (*Lunch Included*)
Location: St. Andrew's Lutheran Church - Great Hall
425 North DuPont Hwy Dover, DE

Schedule

8:00 am Registration, coffee, donuts, fellowship
9:00 am AI-Anon Speaker: Matt W., Wilmington DE
10:00 am AA Speaker: Jean O., Alexandria VA
11:00 am AA Speaker: Fobby N., Springfield VA
12:00 am Invocation - Lunch
1:00 pm Countdown
1:30 pm AA Speaker: Eleni T., Alexandria VA
2:30 pm Ticket Drawing & Gift Baskets



Blue Hen Roundup Conference Registration for Saturday, October 4, 2024

Cost: \$25.00

Send payment via Zelle! to cdiaacs@gmail.com

Provide name(s) of guest(s) and your name, telephone number, and email address in the "memo" box,
– or –



Name: _____ E-mail: _____

Address: _____ Phone: _____

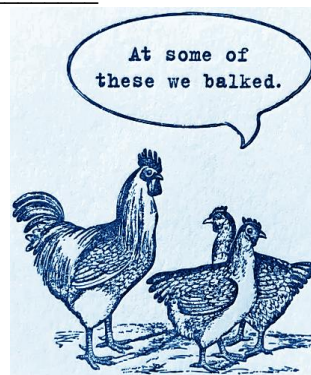
City _____ State: _____ Zip: _____

\$25.00 per person. Mail registration form and check or money order payable to:
Central Delaware Intergroup
PO Box 853
Dover, DE 19901

Please include your phone number on your check or money order.

For additional info/special requests, please email us at support@cdiaa-de.org

Please remember that all children require adult supervision.



27TH ANNUAL WOMEN'S WEEKEND

OCTOBER 17-19, 2025

CAMP WABANNA- 101 LIKES ROAD, EDGEWATER, MD 21037

Women+ share a weekend of fellowship, 12 step study with speaker Kelley B, and a sense of belonging.

The cost for the weekend is:

\$230 for Lodge accommodations

\$185 for the Farmhouse

We're happy to help with accessibility accommodations, please reach out to Sarah K. or Chrissy M. if needed.

Deposit of \$50 due at time of registration to reserve your spot. Lodge spaces are first come first serve.

All meals, excluding Friday, are included in the cost for the weekend (vegetarian options available).

Balances are due in full by September 14th.

Register by scanning the Registration QR code below.

T-shirts are available for purchase and will be handed out upon check-in at Camp Wabanna.

You can purchase t-shirts with the T-Shirt Order QR code below.

Scholarships are available. Please contact Sarah K. or Chrissy M. for information.

Venmo, Cash and Checks are accepted. Please make checks payable to Women's Weekend.

T-SHIRT ORDER



[Click here to order shirt](#)



Bree F. - 202.507.0905



@Samra-Camera



Stephanie DG - 607.229.0540

REGISTRATION



[Click here for registration](#)



Chrissy M-240.751.2943
Sarah K- 316.841.4545



**Washington Area General Service Assembly
(WAGSA) - Area 13**

39TH ANNUAL GRATITUDE BREAKFAST

Sunday, November 9, 2025

**8:30 – 11:30 AM at the Harborside Hotel
6400 Oxon Hill Rd, Oxon Hill, MD 20745**

\$50 per person

Tickets will not be sold at the door.

November is Gratitude Month—a time to celebrate sobriety and support AA's self-sufficiency. Area 13 members are encouraged to reflect on recovery and make special contributions to the General Service Office (GSO).

To contribute only, scan or visit:
<https://bit.ly/2025GratitudeBreakfast>



To purchase tickets, see your General Service Representative (GSR), or email the Gratitude Breakfast Committee at gratitudebreakfast@area13aa.org through Tuesday, October 7, 2025. Tables seat 10 and must be purchased together for large groups.

For questions, ticket info, or to volunteer, visit area13aa.org or email us.



Requests for ASL must be received by October 20.

Area 13 WAGSA AREA COMMITTEE MEETING

Monday, September 8, 2025

6:00 PM—7:00 PM—New GSR and DCM Orientation

7:00 PM—9:00 PM—Area Committee Meeting

In Person

5656a 3rd St NE, Washington, DC 20011

For more info: area13aa.org or email: chair@area13aa.org

CHECK OUT OUR EVENTS CALENDAR

<https://aa-dc.org/events>

Events are updated
regularly!

If you would like to
submit an event, send an
email to events@aa-dc.org.

WAIA Monthly Board Meeting

WAIA monthly Board meeting

2nd Tuesday of the month (except August)

September 9, 2025—8:00 PM - 9:00 PM

[https://us02web.zoom.us/j/83460598434?](https://us02web.zoom.us/j/83460598434?pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09)

[pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09](https://us02web.zoom.us/j/83460598434?pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09)

Meeting ID: 834 6059 8434

Passcode: 819862

492 9:30 Club Online	720 Free Spirits	213 Mt. Rainer
97 11th Step Practice	1500 Friendship Group	950 Navy Yard Big Book
120 14 Promises	259 Glen Echo Group	50 Neareast Group
298 Anacostia Group	250 Glenarden Group	180 N.E. Sunrise
686 Andrew's Armed Forces	2707 Greenbelt Step Club	87 Never Walk Alone
351 Any Lengths	300 Georgetown Group	465 New Beginnings NW
114 As Bill Sees It NW	312 Good News Beginners	536 New Beginnings Women
50 Aspen Hill Phoenix	100 Greenbelt Step Club	66 New Hope 123
954 Attitude & Action	146 Grupo Washintoniano	242 New Unity Gay
101 Beginners are Winners Live	257 Heliotrope Men's Stag	105 Northeast New Hope
426 Beginners R Winners Zoom	75 Hope Fellowship	100 N.W. Metro
757 Broad Highway	241 How It Works Germantown	503 Norbeck Women Friday
633 Burtonsville Big Book	87 High Sobriety	100 Nuts & Bolts
915 B.Y.O.L.	120 Hyattsville Hope Online	199 Oasis Women Big Book
315 B.Y.O.L. (nonsmokers)	96 Improving Conscious Contact	100 Old Fashion Group
984 Capitol Hill Group	319 Informed Group	1108 Olney Stag Rap
60 Change of Life	344 Irreverent Women	20 On Awakening
124 Cedar Lane Women's Group	481 Just 4-2 Day	100 One Day At a time Lanham
157 Coffee & Donuts	200 Language of the Heart	174 On the Circle
300 College Park Group	200 Leisure World Noon	141 Out to Lunch
575 Corona Vagabond	10 Let Go Let God	5352 P Street
1022 Cosmopolitan Group	145 Liberty Group	14 Pointer Ridge Group
48 Daily Reflections SW	150 Life Is Good	100 Potomac High Noon
80 Daily Reflections UP	90 Lifesaver Big Book	490 Potomac Women
73 Darne Good Big Book	130 Menace 2 Serenity	443 Progress Not Perfection
1603 Darnestown Men's	407 Men's Adhoc	107 Queer Wo', Non-B, Trans.
218 Darnestown Men's Online	466 Messengers	414 Quince Orchard
500 DCC 9:30 Club Live	368 Mideast Group	483 Radicals
162 Deanwood Step Group	1200 Midtown	59 Redgate
80 Deanwood Women's Rap	240 Mitchellville Group	174 Riderwood Bills
151 District 20	175 Monday Winners	300 Room with A View
1080 Epiphanies	275 Mont. County Women Online	254 Rosedale Sobriety
97 Foggy Bottom Young Peeps	468 More Peace of Mind	105 Saturday Afternoon-UP

91 Starting Over
425 St. Francis Group
70 Sunday Men's Step
270 Sunday Morning Breakfast
144 Sunday Morning Brunch
200 Sunday Morning Joy
1855 Sunshine G'burg
540 Takoma Pk Necessity
139 T.G.I. 5:30 Online
5 The Way Group
247 Thursday Small Group
500 Twelve Point Bucks
200 Upper Marlboro Step
91 Village Idiots
500 We Are All Beginners
600 We Care
164 Wednesday Night Winners
256 Westmoreland Women
34 Westside Beginners
435 Westside Women
317 What's Happening Now
82 Women's Lit
1036 Women Living Sober
210 Woodridge Pit Stop
1150 Yacht Club

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September 2025